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Referral Based Services for Advanced Cancer Care



www.ahs.ca/guru

Referral Based Services for Advanced Cancer Care

This table provides information about referral to supportive services and specialist providers who may assist in fulfilling an early palliative approach to care. Symbols within the table represent the following:

📞 : Phone Number	🖶 : Fax Number	📟 : Pager Number
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1.0 Oncology Services

Services	Description	Contact & Referral Information
 1.1 Cancer Patient Navigation Services: Radiation Oncology (RO) Medical Oncology (MO) 	 The service is available to facilitate timely access to information, support, and cancer services, for patients and families during key transition points along the cancer care continuum in Regional and Community based ambulatory cancer centers. This service supports clients and their families by: Providing accurate information for patients so they can make informed decisions about their next steps. Helping patients prepare for tests and cancer treatments by explaining test results and treatment choices or by referring patients to other resources or services. Improving coordination of care by working with other healthcare providers. Helping patients prepare for medical visits by explaining ahead of time what to expect. 	Calgary: : 403-521-3722 : 403-521-3245 Edmonton: : 780-432-8732 : 780-432-8681 Grand Prairie: : 780-538-7588 : 780-532-9120 Lethbridge: : 780-532-9120 Lethbridge: : 403-388-6800 Call main phone and ask to speak with RO : 403-388-6800 Call main phone and ask to speak with RO : 403-3476-1802 Red Deer: : 403-406-5524 : 403-346-1160 CLINICIAN ADVICE (RO/MO): After hours: Call main switchboard of

1.0 Oncology Services

Services	Description	Contact & Referral Information
I.2 Alberta Cancer Telephone Line	A provincial central contact service that can assist nurses, physicians, or other health care professionals with information on referrals, closer to home treatment programs, contact oncologists or other specialist oncology professionals (educators, pharmacists, psychosocial), and/or assist with accessing support services within AHS Cancer Care.	Alberta: • : 1-888-432-8865 Available Monday to Friday 0800-1600
Services	Description	Contact & Referral Information
I.3 Psychosocial Oncology	Services to help patients and their families cope with the emotional, psychological and social stresses that often surface as a result of cancer and its treatment. Trained professionals may include psychiatry, psychology and social work, to help patients and their families cope with the emotional, psychological and social stresses that often surface as a result of cancer and its treatment. The team is available to patients from the moment of diagnosis onward. *Services may be available via telephone / video online. **Patients may also self-refer.	Calgary: • 1403-355-3207 Edmonton: • 780-643-4303 Grande Prairie: • 780-538-7588 Lethbridge: • 403-388-6800 Medicine Hat: • 403-529-8817 Red Deer: • 403-343-4526 For more information, see: • Psychosocial Oncology Information Page

1.0 Oncology Services

Services	Description	Contact & Referral Information
1.4 Rehabilitation Oncology	For further control of symptoms such as pain, fatigue, weakness and range of motion in arms and legs, management of spasticity, equipment recommendations including home equipment, and orthoses/braces. Rehabilitation may involve longitudinal exercise or observation to help determine what goals or functional level patients will have.	Calgary: Physiatry, Occupational Therapy, & Physiotherapy: • : 403-476-2910 • : 403-698-8199 (Reception) • : 403-476-2457 Speech Language Pathology: • : 403-355-3211 • : 403-944-1256 • : 403-944-4436
		Edmonton: Occupational Therapy (no referral needed): 780-432-8798 780-432-8716 (Toll-free: 1-833-838-0202) 780-432-8716 (Toll-free: 1-833-838-0202) 780-432-8716 (Toll-free: 1-833-838-0202) 780-432-8291 Speech Language Pathology (no referral needed: 780-432-8288 (Toll-free: 1-833-838-0202) 780-432-8288 (Toll-free: 1-833-838-0202) 780-432-8291 Lethbridge: Physiotherapy only: 403-328-6846 403-320-0508 Red Deer: Occupational Therapy, Physiotherapy, & Speech Language Pathology: 403-406-1963 403-406-8448 For more information, see: Rehabilitation Oncology Brochure Supportive Care & Living Well Adult Community Rehabilitation

2.0 Palliative Services

Services	Description	Contact & Referral Information
2.1 Specialized Palliative Home Care	In-home care and support. Focus on managing symptom issues, providing emotional and psychological support for clients with a progressive, life limiting illness. On call 24/7 support. Available only in Edmonton and Calgary; instead Integrated Home Care is provided , supported by Palliative Care Resource Nurses and Palliative Care Physician Consultants.	Calgary: : 403-943-1920 OR 1-888-943-1920 : 403-943-1602 Palliative Home Care - Calgary Urban Community Care Access Edmonton: : 780-496-1300 : 780-496-8438 For more information, see: Palliative & End of Life Care Alberta Referral Directory (ARD)
Services 2.2 Palliative Care Consultants (urban, rural, long term care, acute care)	Description Provide palliative care consultative support (in-person or phone/virtual visit) for adult clients, families, and healthcare teams to help manage complex palliative symptoms related to the client's life-threatening disease. Function.in a consultative role to better support the patient /family and attending teams' e.g. family physician, oncology and homecare providers. Consultants do not assume the role of most responsible healthcare provider. Rural: If home visit is requested, the client should be admitted to Integrated Home Care. A joint home visit will be ideally arranged with the Case Manager.	Contact & Referral Information Calgary: • 403-910-2551 OR 1-844-962-5465 Available Monday to Friday 0800-1700 Can also request via <u>Specialist Link</u> See also: Palliative Care Consult Service - Community Urban • 403-944-2304 • : 403-270-9652 Edmonton: • Palliative Care Tips (refer to Tip #23) • Referral Information for Health Professionals (refer to Edmonton Zone) • Palliative & End-of-Life Care - Info for Health Professionals • PCN Connect MD Online advice eReferral (eAdvice) through NetCare (<5 days): <u>Alberta Netcare eReferral</u> URGENT AND AFTER HOURS REFERRAL AND CONSULTATION: RAAPID North (for patients north of Red Deer): • : 1-800-282-9911 OR 780-735-0811 RAAPID South (for patients in and south of Red Deer): • : 1-800-661-1700 OR 403-944-4486

2.0 Palliative Services

Services	Description	Contact & Referral Information
2.3 Palliative Consult Services	Patients with complex pain and symptom	Calgary:
within the Cancer Centres	issues related to their cancer or cancer	: 403-521-3245 AND notify Triage Coordinator
	treatments can be referred by their	of incoming referral: 403-521-3589
	oncologist for consult with the local	
	Palliative Care team or provider at the	Edmonton:
	Cancer Centre. Consultants facilitate	• : 780-432-8350
	ongoing symptom management and	e : 780-432-8419
	palliative care by patients' primary health	
	care teams, via in-centre consult and	*Note: This service is available to current
	collaboration with community and acute	TBCC/CCI patients. Patients must have symptoms
	care providers/resources. Consult notes	caused by cancer or cancer treatment.
	and recommendations will be sent to the	
	referring oncologist and the patient's	All Other Cancer Centres: Please contact your local centre to inquire if they
	Family Physician. Patients must have symptoms caused by cancer or cancer	have a cancer centre-based palliative consultant
	treatment. Consultants do not assume the	program. Other cancer centres are adding
	role of most responsible healthcare	programs, so inquire for accuracy.
	provider.	programs, so inquire for accuracy.
	provider.	CLINICIAN ADVICE:
	*This service is available to current Cancer	CCMS Consult Service pager for TBCC clinician use
	Centre patients.	(business hours):
		: AHS pager #10691 or #06544 (NP pager)
		If outside of AHS:
		: 403-212-8223 to access the paging system
Services	Description	Contact & Referral Information
2.4 Tertiary Palliative Care	These units admit patients under a	Referral for admission is by Palliative Consultant
Inpatient Units	specialist palliative care physician to	only, please refer to Palliative Care Consultant
	manage tertiary level, complex palliative	section.
	symptom issues with the goal to discharge	
	to the appropriate care setting when	Calgary:
	resolved. Inpatient assessment and	For further details, see Intensive Palliative Care
	management of:	Unit (IPCU) located at the Foothills Medical Centre
	Severe symptom control issues arising	
	In a palliative context and unable to be	Edmonton:
	managed at current site of care.	For further details, see <u>Tertiary Palliative Care</u>
	Procedural/technical requirements.	Unit located at the Grey Nuns Community
	Palliative symptom control issues	Hospital
	combined with complex family or	
	psychosocial-spiritual issues that	
	require multifaceted team	
	involvement.	

2.0 Palliative Services

Services	Description	Contact & Referral Information
2.5 Hospice	 Hospice care is a specialized setting that provides 24 hour palliative care to individuals nearing the end-of-life. Patients are attended to by Hospice Physicians. Some general criteria include: Patient has care needs that cannot be met in their current location of care. Goals of Care Designation of "C1" or "C2". Patient has life-limiting illness with estimated prognosis of 3 months or less. Patient has extensive evidence of disease and a demonstrated rate of deterioration of weeks to days. The patient and/or designated decision maker is agreeable to no further aggressive or invasive treatment intended to cure disease. Palliative Performance Scale (PPS) score of 40% or less. 	 Referral for admission is by Palliative Consultant only, please refer to <u>Palliative</u> <u>Care Consultant</u> section. To find hospice services in your Zone, refer to <u>Palliative & End of Life Care</u> For alternate information in Calgary, see <u>Palliative</u> <u>Hospice Care Brochure</u>

3.0 Community Services

Services	Description	Contact & Referral Information
3.1 Integrated Home	In-home care and support (example:	For more information, see:
Care/Palliative Home	nursing services, personal care, respite	Palliative & End of Life Care (PEOLC), Info for
Care/Community Care Access	services, wound care, case coordination,	Health Professionals
	home care aides, equipment).	<u>Alberta Referral Directory (ARD)</u>
		• There are program-specific inclusion and
	*Lethbridge covers Cardston, Crowsnest	exclusion criteria. Contact Community Care
	Pass, Fort MacLeod, Milk River, Pincher	Access for referral process if you have
	Creek, Raymond, and Taber areas.	questions. *Patients may also self-refer
		Calgary: 403-943-1920 OR 1-888-943-1920 ± 403-943-1602 *Note: Patients in Acute Care/Emergency/Outpatient Cancer Clinics can also be referred through Transition Services Edmonton: *80-496-1300 : 780-496-1300 : 780-496-1300 : 780-496-1300 : 1-855-371-4122 : 1-855-776-3805 For after-hours questions, call Edmonton Palliative Care Consultants at: : 780-496-1300 Central: : 1-855-371-4122 : 1-855-371-4122 : 1-855-371-4122 : 1-855-371-4122 : 1-844-776-0430 South: Bow Island : 403-545-2296 : 403-545-6357 Brooks: : 403-561-3244 : 403-362-7778 Lethbridge: : 403-388-6380 OR 1-866-388-6380 : 403-388-6577 Medicine Hat: : 403-581-5750 : 403-581-5752 Oyen:
		• : 403-664-3651
		🖶 : 403-664-2934

3.0 Community Services

Services	Description	Contact & Referral Information
3.2 Community Paramedic	Non-emergent program for patients with	For more information, see:
Program - Mobile Integrated	chronic health concerns that prevent	Mobile Integrated Healthcare
Healthcare	them from accessing available health	EMS Mobile Integrated Healthcare
	care services. A range of medical services	Alberta Referral Directory (ARD) and search for
	provided in the home. Preference of	'mobile integrated healthcare'
	clinician present/available by phone to	
	coordinate care. This program does not	Patients in and north of Red Deer:
	transport patients to acute care	S : 1-833-367-2788
	facilities. Operates 7 days a week from	₽:780-735-0421
	0600 to 2200 hours with no cost to the	
	patient.	Patients south of Red Deer:
		S : 1-855-491-5868
		🖶 : 403-776-3835
		- Indicate if patient has a central line (CVC) and
		attach catheter insertion record with tip verification
		- Attach Physician or Designate Orders to referral
		form
		- Current Goals of Care Designation
		, s
Services	Description	Contact & Referral Information
3.3 Emergency Medical	The EMS ATR program is for any adult	THREE ROUTES OF PROGRAM ACCESS:
Services: Assess Treat and	batient receiving palliative or end of life	
	patient receiving palliative or end of life care in the community (private home,	1. Activated by registered healthcare clinician on
Services: Assess Treat and Refer Program (EMS-ATR)	care in the community (private home,	1. Activated by registered healthcare clinician on scene through 911 dispatch using the clinician
	care in the community (private home, supportive living site, long term care	scene through 911 dispatch using the clinician
	care in the community (private home, supportive living site, long term care facility, and/or hospice) that may benefit	scene through 911 dispatch using the clinician dispatch script
	care in the community (private home, supportive living site, long term care facility, and/or hospice) that may benefit from EMS involvement for urgent	scene through 911 dispatch using the clinician dispatch script 2. Activated by registered healthcare clinician not on
	care in the community (private home, supportive living site, long term care facility, and/or hospice) that may benefit from EMS involvement for urgent symptom management without transfer	scene through 911 dispatch using the clinician dispatch script
	care in the community (private home, supportive living site, long term care facility, and/or hospice) that may benefit from EMS involvement for urgent symptom management without transfer to hospital. Clinician (MD or homecare	 scene through 911 dispatch using the clinician dispatch script 2. Activated by registered healthcare clinician not on scene through 911 using the clinician dispatch script (remote initiation)
	care in the community (private home, supportive living site, long term care facility, and/or hospice) that may benefit from EMS involvement for urgent symptom management without transfer	scene through 911 dispatch using the cliniciandispatch script2. Activated by registered healthcare clinician not onscene through 911 using the clinician dispatch script
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3.0 Community Services

Services	Description	Contact & Referral Information
3.4 CCA Patient Navigation	Patient Navigators are registered nurses with specialized training in cancer care. They can explain treatment choices and test results, and assist with the physical, practical, and emotional challenges that come with a cancer diagnosis. Available at 15 community cancer centres across Alberta. Indigenous Cancer Patient Navigators and Adolescent and Young Adult Patient Navigators also available.	 For more information, see: <u>Find a Navigator Alberta Cancer Foundation</u>
Services	Description	Contact & Referral Information
3.5 Your PCN	Your Primary Care Network may have access to counseling, social work and other allied health supports closer to home.	For more information, see: <u>Primary Care Networks</u>
Services	Description	Contact & Referral Information
3.6 Grief & Bereavement Services and Care	Bereavement care refers to ways that convey genuine care and compassion when offering support at or near the time of death.	Alberta: AHS Bereavement Care Resources Inform Alberta and search for 'bereavement' Calgary: Grief Support Program - Calgary Zone *Family physician in community and/or PCNs may have available supports (check for availability)

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