

Late window trials for EVT: Implication for Alberta

Michael D Hill Acute Stroke Day 2018, Edmonton, AB









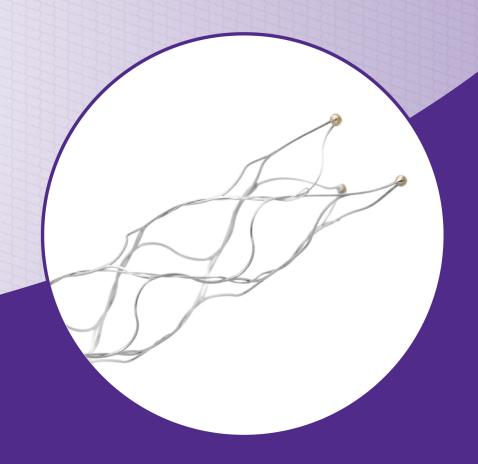




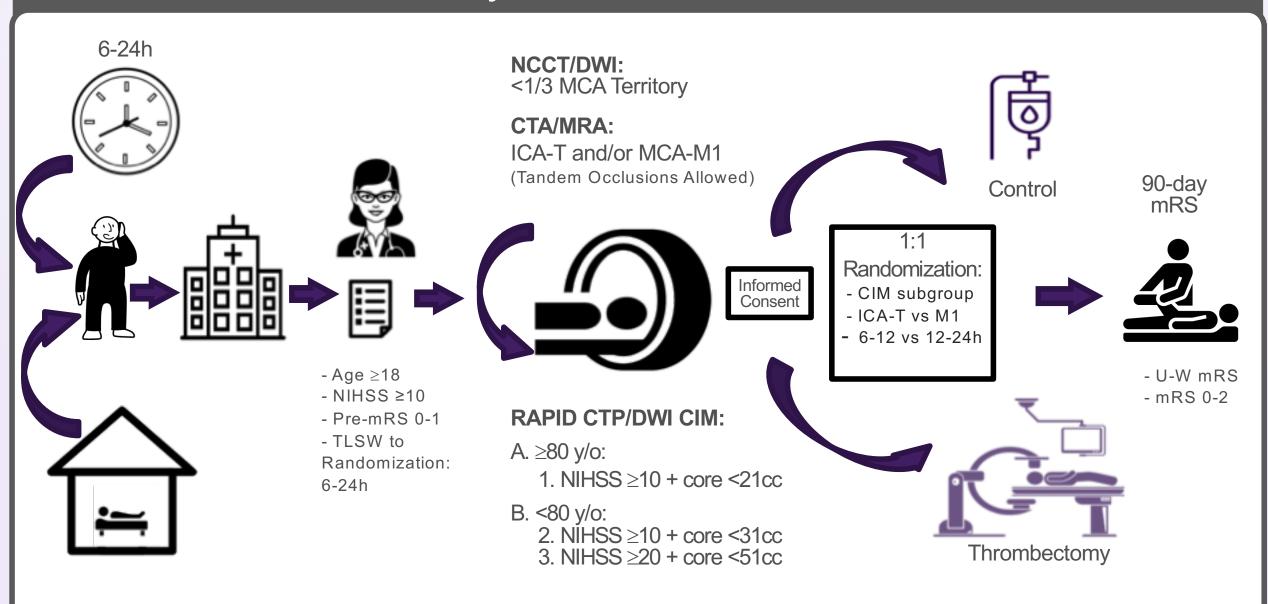


DAWN in Full Daylight

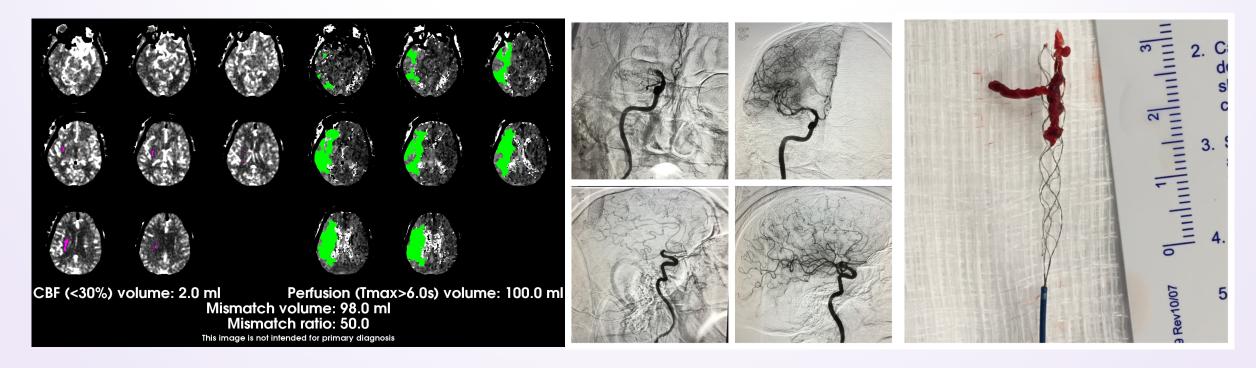
Tudor G. Jovin MD & Raul G. Nogueira MD on behalf of the DAWN investigators



Study Methods: Workflow

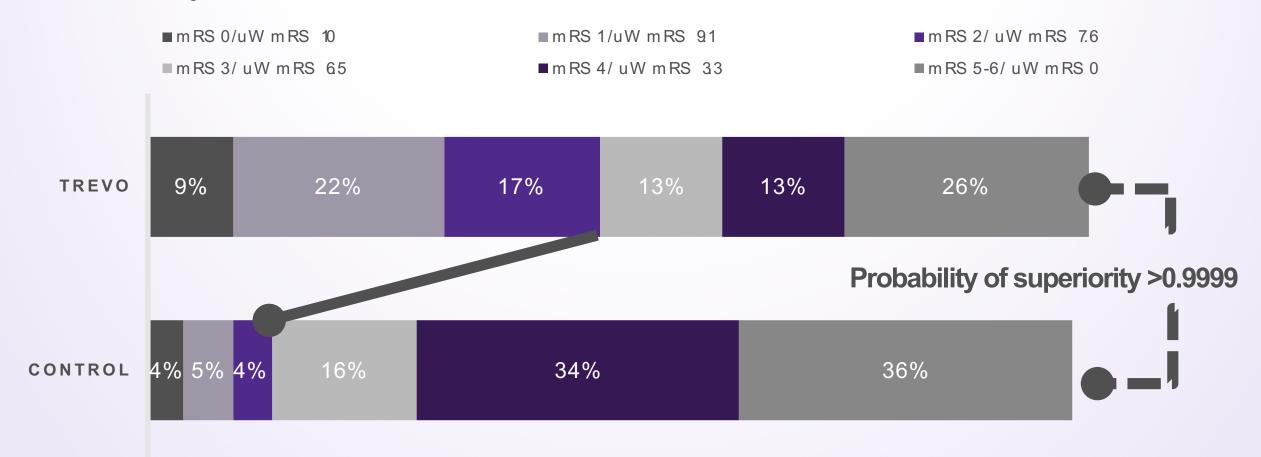


Results





Primary outcome

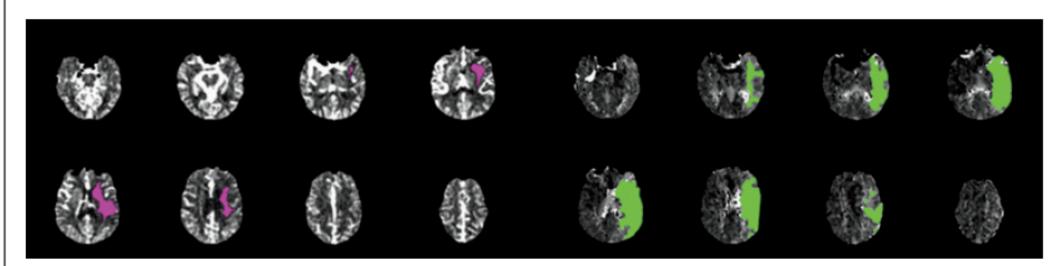




73% relative risk reduction of dependency in ADL's NNT for any lower disability 2.0



DEFUSE-3 Trial (N Engl J Med 2018;378:708-18)



Volume of Ischemic Core, 23 ml

Volume of Perfusion Lesion, 128 ml

Mismatch volume, 105 ml Mismatch ratio, 5.6

Figure 1. Example of Perfusion Imaging Showing a Disproportionately Large Region of Hypoperfusion as Compared with the Size of Early Infarction.















DEFUSE-3 Trial (N Engl J Med 2018;378:708-18)

Table 1. Baseline Characteristics of the Patients and Features of Thrombectomy.*			
Characteristic	Endovascular Therapy (N = 92)	Medical Therapy (N=90)	
Median age (IQR) — yr	70 (59–79)	71 (59–80)	
Female sex — no. (%)	46 (50)	46 (51)	
Median NIHSS score (IQR)†	16 (10–20)	16 (12–21)	
Stroke onset witnessed — no. (%)			
Yes‡	31 (34)	35 (39)	
No			
Symptoms were present on awakening	49 (53)	42 (47)	
Symptoms began during wakefulness	12 (13)	13 (14)	
Treatment with intravenous t-PA — no. (%)∫	10 (11)	8 (9)	





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DEFUSE-3 trial (N Engl J Med 2018;378:708-18)

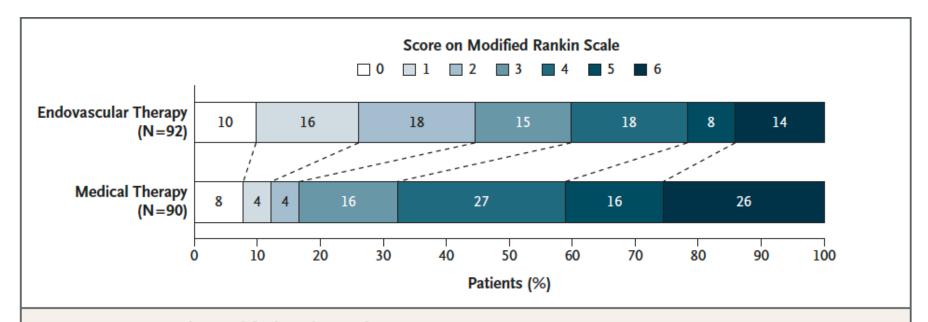


Figure 2. Scores on the Modified Rankin Scale at 90 Days.

Patients in the endovascular-therapy group received endovascular therapy plus standard medical therapy. Patients in the medical-therapy group received standard medical therapy alone. Scores on the modified Rankin scale range from 0 to 6, with 0 indicating no symptoms, 1 no clinically significant disability, 2 slight disability, 3 moderate disability, 4 moderately severe disability, 5 severe disability, and 6 death. There was a significant difference favoring the endovascular-therapy group over the medical-therapy group in the overall distribution of scores (unadjusted common odds ratio, 2.77; 95% CI, 1.63 to 4.70; P<0.001).















WAKEUP (epub May 16, 2018, at NEJM.org. DOI: 10.1056/NEJMoa1804355)

Table 1. Demographic and Clinical Characteristics of the Patients at Baseline.*			
Variable	Alteplase Group (N = 254)	Placebo Group (N=249)	
Mean age ±SD — yr	65.3±11.2	65.2±11.9	
Male sex — no. (%)	165 (65.0)	160 (64.3)	
Reason for unknown time of symptom onset — no. (%)			
Nighttime sleep	227 (89.4)	222 (89.2)	
Daytime sleep	12 (4.7)	11 (4.4)	
Aphasia, confusion, or other	15 (5.9)	16 (6.4)	
Median interval between last time the patient was known to be well and symptom recognition (IQR) — hr	7.2 (4.7–8.7)	7.0 (5.0–9.0)	





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Median NIHSS score (IQR)†	6 (4–9)	6 (4–9)
Vessel occlusion on time-of-flight MRA — no./total no. (%)		
Any	84/249 (33.7)	84/246 (34.1)
Intracranial internal carotid artery	24/249 (9.6)	11/246 (4.5)
Middle cerebral artery main stem	35/249 (14.1)	37/246 (15.0)
Middle cerebral artery branch	32/249 (12.9)	36/246 (14.6)
Other:	12/249 (4.8)	12/246 (4.9)
Median lesion volume on diffusion-weighted imaging (IQR) — ml	2.0 (0.8–7.9)	2.5 (0.7–8.8)
Median time from symptom recognition to MRI (IQR) — hr	2.6 (1.9–3.3)	2.6 (2.1–3.3)















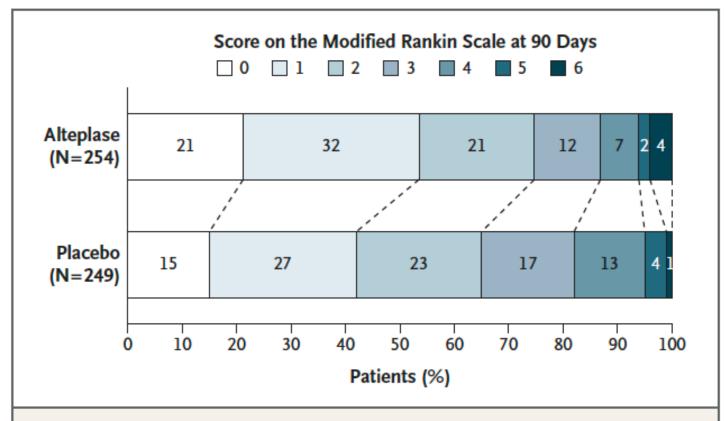


Figure 2. Distribution of Scores on the Modified Rankin Scale at 90 Days (Intention-to-Treat Population).





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Implications: Acute Ischemic Stroke Biology Demands Fast Treatment

The new paradigm has three steps:

- (1) identify disabling stroke in a previously functional adult;
- (2) image the brain and neurovasculature (quickly) to identify the treatable patient;
- (3)treat very fast













