



Barthel Index (BI)

The BI rates simple activities of daily living (ADLs). This scale can be assessed in person or by telephone with the patient or caregiver. Minimum: 0, Maximum: 100 (higher is better).

Collection Date:

dd		Mon		yyyy			

Collection Method:

- Telephone In-Person

Person Responding:

- Patient Spouse/Partner
 Carer Relative
 Other: *Specify* _____

FEEDING	<input type="checkbox"/> 0 = Unable <input type="checkbox"/> 5 = Needs help cutting, spreading butter, etcetera. OR requires a modified diet <input type="checkbox"/> 10 = Independent
BATHING	<input type="checkbox"/> 0 = Dependent <input type="checkbox"/> 5 = Independent (or in shower)
GROOMING	<input type="checkbox"/> 0 = Needs help with personal care <input type="checkbox"/> 5 = Independent face/hair/teeth/shaving (implements provided)
DRESSING	<input type="checkbox"/> 0 = Dependent <input type="checkbox"/> 5 = Needs help but can do about half unaided <input type="checkbox"/> 10 = Independent (including buttons, zips, laces, etc.)
BOWELS	<input type="checkbox"/> 0 = Incontinent (or needs to be given enemas) <input type="checkbox"/> 5 = Occasional accident <input type="checkbox"/> 10 = Continent
BLADDER	<input type="checkbox"/> 0 = Incontinent, or catheterized and unable to manage alone <input type="checkbox"/> 5 = Occasional accident <input type="checkbox"/> 10 = Continent
TOILET USE	<input type="checkbox"/> 0 = Dependent <input type="checkbox"/> 5 = Needs some help, but can do something alone <input type="checkbox"/> 10 = Independent (on and off, dressing, wiping)
TRANSFER (bed to chair and back)	<input type="checkbox"/> 0 = Unable; no sitting balance <input type="checkbox"/> 5 = Major help (one or two people; physical); can sit <input type="checkbox"/> 10 = Minor help (verbal or physical) <input type="checkbox"/> 15 = Independent
MOBILITY (on level surfaces)	<input type="checkbox"/> 0 = Immobile or < 50 yards <input type="checkbox"/> 5 = Wheelchair independent, including corners > 50 yards <input type="checkbox"/> 10 = Walks with help of one person (verbal or physical) > 50 yards <input type="checkbox"/> 15 = Independent (but may use any aid; for example, stick) > 50 yards
STAIRS	<input type="checkbox"/> 0 = Unable <input type="checkbox"/> 5 = Needs help (verbal, physical, carrying aid) <input type="checkbox"/> 10 = Independent

Barthel Index Score:

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