A survey for youth with menstrual cycle.

Share your story. Your joy, your pain.

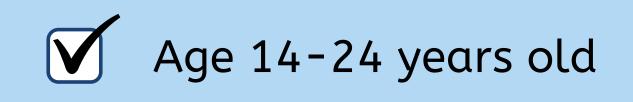


How does "That time of the month" affect you?!

PREMENSTRUAL EXPERIENCES IN YOUTH

- An anonymous online survey for youth (14-24 years)
- Questions about menstruation, feelings, physical symptoms, and lifestyle habits
- Approximately 25-minutes to complete
- Enter to win 1 of 20 \$25 gift certificates!







- Regular menstrual cycle (inclusive of all genders!)
- Able to read and write English
- Live in Canada or the United States



Scan the QR Code or visit the website below to participate

Website: https://cumming.ucalgary.ca/labs/brainkids Email: brainkids@ucalgary.ca



The University of Calgary Conjoint Health Research Ethics Board (CHREB) has approved this study (REB21- 0868)

