you to everyone who attended and participated in the CCCR Health Research “How-to” webinar series, formerly known as “Health Tech Platform Lunch and Learns”.

The “How-to” webinar series covers a range of topics relevant to health researchers and their study teams and aim to:

- provide new and updated information relevant to health research
- educate research teams on various aspects of clinical trials and other types of health research
- offer an opportunity for research teams to connect with experts
- provide an opportunity to address questions and discuss the clinical research environment

There were 8 webinars scheduled with a total of 450 attendees, averaging 56 attendees per session, and an overall average attendance rate of 62%. Since the renaming of the series, there was a significant increase in registrations and attendance.

The series runs from September to June, taking a much-needed break over the summer (as most of us do!).

Below is a list of the presentations that were offered from September 2021 to June 2022 and their key takeaways. To watch the webinars or read the presentations in their entirety - visit our website.

We are planning the series for 2022/2023, we wanted to reach out and ask for your suggestions of topics you would like to see covered.

We look forward to your topic suggestions!
Here are the topics and key takeaways from the 2021/22 sessions:

**How To... Recruit for your Research Study**

**Key Takeaways:**
- Effective ways to promote your research study,
- How to target the research population,
- Overview of different strategies, costs, and retention,
- How to recruit diversity into studies.

**How-to... do remote consenting - Introducing the New REDCap eConsent Tool**

**Key Takeaways:**
- Overview of e-consenting, its benefits, and regulatory requirements,
- The how’s and why’s of the new REDCap eConsent Tool,
- What the eConsent Tool will look like when available for use.

**How To... Navigate the New IRISS AHS Module**

**Key Takeaways:**
- Overview of IRISS AHS module, its benefits, and regulatory requirements,
- The integration and communication with REB and AHS records,
- How the system pulls information directly from ethics applications to guide study-specific questions.

*This session was not recorded*

**Emystifying Decentralized Trials - IQVIA's Patient-Centric Decentralized Clinical Trial Solution**
Key Takeaways:

- What Decentralized/Virtual Trials look like now and in the foreseeable future,
- The impact Decentralized/Virtual Trials have on general on-site research staff.

If we are all in this together, why do I feel *insert feeling here*?

Focus on mental health, well-being and discussions regarding examples and resources for you and your team,
Understanding that you and your team may be feeling *overwhelmed, guilty, unmotivated, or resentful...* and we are here to discuss how to manage those feelings within yourself and your team.

*This session was not recorded*

COVID-19 and Researchers' Mental Health; Another Collateral Damage

Key Takeaways:

- Understanding what Moral Distress and hazard burnout are and what COVID19’s role plays,
- What is compassion fatigue and how to recognize it within your team?
- Possible resolution measures on a personal and institutional level.

Whistle Blowing and Research Misconduct
Key Takeaways:

- Understanding why we run clinical trials the way we do,
- As researchers, we are legally required to submit good data from well-designed studies that demonstrate both safety and efficacy,
- The importance of meaningful conclusions from the data gathered.

Because ICH Says So!