

Week	Date	Time	Topic	Learning Objectives	Guest Lecturer/Panel
1	September 8, 2023	1-2:00pm	Course Introduction and Individual Development Plans	<ul style="list-style-type: none"> • Introduce students to the PDEL program • Introduce students to the structure of the course and expectations for the course • Reflect on values and strengths as related to career aspirations • Introduce IPDs and list examples of IDPs across a number of different disciplines 	Dr. Elizabeth Oddone Paolucci
		2:00-3:50pm	Know Yourself – Career Values Scale + Strong Interest Inventory Results and Reflections	<ul style="list-style-type: none"> • Comprehend the importance of creating an effective individual development plan • Create attainable and realistic goals (SMART goals) to incorporate into individual development plan 	Charlotte Ong'ang'a
2	September 15, 2023	1-3:00pm	Career Panel	<p>Invite all CHS graduate students, create a poster send to chsse@ucalgary.ca AND chsgrad@ucalgary.ca</p> <p>Panelists to share their career development trajectory</p>	<p>Dr. Kamala Adhikari Dahal Jeny Mathews-Thusoo (City of Calgary) Dr. Joseph Amuah (CIHI) Dr. Rosmin Esmail Dr. Dawn Rault (SFU)</p>
3	September 22, 2023	1-2pm	Career Development and Management		Charlotte Ong'ang'a
		2:00 - 3:50 pm	Job Hunting Panel	<p>Invite all CHS graduate students, create a poster send to chsse@ucalgary.ca AND chsgrad@ucalgary.ca</p> <p>Panelists to share tips on how to pursue job opportunities</p>	Tracy Wasylak
					<p>Dr. Christie Lutsiak Elaine Wilson (CUPS Calgary) Whitney Longstaff</p>
30-Sep - Truth and Reconciliation					
4	October 6, 2023	1-2:30pm	Public Speaking (Voice and Presence for Graduate Students)	<ul style="list-style-type: none"> • Use theatre techniques to improve presentation and communication skills • Describe how to warm up, engage and audience and make a dynamic presentation • Apply physical practices for engaging your voice, understanding your tone and resonance 	Jane MacFarlane

5	October 13, 2023	1-2:30pm	Leadership (Case Study Presentation 1)	<ul style="list-style-type: none"> • Understand leadership versus management • Explore leadership styles and identify own leadership traits • Develop skills for leading without authority or a formal title • Explore the role of organizational culture in change management 	Agnes Chen
6	October 20, 2023	1-2:30pm	Communication & Conflict Resolution	<ol style="list-style-type: none"> 1. Describe basic principles of effective communication 2. Explore difference communication styles; identify own communication style and preferences 3. Give and receive constructive feedback 4. Explore collaborative approaches to resolving conflict in the workplace 	Leda Stawnychko
7	October 27, 2023	1-2:30pm	Working in Interprofessional & Interdisciplinary Teams	<ul style="list-style-type: none"> • Approach effective collaboration and coordination to create and thrive in an interdisciplinary team • Develop interdisciplinary communication and research skills • Explore how professional cultures contribute to the challenges/barriers of effective interprofessional teamwork • Identify “role-blurring” when working in interprofessional and interdisciplinary teams and ways to avoid and overcome it 	Nishan Sharma Rahim Kachra
8	November 3, 2023	1-2:30pm	Anti-Racism in Health Research and Professions	<ul style="list-style-type: none"> • Comprehend the role of EDI in health research and develop skills for conducting culturally safe research • Articulate the influence of social positioning on health • Develop skills for communicating effectively across cultures • Develop skills on managing and working within diverse teams 	Linda Kongnetiman

Term Break Week

9	November 17, 2023	1-2:30pm	Policy in Non-Profit and Government Settings	<ul style="list-style-type: none"> • List the different types of health policy • Explain the stages of policy making • Develop foundational skills for policy analysis 	Dr. Lorian Hardcastle
10	November 24, 2023	1-2:30pm	Stakeholder Engagement and Partnerships	<ul style="list-style-type: none"> • Describe stakeholder engagement models/techniques • Identify and understand the roles of various stakeholder groups • Develop skills for recognizing and responding to stakeholder issues and conflicts 	Janine Sakatch – Executive Director Community and External Relations AHS
11	December 1, 2023	1-3:50pm	Course Reflections		Elizabeth Oddone Paolucci