

THINK
ABOUT
THINGS
DIFFERENTLY



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#HarmReduction (or clinical medicine broadly) could be summarized as meeting someone where they are but not leaving them where you found them.



Safeworks SCS (24/7)

403-998-3380

Safeworks Outreach (Day)

403-801-4453

Safeworks Van (Evening)

403-850-3755

Safeworks Connect

403-369-0578

Email

safeworksharmreduction@ahs.ca



Supervised Consumption Services (SCS)



24 hours, 7 days a week
Sheldon M. Chumir Health Centre

Staffed by RNs, LPNs, Paramedics,
Social Worker, Admin Support, Peer
Support, Outreach Worker &
Dietician



Safeworks Outreach

Nurses, Social Workers, and Outreach workers

Outreach - 9:00am-7:00pm Weekdays

Van - 8:00pm-12:00am 7 days/week

Naloxone Kits

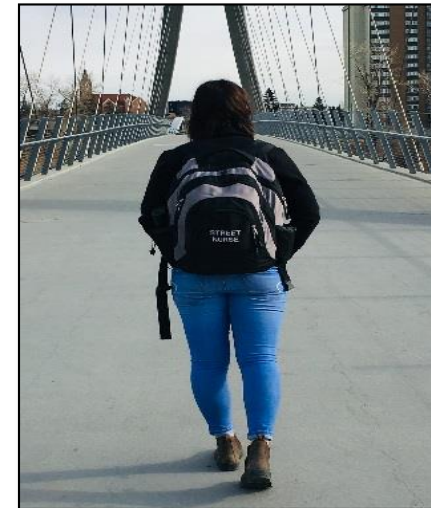
Harm Reduction Supplies

Pregnancy testing

Testing (screening) for: Chlamydia,
Gonorrhea, Syphilis, HIV &
Hepatitis C

Vaccines; Hepatitis A, Hepatitis B,
pneumonia, flu (seasonal) & tetanus

Rapid Antibody Testing for HIV



Safeworks Connect

“We Build Relations by Being Present
to Foster Healthy Communities.”



WHEN TO CALL SAFEWORKS CONNECT:

- Support with Client Engagement
- Questions about SCS/Harm Reduction
- Needle Debris Cleanup
- Concerns regarding SCS/Harm Reduction
- 24 hours a day 7 days a week

Safeworks Connect is a team of Outreach workers and Peer Support workers who support the Supervised Consumption Site and its clients, the immediate neighbors of Sheldon M. Chumir, and all other programs within the Sheldon M. Chumir.

tel: (403) 369-0578

email: Safeworks.Connect@albertahealthservices.ca



Harm Reduction Based Practical Approaches

- Communicate effectively
- Listen actively
- Be non-judgmental
- Be Realistic
- Build awareness and provide education
- Ask for feedback
- Holistic needs
- Meet the client where they are at
- Inform clients of all available options
- Respect autonomy
- Practice reflectively
- Remove barriers
- Focus on the positive
- Use trauma-informed care
- Build rapport and trust
- Take care of yourself

Language Matters

Let's change how we talk about substance use



TOPIC	INSTEAD OF	USE
People who use drugs	Addicts Junkies Users Drug abusers Recreational drug user	People who use drugs People with a substance use disorder People with lived/living experience People who occasionally use drugs
People who have used drugs	Former drug addict Referring to a person as being “clean”	People who have used drugs People with lived/living experience People in recovery
Drug use	Substance/drug abuse Substance/drug misuse	Substance/drug use Substance use disorder/opioid use disorder Problematic [drug] use [Drug] dependence

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Distributing a Kit – Key Points

Ask a client about previous knowledge & experience before providing education.

- ✓ Overdose signs & symptoms
- ✓ Importance of 911 and Rescue Breathing
- ✓ How to use the needle safety
- ✓ How to draw up and administer the medication
- ✓ Risk of returning OD
- ✓ Risk of using more post OD
- ✓ Kit storage and replacement
- ✓ Overdose prevention

Stigma

Stigma is a major barrier to accessing health and social services for people who use substances.

“Systemic stigma can create and widen inequities among people who use substances and members of other groups that have experienced stigma and marginalization.” ([A Primer to Reduce Substance Use Stigma in the Canadian Health System - Canada.ca](https://www.canada.ca/en/health-canada/services/publications/canadian-council-on-social-science-research/2015/05/201505-primer-reduce-substance-use-stigma-canadian-health-system.html))

There are dynamic links between social and health inequities, stigma and substance use.



Graphic from www.canada.ca

Substance use and addiction supports/ services available in Calgary

Addiction Helpline: 1-866-332-2322

Renfrew Recovery Centre: Medical Detox. Walk in daily 7:30am (admission based on bed availability) 1611 Remington Road NE 403-297-3337

Alpha House Detox: 403-234-7388 Ext#2 to inquire about bed availability or arrive at 203 15th Ave SE

Adult Addiction Services/RAAM: Rapid access to addiction medicine. Monday – Friday.
403-367-5000

Opioid Dependency Program: Treatment for opioid use Monday – Friday
2nd Floor Sheldon M Chumir Health Centre. 1213 4th St SW.
403-297-5118



Substance use and addiction supports/ services available in Calgary

Metro City Clinic: Treatment for opioid use. 7 days per week.

#150, 909 5th Ave SW

587-430-0905

ACT Clinic: Treatment for opioid use. Monday- Friday

1410 11th Ave SW or 4527 8th Ave SE

403-232-6990

CUPS: Treatment for Opioid use (and other health and social services). Monday – Friday

1001 10th Ave SW

403-206-1078

DOAP Team: Support/ Transportation for substance use related to public intoxication. 24/7

403-998-7388



Substance use and addiction supports/ services available in Calgary

Distress Centre: 403-266-4357 (Call for help, 24/7)

Mental Health Hotline: 1-877-303-2642 (24/7)

Mental Health Walk-in: South Calgary Health Centre, 31 Sunpark Plaza SE. 2nd Floor North Entrance
(Monday- Thursday 4-7pm, Friday 9am-noon)

ACCESS Mental Health: 403-943-1500 (Monday – Friday 8am – 5pm)

FAQ – complete and posted at www.ahs.ca/naloxone

Alberta Resource Database – complete and posted at www.informalberta.ca

DrugSafe - information on reducing the harm of drugs and alcohol at www.drugsafe.ca



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