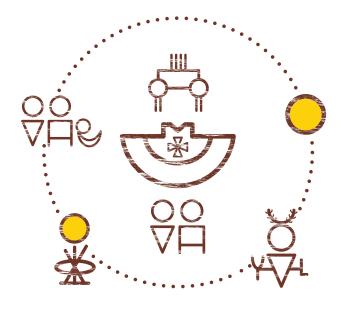


# **Bachelor of Community Rehabilitation**

Undergraduate Viewbook

The University of Calgary, located in the heart of Southern Alberta, both acknowledges and pays tribute to the traditional territories of the peoples of Treaty 7, which include the Blackfoot Confederacy (comprised of the Siksika, the Piikani, and the Kainai First Nations), the Tsuut'ina First Nation, and the Stoney Nakoda (including Chiniki, Bearspaw, and Goodstoney First Nations). The City of Calgary is also home to the Métis Nation within Alberta (Nose Hill Métis District 5 and Elbow Métis District 6).

Learn about our Indigenous Strategy, *ii' taa'poh'to'p*, at: **ucalgary.ca/indigenous** 



Watch Piikani Elder Dr. Reg Crowshoe, Hon. LLD'01, Cultural Advisor at UCalgary, share why territorial acknowledgements are important.





# Welcome to the Bachelor of Community Rehabilitation Program

The Bachelor of Community Rehabilitation (BCR) degree is a pathway for students who want to help people facing challenges, advance equity and build stronger communities.

## **From Theory to Practice**

BCR is an interdisciplinary degree focused on supporting individuals with disabilities or other barriers to full participation in society. The program is a unique blend of health sciences, psychology, disability studies and community engagement. Between the classroom, world-class research opportunities and extensive hands-on practicum experience, students graduate with the critical thinking and real-world know-how to build a more inclusive world.

## **Empowering Change**

BCR is about building a better world for people of all abilities through health equity, social justice and more inclusive communities. Students learn to understand systemic barriers, challenge norms and advocate for inclusion.

#### **Powerful perspective**

Investigate how a critical disabilities perspective intersects social, political, economic, and cultural forces to shape lived experiences.

## **Meaningful impact**

Graduates use their BCR degree to shape decision making, influence policies, and design innovative solutions to drive positive change.

## **Dedicated faculty**

BCR instructors are not only experts in their fields—they truly care. With many opportunities for 1:1 interactions, professors help students discover their unique interests or passions within the BCR program and provide mentorship throughout their studies.



# Programs offered

There are multiple ways to earn a BCR degree. All paths offer an interdisciplinary experience, and incorporate coursework with real-world practicum experience, equipping students with a critical disability lens rooted in research evidence and community practice.

## 4-year program

Students achieve a foundation in health, leadership, human services, policy, community action, and critical disability studies.

Through coursework and practicums, students learn design and management of community services, advocacy and small business development.

Specialty options include career development, working with seniors, brain injury, community mental health or early intervention.

This program is available to high school graduates, college diploma holders, university transfer students, and those who have completed another university degree.

# Combined degree with Psychology

A combined BCR/BA or BSc in Psychology is available to students in the four-year BCR program. This path is ideal for students looking for a holistic understanding of how humans think, feel and behave alongside a critical disability perspective.

# 2-year post-diploma program

The two-year program provides the same foundation of study as the four-year program. It is available to students with a college diploma in Rehabilitation Studies or a related field from an approved program or to those who have already completed a degree. Graduates of this study route receive a BCR degree.

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Through practicum placements, BCR students contribute to the mandate of many community organizations, including LaCrossing Barriers, a para-lacrosse program that applies inclusive practices in sport to empower participants.

Photo courtesy of Garret Eddy

## **Support to succeed**

The BCR program offers small class sizes that provide opportunities for one-on-one time with faculty. Students have direct access to a Student Academic Advisor and get to know and work with fellow BCR students from day one, creating a strong sense of community.

#### **Peer mentors**

Senior students develop leadership skills by mentoring first-year students through their courses and practicum, offering an extra layer of support and guidance.

## **Workplace readiness**

Community Rehabilitation (CORE) courses build foundational knowledge, while helping students develop critical thinking, writing, communication and collaboration skills critical for a variety of workplaces.

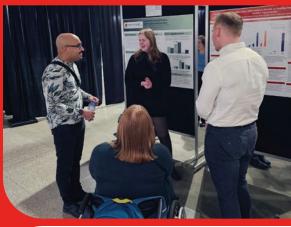


# Explore our programs

ucalgary.ca/ future-students/ undergraduate/ programs







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Top: UCalgary students studying outside Mac Hall.

Middle: A BCR student presenting at the Annual Disabilities Research Conference.

Bottom: Dr. Alan Martino discussing BCR student Annah Dalrymple's research poster "Student Perceptions of Physical Health Impacts on Mental Health" at the Annual CSM BCR and BHSc Student Research Symposium.

# See our students' success

70%
BCR students
graduate with
distinction each
academic year

BCR Graduates
become Leaders
and Entrepreneurs
in communities and
organizations

100+
BCR students complete
a community-based
practicum placement
each year

I wouldn't have the skills or knowledge about advocacy and inclusion, or even the drive to develop my own social profit without the BCR program. I feel confident in my role as a difference-maker."

Kylah Wilson-Zelmer, BCR'20, (right)
 Founder and Program Coordinator,
 Embrace A Community Project



# **Diverse career paths**

BCR graduates go on to be small business and non-profit founders, mental health professionals, rehabilitation services professionals, social workers, physicians, and more.





# Real-world experience

BCR students collaborate with instructors who are experts in health sciences research, and take their learning beyond the classroom to apply their knowledge through multiple community-based practicum experiences.

BCR practicum and research students played an active role in the Radical Mental Health Doula (RMHD) program, which amplifies marginalized voices by partnering with community members and people with lived experiences.



# Undergraduate research



Access to renowned critical disabilities studies researchers.



A strong focus on community-engaged research to improve the well-being of people with diverse abilities.



Summer research opportunities, including opportunities for funding.



Opportunities to foster leadership skills and entrepreneurial thinking.



BCR student Prakriti Pathania presenting her research "Understanding the social factors behind the use of non-surgical cosmetic procedures: A scoping review and media analysis," at the annual CSM BCR and BHSc Student Research Symposium.



In addition to the leading-edge student facilities on main campus, BCR students have access to unique facilities and resources available at the Foothills campus.

Student Advocacy and Wellness (SAW) Hub
Exclusively for CSM students, the SAW Hub offers mental health resources, counselling, wellness programs and academic supports to empower students to thrive academically and personally.



Indigenous, Local, Global
Health Office (ILGHO)
ILGHO offers a welcoming space
for collaboration, ceremony and
learning, with a focus on collaborative
initiatives that advance social and
health equity at home and abroad.



The HSC offers study and collaboration space, computer classrooms, physical collections and expert assistance for searching health science and medical literature.







# Gain practical experience

BCR students gain hands-on experience through progressive practicums, starting small in year one and building to a full-year placement in their final year. With over 200 community partner organizations, students find placements that match their interests and strengths—creating meaningful, mutually beneficial experiences for both students and partners.

I had the opportunity to shadow rehabilitative medicine professionals in a special education setting and found the work fascinating.

I knew that was the path for me."

Ariana Dickie

#### **Future ready**

Our community-based practicums offer networking and professional development opportunities to connect students to potential employers and to prepare BCR graduates for the workforce.

# Study abroad



Annah Dalrymple
 BCR'28 (current student)



Expand your academic experience with hands-on global experience through our partners in a low and middle-income country (LMIC) setting.

At the Uganda Global Health Sciences Field School, work alongside students from our partner institution on real-world community-based health promotion initiatives.





Build meaningful skills in health promotion, capacity building and inter-cultural collaboration through a health equity lens.

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# How to apply

Your first steps to becoming a future student in the Bachelor of Community Rehabilitation Program

# Review our admission requirements

Admission requirements vary depending on the program and your educational history. You can use our admission requirements tool to see the courses and estimated competitive admission average for your program of choice.



## Requirements

ucalgary.ca/ future-students/ undergraduate/ requirements



# **Submit your application**

#### Apply early!

Applications open **October 1.** Apply online and pay the \$125 application fee for students with Canadian credentials or \$145 for students with international credentials.

When you apply to UCalgary, you will get two choices on your application for admission. Be sure to rank your program choices with your most-desired program as your first choice. If you receive an offer to your first-choice program, this is the only offer you will receive.

You can apply or change your program choices until March 1.



Ready to apply?

ucalgary.ca/future-students /undergraduate/apply



# Have questions or need help with next steps?

#### Connect with your dedicated recruiter.

UCalgary has a dedicated team of recruiters ready to support prospective undergraduate students, parents, community members and guidance counsellors. Our team is here to answer all the questions you have about becoming a UCalgary Dino! From admission requirements to campus services and life in Calgary, connecting with our recruitment team is a great way to start your UCalgary journey!



Recruitment

ucalgary.ca/ recruiters





