About Us

• Royal College accredited training program since 2020
• One position per year
• Competence by design based training program
• 24 month duration, 12 months of which can be completed in PGY5 year
## Rotation Schedule

<table>
<thead>
<tr>
<th>Year</th>
<th>PGY5</th>
<th>PGY6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quarter</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>CBD Stage</td>
<td>Transition to Discipline</td>
<td>Foundation of Discipline</td>
</tr>
<tr>
<td>Rotation</td>
<td>Inpatient I (Rehab and recovery unit)</td>
<td>Medical Care of the Elderly (Palliative, Acute geriatric Unit, Psychiatry Primary Care)</td>
</tr>
</tbody>
</table>
Learning Sites

- Rockyview General Hospital - inpatient and CL rotations. Ranked 7th best hospital in Canada by Newsweek Magazine in 2021
- Sheldon M. Chumir Heath Centre - Outpatient experiences
- Bridgeland Seniors Health Centre - Day hospital and Specialty Clinics
### Academic Half Day

#### Year 1 Geriatric Psychiatry Half Day Schedule July 2022 - June 2023

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Presentor Location</th>
<th>Type</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 21, 2022</td>
<td>Introduction to Geriatric Psychiatry</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
<tr>
<td>Aug 4, 2022</td>
<td>Geriatric mental health and ethics</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
<tr>
<td>Aug 11, 2022</td>
<td>Geriatric GPs and ACC</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
<tr>
<td>Aug 18, 2022</td>
<td>Readmission Patient Referral</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
<tr>
<td>Aug 25, 2022</td>
<td>Geriatric palliative care</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
<tr>
<td>Sept 1, 2022</td>
<td>Quality Improvement</td>
<td>Office</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
<tr>
<td>Oct 2, 2022</td>
<td>Anticoagulation in Older Adults</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
<tr>
<td>Oct 9, 2022</td>
<td>Exercise &amp; Falls</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
<tr>
<td>Oct 23, 2022</td>
<td>Geriatric mental health and ethics</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
<tr>
<td>Nov 27, 2022</td>
<td>Acute inpatient Geriatric Psychiatry</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
</tbody>
</table>

#### Year 2 Geriatric Psychiatry Half Day Schedule July 2022 - June 2023

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Presentor Location</th>
<th>Type</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 1, 2023</td>
<td>Transition to Falls Prevention and Teaching in Elderly Population</td>
<td>Institute</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
<tr>
<td>June 30, 2023</td>
<td>Geriatric Psychiatry</td>
<td>Institute</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
</tbody>
</table>

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#### Year 1 Geriatric Psychiatry Half Day Schedule Fourth Edition

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Presentor Location</th>
<th>Type</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb 25, 2023</td>
<td>Psychopharmacology in Older Adults</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
<tr>
<td>Mar 5, 2023</td>
<td>Geriatric Psychiatry</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
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</tr>
<tr>
<td>Mar 16, 2023</td>
<td>Geriatric Psychiatry</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
<td></td>
</tr>
<tr>
<td>Mar 23, 2023</td>
<td>Geriatric Psychiatry</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
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</tr>
<tr>
<td>Apr 13, 2023</td>
<td>Geriatric Psychiatry</td>
<td>Living room 5</td>
<td>Geriatric Psychiatry</td>
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</tbody>
</table>

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### Geriatric Psychiatry Half Day Schedule 2022 - 2023.pdf

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Scholarly Activity

- Can be completed in one of three areas:
  A. Research: Three clinician researchers within our division and a dedicated research supervisor
  B. Education: Numerous opportunities for educational initiatives from med students, residents and allied health team
  C. Administrative: potential projects from Outpatient ECT optimization to recruitment initiatives
Educational Rounds

Complex Case Rounds

Resident Journal Club

Joint Geriatric Psychiatry and Geriatric Medicine Journal Club
On Call Experience

PGY5: 8 points/month
PGY6: 4 points/month all at RGH
Partnerships with other programs

• Geriatric Medicine - shared half days, educational boot camps
• General Psychiatry
• Neuropsychiatry - elective opportunities and invitations to Neuroimaging rounds
• Palliative Care - reciprocal elective experiences
Fireside Chats

- Quarterly
- Chance to check in on the learning experience
- Review rotations
- Review of research
- Career Planning
- Wellness
- Actual fire available upon request
Resident Retreats

- Twice per year
- Fully funded
- Chance for residents to provide narrative feedback on all aspects of the program
- Faculty dinner in the evening
- Recent graduates invited to attend and provide feedback on how the program has prepared them for practice
Educational Supports and Funding

- Robust educational enhancement fund
- Conferences
- Subscriptions
- Courses
- Educational materials
- Computer hardware
Practicing in Calgary

- Excellent province wide electronic medical record
- Resource rich
- Amongst highest renumeration across the country
- Collegiality
- Strong physician advocacy body in the Alberta Medical Association
- Work opportunities
Living in Calgary

[Image: Double rainbow above a cityscape.]
Living in Calgary

- Very reasonable cost of living
- Sunniest city in Canada
- Least congested traffic
- Third most livable city in the world by the Economist
- Proximity to Rocky Mountains
- Amazing food scene
Questions?