April 2020

Thank you for considering Child and Adolescent Psychiatry subspecialty training at the University of Calgary!

In the fall of 2009, the Royal College of Physicians and Surgeons of Canada accepted Child and Adolescent Psychiatry as a fully recognized subspecialty of psychiatry, and its curriculum follows the Royal College published documents on the Objectives of Training and the Specialty Requirements. The University of Calgary’s Child and Adolescent Psychiatry (CAP) subspecialty program has received accreditation by the Royal College of Physicians and Surgeons of Canada.

Training takes the form of two-years of specialized training. The first year of training may occur as early as the PGY-5 year within the resident’s General Psychiatry residency program and the second year as a PGY 6 year.

We have an excellent program that has consistently graduated Child and Adolescent psychiatrists of the highest calibre. We have recently been granted funding to further expand our program from two positions per year to three.

The University of Calgary is in a strong position to support its trainees with over 40 Child and Adolescent Psychiatrists on faculty. We have an excellent centralized intake system which accepts thousands of referrals each year into a variety of practice settings across the spectrum of need. There are excellent opportunities for research with solid administrative support for teaching and educational placements.

We pride ourselves on providing a variety of rotation options that balance meeting Royal College requirements while allowing trainees flexibility to explore their interests. Our goal is to help trainees to develop personally and professionally by offering a wide spectrum of training opportunities within a small, close-knit program. Rotation options include inpatient care at any of our four different units as well as ambulatory clinics and community sites, including with our community partners of Hull Services and Woods Homes. Eating disorders, child development, child welfare, forensic psychiatry, family therapy, neuropsychiatry, and school-based consultation are just a few examples of electives that are available. Many residents have also created their own electives in collaboration with the program, including addictions and rural mental health.
Wellness is a cornerstone of the program. Residents have protected academic half days every Thursday and no mandatory call during their sixth year. There is a book fund to be used to offset the cost of learning materials and help pay for conferences and other learning opportunities. Trainees are encouraged to maintain a healthy work-life balance and avail themselves to the many amazing restaurants, events and natural wonders that this city and the surrounding area has to offer!

Please contact us for any further information in regard to this program.

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