

Help Lines and Crisis Services			
Name of Service	Phone	Location	Address
Access Mental Health	(403) 943-1500		
Addiction and Gambling Help Line	1 866 332-2322		
Alberta Society for the Prevention of Cruelty to Animals (SPCA)	(403) 723-6025		
	(403) 205-4455 (Emergency)		
Alberta Works	1 866 644-5135		
AlbertaQuits Help Line	1 866 710-QUIT (7848)		
Calgary Sexual Assault Response Team	(403) 955-6030	Alberta Children's Hospital	28 Oki Drive NW, Calgary
Calgary Sexual Assault Response Team (SART)	(403) 237-5888	Calgary Communities Against Sexual Abuse (CCASA) (24hr Support Line)	700, 910 - 7th Avenue S.W., Calgary
	1 877-237-5888		
Calgary Women's Emergency Shelter	(403) 234-SAFE (7233)		
Cantara Safe House	(403) 793-2232 (Crisis Line)	Alberta Council of Women's Shelters	PO Box 1045 Stn Main, Brooks
	(403) 362-2766 (Admin)		
	(403) 793-8180 (Healthy Families)		
Children's Cottage Society (Main Office)	(403) 283-4200	Children's Cottage Society (24 hr crisis line)	
City of Calgary Information Line	311		
Community Resource Team (CRT) (Child & Adolescent Crisis)	(403) 299-9699	Wood's Homes	
	1 800 563-6106		
Crisis Nursery - Bridgeland	(403) 233-CARE (2273)	Children's Cottage Society (24 hr crisis line)	
Early Start Parent Info Line	(403) 244-8351		
Health Link	811		
	(403) 943-5465		
Opiate Dependence Program	811 (Health Link)		
	1 866 332-2322 (Addiction Help Line)		
Red Cross	(403) 541-6100		1305 11 Avenue South West, Calgary