

Emergency			
Name of Service	Phone	Location/Group	Address
Emergency	911		
Distress Centre Counseling (24 hr Crisis Line)	(403) 266-HELP (4357)		300, 1010 8th Ave SW, Calgary
Mobile Response Team (Distress Centre)	(403) 266-4357	South Health Campus	4448 Front Street SE, Calgary
Health Link (Mental Health Help Line)	1 877 303-2642		
Poison & Drug Information Service (24 hr)	1 800 332-1414		
Walk-in Crisis Service	1213 4 Street SW, Calgary	Sheldon M Chumir Health Centre	