

Mind Matters

The Newsletter for the Regional Clinical Department of Psychiatry

Volume 11, Issue 4

Winter 2002

From the Department Head

The Regional Clinical Department of Psychiatry Executive is examining a number of proposals, which are under discussion.

Institute of Neuroscience and Mental Health


An Institute of Neuroscience and Mental Health is one of a number of proposed institutes that would be a joint venture of the Faculty of Medicine and the Calgary Health Region. They would encompass activity in the areas of education, research and service and ensure integration across disciplines. Members would have a variety of departmental affiliations as part of their multidisciplinary approach.  The educational mandate would be broad and they would contribute to undergraduate medical, post-graduate medical and continuing medical education programs, as well as provide leadership in graduate science and post-doctoral educa-

tion programs. The research would span the four pillars of the Canadian Institutes of Health Research. These are basic science, clinical research, health services research and population health.

Joint Executive


In 2002, the University of Calgary Department of Psychiatry has taken over the activities of the Psychiatric Disorders Research Group. We have appointed Dr. Scott Patten as Research Director, and  made this position a joint appointment with the Calgary Health Region. As a result, Dr. Patten is joining the Regional Clinical Department of Psychiatry Executive. At present, we are discussing having a single Executive across the University of Calgary and Calgary Health Region. This would have the advantage of integrating the education, research and service delivery missions of both departments.

Alternative Funding Plan

The Department of Paediatrics has started an Alternative Funding Plan. Alternative Funding Plans bring together academic, clinical and administrative funding into one source. The resources are then paid out for pre-agreed performance in the three areas of education, research and service. In contrast,  Alternative Payment Plans are a way of paying for clinical services in an alternative way. The University Department of Psychiatry has decided to explore the benefits and risks of an AFP.

Wit and Humour

We have received many positive comments about Dr. John DeVries' feature in the fall issue of Mind Matters, "What is Your Handicap?". I know from attending many site meetings of the Regional Clinical Department of Psychiatry that John DeVries is

not the only psychiatrist with a sense of humour and literary skills. Mind Matters offers  an opportunity to showcase your talents and entertain your colleagues. Please follow the inspirational lead of Dr. DeVries and send in your contributions.

Happy Holidays to all.

Don Addington

Inside this issue:

Residents' Corner	2
Undergraduate Education	2
Career Opportunities	3
Geriatric Psychiatry	4
Calendar of Events	4
Southern Alberta Geriatric Mental Health Conference	5
Annual Reappointment Process	6
Congratulations Eliana	6
Commemorative Medal	6



Residents' Corner

Awards and Research

The University of Calgary's Medical School Association (CMSA) has recognized two of the residents for their efforts in teaching in the Medical School. Dr. Rup Pandya, PGY-III, received CMSA's Letter of Excellence for his small group teaching in the MIND Course in August. Dr. Lauren Zanussi, PGY-V, received the Gold Star Letter Award in the same area; this is Lauren's third award during his residency in this area.

Dr. Suparna Madan, PGY-V, has received the Geriatric Psychiatry Residency Award for 2002-2003 for the second consecutive year.

Suparna and Rup have also had letters accepted for publication in CMAJ and CJP respectively. Dr. Cindy Baxter, PGY-IV, will have her research on Transcultural Psychiatry published in the Royal College's Annals December 2002 issue.

Dr. Will White, PGY-IV, is working with Drs. Crockford, Ismail and el-Guebaly to research the use of Gabapentin in smoking cessation. Their research proposal was accepted for

funding from the Centre for Advancement of Health.

Psychotherapy

In an effort to provide psychotherapy training for an ever-growing group of residents, we have enlisted the assistance of psychologists Drs. Debra Dobson, Kerry Mothersill, Shawn Currie, Maureen Leahey, Linda Goddard, Patrick Lynch and Assen Aladin. Many thanks for all the support from our sister department in helping the program meet its goals in providing Cognitive Behavioral Therapy and Group Therapy.

Emergency Psychiatry Training

Across Canada, psychiatry training programs have grappled with the issue of training in Emergency Psychiatry; how can this be taught without the risks of critical incidents? To that end, Dr. Philip Stokes and the staff in Emergency Psychiatry at PLC have agreed to begin providing clinical experience for our first year residents in the latter portion of their residency year. A big round of applause, please! In addition to this new core rotation, the program invited Dr. Jody Lofchy, UofT professor and specialist in this

area, to return to Calgary in late October and present a day-long workshop to all the residents. Residents were involved in role-playing and other workshop activities to enforce the importance of this area.

CanMEDS

Since 2000, the Royal College has been urging Faculties of Medicine to adopt the CanMEDS approach to training. Residents - and faculty - are encouraged to attain and maintain competency in seven roles: Medical Expert, Communicator, Collaborator, Manager, Health Advocate, Scholar and Professional. In addressing the Scholar role, all residents will be attending a "Teaching How to Teach" workshop on January 24 and 31, under the guidance of the Postgraduate Medical Education office. To address the Manager role, residents also participated in a Quality Improvement workshop with Dr. Jane McCrudden and QI Consultant Lisa Stewart in October.

As part of the Faculty of Medicine, our training program will undergo review by the Royal College on February 3 and 4, 2002. Teaching faculty can expect to receive notice of a CanMEDS workshop Thursday, January 9, 0900-1100h to assist them in understanding the implications of this new mandate from the Royal College.

Bev Adams

Undergraduate Education

Mandates from the Undergraduate Retreat have reinforced the various undergraduate committees (Clerkship, Curriculum and MIND) to continue support to our residents and faculty in improving their teaching skills. To this end, I have met with Dr. J.-G. DesCoutaux in the Undergraduate Medical Education office to discuss ways and means of accessing funds to support clinical and academic teachers at all teaching sites in the city. Look for more information in early 2003 from the department's program office.

Medical students across Canada have long asked for a greater period of

clinical exposure before choosing their medical specialty programs. This year, the service that 'matches' students to residency training programs began later in their clerkship year, thanks to the wonders of technology. Clerks are expected to spend a portion of the last three weeks of January travelling across Canada in interviews, which will affect the amount of time on their Psychiatry rotations. Please keep in mind that all available teaching time should be used effectively to ensure clerks receive the optimum learning opportunities.

I find it very encouraging to know that our teaching program has been

increasingly accessed by students from across Canada and the UK for elective time. Between September and December of this year, fourteen students from as close as Edmonton and as far as London will have participated in electives at all four sites, with more requests for 2003 coming in weekly. Although a portion of this could be due to our proximity to the beautiful Rockies, I believe it is also in part due to the positive experiences from previous students. Thank you to all of the preceptors who have provided these students with a chance to see our department in action!

Nancy Brager

CAREER OPPORTUNITIES

Opportunity for a Psychiatrist to Provide Clinical Supervision to the Mental Health Follow-up Clinic Team 8th & 8th

The Mental Health Follow-up Clinic Team 8th & 8th consists of 3 Family Physicians and Mental Health Staff. It has an opportunity for a Psychiatrist to provide clinical supervision for one afternoon per month (1300 - 1700 hours), currently Wednesday afternoon, but could be changed to another afternoon except Friday.

If you are interested and would like more information please contact:

Dr. John Tuttle
Program Medical Director
Adult Primary & Community Care
Mental Health & Psychiatric Program
Tel.: (403) 943-3808
E-mail: john.tuttle@calgaryhealthregion.ca

Opportunity for a Psychiatrist to Provide Child & Adolescent Psychiatric Consultation to the two Rural AMHB Clinics in Region 4

At Airdrie and Cochrane for half a day every two weeks (alternating sites). Conditions very flexible.

If you are interested and would like more information please contact:

Dr. Gerry McDougall
Medical Director
Calgary Region
Alberta Mental Health Board
Tel.: (403) 297-4520
E-mail: gerald.mcdougall@amhb.ab.ca

or Dr. John Tuttle
Program Medical Director
Adult Primary & Community Care
Mental Health & Psychiatric Program
Tel.: (403) 943-3808
E-mail: john.tuttle@calgaryhealthregion.ca

Consultation-Liaison Opportunity at PLC

An opening will become available in the Peter Lougheed Centre Consultation-Liaison Service in the fall of 2003. Prior to that time, there will be opportunity to fill in shifts during the summer and fall of 2003 to experience the service before any commitment.

If you are interested and would like more information please contact:

Dr. Nandini Singh
943-8673
or Dr. Michael Trew
944-2168

Geriatric Psychiatry



The past few months have been a busy time for the Division, with planning continuing for the Rehabilitation Unit to open in the summer of 2003 now confirmed, and at the request from the Department of Psychiatry for a fellowship description now being submitted.

The Division would like to congratulate Dr. Suparna Madan on her prize at the Canadian Academy of Geriatric Psychiatry meeting, for her poster session on music therapy. We are anticipating that Dr. Madan will be joining the Division next year and will represent the first recruit to geriatric psychiatry since Dr. Benjamin's arrival.

The other main piece of information is the Geriatric Psychiatry Conference for Southern Alberta, which will take place on the 6th and 7th of March 2003 at the Executive Royal Inn in Calgary. This conference is the beginning of an annual event, rotating

around to locations in Southern Alberta. Keynote speakers will be Dr. Ken Leclair from Queen's University and Dr. Martha Donnelly from the University of British Columbia. For details and registration for the conference, please telephone Sue Melanson at 297-4821 and see the ad on page 5 (I understand that residents may be able to register for free!).

Lastly, at the request of the residents and arising from the recent accreditation review, the Geriatric Psychiatry Rotation is going to be changed. This will now consist of 6 weeks of inpatient geriatric psychiatry and 6 weeks of community based geriatric psychiatry working with myself and Dr. Marlene Smart. Over the next 2 months, a resident in Geriatric Medicine will also be working with the Community Geriatric Mental Health Program. So as you can see the Division continues to be active!

Stuart Sanders

Mark Your Calendar!

Thursday, January 9, 2003
0900-1100 hours
CANMEDS WORKSHOP
for Teaching Faculty
FMC Psych Admin

Friday, January 24, 2003
CLINICAL MEDICAL
DIRECTORS'
MANAGEMENT
EDUCATION DAY
Village Park Inn

Friday, March 7, 2003
LITTMANN
RESEARCH DAY
Village Park Inn

Keynote Speaker:

DR. HELEN MAYBERG
Sandra Rotman Chair in
Neuropsychiatry at the
Rotman Research Institute and
the University of Toronto.
Heads an integrative neuropsychiatry research program with an emphasis on both primary and secondary affective disorders. Prolific writer with a number of papers published in prestigious psychiatric journals. Presentation on Depression from a Functional Neuroimaging Perspective.

Monday, June 23, 2003
2nd Annual Invitational
GOLF TOURNAMENT
Elbow Springs Golf Course
Proceeds to Residents Scholar
Development Fund

OFFICE SPACE AVAILABLE

Large office available full time or part time. Waiting room shared with 3 other psychiatrists and a PhD psychologist.

Very reasonable rent.

Excellent south view and location accessible to c-train and downtown. Not far from Foothills Hospital, SAIT, Alberta College of Art.

Available now but start time is negotiable.

If you are interested and would like more information please contact:

Dr. Christel Bodenstein
284-4140

or

Dr. David Grabke
289-7701

SOUTHERN ALBERTA GERIATRIC MENTAL HEALTH CONFERENCE

MARCH 6 and 7, 2003

CALGARY

Key Note Speakers:

Dr. Martha Donnelly

**Director, Division of Community Geriatrics
Department of Family Practice
University of British Columbia
"Best Practices for Working with the Elderly"**

And

Dr. Ken Leclair

**Clinical Director Specialty Geriatric Psychiatry Program
Chair Geriatric Psychiatry, Division of Psychiatry
Queen's University
"Pieces - A Psychogeriatric Training Program/
Canadian Coalition for Seniors Mental Health"**

And

Multiple Workshop Sessions

This conference will be of interest to:

**Geriatric Psychiatrists/Psychiatrists/Geriatricians/ Family Doctors
Allied Mental Health Professionals Working in Community, Acute Care and
Long-Term Care Environments**

Registration Forms will be available in January from:

**Region 1 - Brenda Vanderwal 382-6632
Region 2 - Leigh Anna Anton 529-8000
Region 3 - Dennis Yurkiw 652-8340
Region 4 - Sue Melanson 297-4821
Region 5 - Maureen Speidel 934-1787**

**MARK YOUR CALENDARS and
WATCH FOR FURTHER INFORMATION**



calgary health region Application for CME hours underway



ALBERTA MENTAL HEALTH BOARD

IT'S THAT TIME OF YEAR AGAIN!

REAPPOINTMENTS 2003/2004

Attention: All CHR Medical Staff Members

The reappointment process for the 2003/2004 year has started late November 2002 for eligible medical staff members. If you haven't received your reappointment package, please contact the Regional Medical Staff Office at 943-1272.

Deadline for Applications to Medical Staff Office:

January 6, 2003

(CPSA cards & CMPA membership updates can always be faxed to the Medical Staff Office separately if received after January 6)

Please Note: Receipt of late reappointment packages will cause a lapse in privileges.



Congratulations Eliana

Eliana Coldham, a research assistant in the Psychosis Research Unit, was awarded a Rhodes Scholarship, one of only three available in the prairie provinces. Eliana started work at the Psychosis Research Unit in the summer of 2001 when she was awarded a Carlos Ogilvie Memorial Fund Summer Studentship. Since completing her degree in the summer of 2002 she has worked full-time in the Psychosis Research Unit. The results of her studentship research were recently published: "Medication adherence of individuals with a first episode of psychosis - Coldham E, Addington J, Addington D, Acta Psychiatrica Scandinavica, 2002 Oct, 106(4) 286-290.

Commemorative Medal



Congratulations to Dr. Nady el-Guebaly who was awarded the Medal of the Golden Jubilee of Her Majesty Queen Elizabeth II. The Medal was awarded to a select number of Canadians this year to celebrate the 50th anniversary of the accession to the throne of Queen Elizabeth II. The Medal is to recognize citizens who have distinguished themselves by their achievements through volunteerism and service to their community. Dr. el-Guebaly was selected based on his commitment to mental health and addiction medicine. He has presided over several national addiction and psychiatric associations, and is considered one of the leading Canadian experts in Canadian addiction research.



The Newsletter for the Regional Clinical Department of Psychiatry

is distributed quarterly to
all psychiatry medical staff and faculty,
psychiatry residents, Program Directors,
CHR Medical and Executive Directors,
CHR CMO and COO, Chair MAB,
Mental Health Executive Director &
Executive Medical Director,
and psychiatry support staff.

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