

Mind Matters

The Newsletter for the Regional Clinical Department of Psychiatry

Volume IV, Issue IV

Winter 2004

From the Department Head

2004 has marked a major turning point for the Department of Psychiatry and the Mental Health Program. We have become a single Department across the Region with both an urban and rural component. There is a clear and accountable connection with the Mental Health Program within the Calgary Health Region. The Mental Health Program Growth Strategy has been approved by the Board, and the first year implementation has been successfully launched. On the academic side we are partners in the Brain Institute and our connections with Community Health Sciences have been strengthened by the recruitment of Dr. Carol Adair.

Mr. Bruce Swan, the Executive Director of Mental Health, has moved on after five years to become the CEO of two psychiatric hospitals in eastern Ontario. The importance of the role of the Executive Director was reinforced

after a review. It was decided to continue the position. I am pleased to welcome Barbara Korabek to the position. Barb was appointed after a

An important development with long-term implications has occurred within the Department. Mischelle vanThiel, Departmental

Manager, has developed role descriptions, performance measures and professional development plans for all of the administrative support staff in the Department. I look forward to the benefits of these over the next few years.

process for developing appropriate space for outpatient services. Many discussions have already started with individual programs. While there are potential benefits that allow us to grow, there are challenges with increasing travel and dispersion of programs. Mental health services are being integrated with general health services, and there are important developments with the new outpatient services in Northeast Calgary across from the Peter Lougheed, downtown at the Sheldon Chumir Centre, formerly the Colonel Belcher Hospital, and the new South Calgary Health Centre located at McLeod Trail and Sun Valley Boulevard. Finally, the Region has decided to keep

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competition and brings a wide range of experience in both nursing and administration. She has worked in Acute Care and Continuing Care. A number of individuals in Mental Health may have met her through her leadership of the recent Regional Outpatient Framework, which was approved this year.

The Regional Outpatient Framework is having a rapid impact. For a number of years, the growth of our outpatient services has been severely constrained by the location of many of them on Acute Care sites. The framework provides the Region with the structure and



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From the Department Head

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the current Children's Hospital as an outpatient centre with Mental Health as a major tenant. As an outpatient centre it will include the hub of Child & Adolescent Specialized Mental

Health Services. A number of adult programs are also looking at the space. There is an expansion of the Northwest Community Mental Health Centre across the road from the Foot-

hills Hospital and half a floor is under consideration for the Teaching, Research & Wellness Building in the Medical School expansion. This would co-locate the Early Psychosis Treat-

ment Service and the Psychosis Research Unit with the Chair of Schizophrenia Research within the Brain Institute.

Don Addington



Education Corner

Winter brings not only challenges to driving around Calgary in a variety of weather conditions, it also

brings two dozen applicants chosen from across Canada to interview for five upcoming residency positions. For faculty involved in clerkship, this means periods of anywhere between a few days to two weeks for our fourteen clerks to be away from their clinical rotations and the ramifications of lost teaching time. For the Residency Training Committee and the resident body, this means reviewing close to sixty files to choose the lucky twenty-four, interviews, lunches, presentations and hoping for good weather. We'll keep you updated on the results...

currently a PGY-3 in Toronto, will be joining our program in January. Dr. Jericho spent considerable elective time in Calgary during her clerkship and we will be happy to have her back on a permanent basis. This brings our residency numbers to twenty-seven.

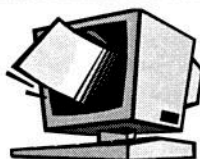
Congratulations to our latest academic achievers. Dr. Jeremy Quickfall's abstract on the Neuroimaging Data for the Correlation of Brain Metabolics and Marijuana use has been accepted for the American Neuropsychiatric AGM in Bal Harbor in late February. Dr. Bina Nair and Dr. Joann McIlwrick's submission regarding Evaluation and Feedback within a Psychiatry Residency Program was accepted for the American Undergraduate Psychiatry Conference to be held in late June in California.

Winter will also be bringing us a new face to the residency program. Dr. Monique Jericho, who is

Pauline Burgess

MIND MATTERS ONLINE

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Welcome to Dr. Carol Adair, PhD, newest full-time faculty member of the University of Calgary, Department of Psychiatry. Dr. Adair has a PhD in Epidemiology and has worked in both paediatrics and mental health research. She was formerly the Director of the Alberta Mental Health Board Research Unit, and has published a major review of performance measures in health care. She has an ongoing program of research into continuity of care and is part of a national researcher training program funded by the Canadian Institutes of Health Research for training in mental health services research.

Don Addington

is distributed quarterly to all psychiatry medical staff and faculty, psychiatry residents, Program Directors and Program Medical Directors, CHR Executive Medical Directors and VP's, CHR CEO, CMO and CCO, Chair MAB, and psychiatry support staff.

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