

MindMatters

The Newsletter for the Regional Clinical Department of Psychiatry

Volume VI, Issue I

Spring 2006

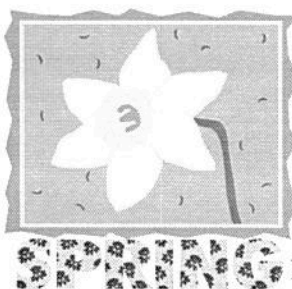
From the Department Head

The University of Calgary, Department of Psychiatry was active in recruiting to its GFT positions through the fall of 2005. This has led to letters of offer to three potential recruits, two of whom have been confirmed, Dr. Cindy Beck and Dr. Janet de Groot. We will put out more specific information about them as they officially start over the next six months. Taken together they represent the general direction of the Department. All three are psychiatrists with clinical research and educational skills. One is a psychiatrist and epidemiologist, one an expert in education and clinical research and a third a psychiatrist with expertise in diagnostic imaging in mental disorder. In education, we are moving towards a new national competency-based resident curriculum. This will increasingly be based upon evidence-based educational practices, which in turn depend on educational scholarship. An example

of this is the evolving residents training in psychotherapies. In research, we are increasing our collaborations within the Hotchkiss Brain Institute, both in the directions of Neuroscience and Community Health Sciences. One of the recruits will link with neurosciences research by using diagnostic imaging, and benefit from the planned expansion of the Seaman Family MRI Centre. The other recruit will be part of the Population Mental Health Research Program in the Hotchkiss Brain Institute which is linked to Community Health Sciences.

Over Christmas, the Department collaborated within the Hotchkiss Brain Institute with the submission of a letter of intent for a Centre for Mental Health and Addictions. While such a centre is some way in the future, and the fund-

ing sources uncertain, it represents a new direction. The letter of intent is supported by a number of Faculties at the



University of Calgary and by the Calgary Health Region. The idea is to develop a Centre of Excellence in research, education and service delivery for mental health and addictions. This would be located at the new South Health Campus. In the meantime a multi-faculty task force is looking at increasing collaboration in research and education in mental health and addictions across the campus.

The Alternative Relationship Plan (ARP) is underway and making progress. The steering committee is active and a number of individuals have agreed to support the subcommittees. In addition, with the support of the Region we are looking at rolling the current sessional pro-

gram into a Sessional ARP, linked to the academically focused ARP.

My second term as Head, Department of Psychiatry will end at the end of June 2007. I had been planning a sabbatical, but I was invited to consider a third term and stand for a formal review. I have accepted that invitation and so a formal review should get underway in the near future.

Don Addington

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Residents' Corner

The first quarter of 2006 has been remarkably busy for the training program. Members of the training committee interviewed 30 out of 53 very eager applicants from across Canada and were very pleased with the 5 students that matched to our program - Diana Czechowsky (U of A), Erija Haalboom (Ottawa), Lisa Harpur (U of C), Greg Montgomery (U of C) and Andriyka Papish (U of C). Andriyka has also been selected to be the inaugural recipient of an American Psychiatric Association award that co-sponsors students (in conjunction with individual Departments of Psychiatry) that are interested in our specialty to attend their annual meeting, which this year will be in Toronto. As well as these 5 outstanding students, Dr. Wanda Lester was accepted for a physician re-entry position in our Department. She will also begin training in July.

Around Christmas, the Postgrad Office advised the program that our applications for the funding of 3 Professional Development ventures had been approved. Alberta Health & Wellness monies have been granted to subsidize residents' costs to attend conferences of their choice this spring, as well as an all-day workshop in CBT with Dr. Leslie Sokol from the Beck Institute. Faculty interested in CBT benefited with subsidies to attend the Beck Institute 3-day workshop in early February in Calgary. The Psychoanalytic Interest Group was provided with funds to bring in a guest speaker, Dr. Sam Izenberg, later this year as well as monies for a group trip to the Vancouver Psychoanalytic Society for metasuper-

vision this spring.

The other arm of Alberta Health & Wellness funding was allotted for payment for individual teaching faculty. These funds were distributed to those who assisted in this fall's practice exams and those who attended the March 17 examiner's workshop to offset lost clinical time, as well as those who lectured in the academic half-days since September 2005. If you have any questions, please contact the program office at 944-1271.

As many of you may already know, Dr Tim Yates has relinquished his GFT status effective March 17. I would like to thank him for his past contributions as Psychotherapy Chair and Child Psychiatry Coordinator for academic clinical learning. Our best wishes in your future pursuits. Dr. Waqar Waheed will be taking over and expanding the role of Education Coordinator for Child Psychiatry. Dr. Janet de Groot will be assuming the role of Chair, RTC Psychotherapy Committee and also expanding the role. Welcome, Waqar and Janet.

Lastly, the resident spring retreat was held March 16 and 17. Reports will be distributed to psychiatrists involved in teaching in the near future. Overall, the residents were very satisfied with their clinical and academic learning opportunities.

Bev Adams

Undergraduate Education

In late January, the Department's Undergraduate Training Committee met for its annual retreat at the Calgary Zoo. Dr. Philip Stokes went through proposed changes to

the clerkship learning objectives, clinical expectations and the on-call pairing with residents, with the committee giving him some very constructive feedback. Dr. Joann McIlwrick discussed the evaluation process and led a lively small group effort to develop new questions for the clerkship test bank of questions. A review of the MIND Course outlined the current strengths and the future challenges in teaching to the medical students, with plans to look at new multimedia ways of getting the messages across.

CaRMS has been successfully wrapped up for another year. Clerks missed a total of 87 weekdays, which averaged to 6.5 weekdays per clerk. Local interest in our specialty remained high this year, thanks to the strong experiences in Med 440, the MIND Course, and clerkship rotations. Of the 14 local applicants, 11 were successful in matching to Psychiatry programs across Canada; they will be distributed from Vancouver to Dalhousie. Congratulations to the 3 students who matched locally - there was lots of competition! All of the matches to the Calgary residency program were the result of excellent experiences in a range of clerkship electives in Adolescent Psychiatry, Short Stay Unit and a variety of Inpatient programs.

I would also like to take this opportunity to welcome Dr. Waqar Waheed to a newly created position that will oversee the educational experiences of medical students and residents in a vast array of clinical and community settings, that are focused on Child and Adolescent Mental Health.

I'll end my report with a reminder that the current group of

clerks are in the last block of the Class of 2006, which ends April 8. After a 2-week reprieve, the Class of 2007 will begin on April 24. Effective this year, the PLC site will increase its maximum clerk numbers to 5 per block.

Thank you to all teaching faculty for another successful clerkship year under our belts - your participation was much appreciated!

Nancy Brager

Continuing Professional Development

Continuing Professional Development (CPD) is an area of academic activities that has undergone many changes in recent years. It is the one area of academics that affects all members of the Department because of the requirement to take active part in this as a condition of Royal College Fellowship and there are changes coming at the Alberta College of Physicians and Surgeons' level that may affect all of us to some degree (more about this later).

In the recent past there were many groups that provided CPD with support from outside the Department (mainly drug companies). Because of the university policies and the Royal College requirements this has been subject to criticism due to a lack of openness and complaints about the perception of conflicts of interest. The University of Calgary, Faculty of Medicine, Office of Continuing Medical Education has acted to ensure openness by requiring that any group with affiliation to the Department of Psychiatry must, as a condition of

accreditation, involve the Departmental CPD committee.

This can most easily be achieved by inviting your group representative at the CPD Committee to sit on the event planning committee. There are requirements for declaration of conflicts of interest by the planning committee members that must be formally documented. In addition, the CPD Committee has access to funds to support and encourage the development of high quality CPD activities. These funds can generally be accessed with less restrictions or paperwork than other university funds.

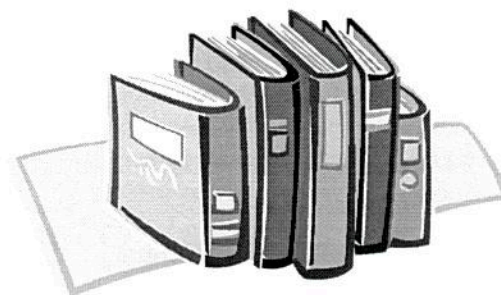
The CPD Committee is committed to supporting a number of special events. A recent example was a three-day Cognitive Behavioural Therapy workshop in February 2006, and an upcoming event would be the reinstitution of an Annual Mood Day planned for February of next year. Our Department is operating an interactive Online Journal Club for psychiatrists across Alberta, Saskatchewan, and BC. After a two-year, small scale, pilot program, this has attracted 33 registrants this year and represents a unique CPD service in North America.

I would like to let everybody know that there have been changes in the Grand Rounds program, in that we now only have speakers who are invited by the organizing committee. Each out of town speaker will be presenting on a topic that is selected by the Rounds Coordinator and paid an honorarium (if appropriate) by the CPD committee. Thus, there will be a clearer distinction between our presenters and industry sponsored events taking place in Calgary, which should lead to improved quality and value for time (which is often more valuable than money to busy clinicians).

Regarding the Alberta College and CPD there are emerging discussions that bear on processes for ongoing licensure. The likelihood is that in future, in order to avoid intrusive and cumbersome re-accreditation examinations, the College will require some form of documentation of CPD activities to maintain specialist licenses. These discussions are at an early stage and I encourage all of you to be aware of these changes and to provide feedback either directly to the licensing body, Alberta Medical Association, Alberta Psychiatric Association, or through the University by way of the CPD Committee structures.

There has been significant growth of CPD activities in recent years with the result that we now have competition to get rounds slots for some popular dates. However, there are also a wide variety of ways that individual psychiatrists can obtain CPD credits at a reasonable cost and with reasonable ease of access.

Steve Simpson



Sebastian K. Littmann Research Day 2006

This year's Sebastian K. Littmann Research Day took place on March 3rd as usual at the Village Park Inn. This is the traditional time for the Seb Littmann day - the first Friday of March - so please mark your calendar for next year. The attendance was good, with over 100 people attending. The scientific agenda included 20 presentations from researchers associated with the Department.

This year's Research Day was, as usual, characterized by a very diverse set of presentations. A particularly strong theme was "health care research" in areas such as performance measurement (Dr. Shawn Currie), evaluation (Sandy Harper-Jaques), outcomes monitoring (Colleen Lucas), systems performance (Dr. David Cawthorpe) and health system redesign (Dr. Chris Wilkes).

Schizophrenia research has been a long-time strength in the Department, and this year presentations were made on conformance with quality standards in schizophrenia care (Emily McKenzie) and the outcomes of a public education initiative (Jen Young).

Clinically oriented presentations included family therapy (Dr. Cherelyn Lakusta), oppositional defiant disorder (Mila Wendt and Libbe Kooistra), smoking cessation (Dr. David Crockford), binge drinking (Dr. Shervin Vakili) and cross-cultural issues (Dr. Assen Alladin). Dr. Tyler Pirlot presented a literature review on issues related to consent/assent for pediatric sibling bone marrow donors.

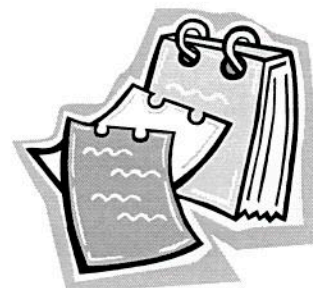
Dr. Andrew Bulloch, a neurosci-

entist who is becoming active in epidemiological research, presented some provocative findings related to antidepressant medication compliance. Contrary to popular opinion, Dr. Bulloch's research suggests that forgetting is the main determinant of non-compliance, a finding that has direct clinical implications.

The day's keynote speaker was Dr. Philip Tibbo from the University of Alberta, who spoke on schizophrenia neuroimaging. The neuroscience theme was strengthened also by two presentations with neuroscience linkages by Drs. Peter Roxburgh and Raj Ramasubbu.

Dr. Rory Sellmer received the annual awards for Best Resident Research Project and Most Innovative Resident Research. Dr. Sellmer is working with Dr. Joann McIlwrick on the development of an "on call card" - an evidence-based portable reference source which offers the promise of bringing evidence to clinical care in a context where traditional knowledge translation vehicles might not work.

Scott Patten



**Mark Your
Calendar:
Littmann
Research Day
2007:
Friday, March 2**



**DR. PHIL
TIBBO**
Keynote Speaker 2006

Inpatient & Emergency Psychiatry

On behalf of the Inpatient and Emergency Psychiatrists, we extend our greetings to all of you who have joined the Calgary Health Region in the past year. Ms. Mischelle vanThiel, Manager of the Department of Psychiatry, informs me that there are 17 new members and 7 more new members starting this summer.

We have an Annual Invitational Golf Tournament and an Annual Curling Bonspiel for an opportunity to meet one another as well as raise funds for the Residents' Scholar Development Fund. There is also a Meet and Greet Fall event sponsored by the Department of Psychiatry, Faculty of Medicine.

For the newcomers, I would like to list the names of the Clinical Medical Directors of the Adult Psychiatric Inpatient Units and the Psychiatric Emergency Services:

Foothills Medical Centre:

Unit 21: Dr. Bev Adams
Unit 22: Dr. Will White
Unit 23: Dr. Pamela Manning
Psychiatric Emergency Service:
Dr. Joann McIlwrick

Peter Lougheed Centre:

Unit 25: Dr. David Gibbs
Unit 27: Dr. John Naylor
Unit 38 (Short Stay Unit):
Dr. Lloyd Maybaum
Psychiatric Emergency Services:
Dr. Lloyd Maybaum

Rockyview General Hospital:

Unit 45: Dr. Kent Sargeant
Unit 49: Dr. Elena Petrov
Psychiatric Emergency Service:

Dr. Mitch Spivak

The above-named Clinical Medical Directors will be playing a pivotal role when we hear the familiar sound of Code Burgundy over the loudspeaker system. Code Burgundy signals that we have reached overcapacity in the system. Under these circumstances, patients are prioritized as to whether they can be discharged at this moment in time to create capacity. It is hoped that more community resources will be made available to support these discharged patients since the South Health Campus will not be completed for several years. In the meantime, there is construction underway for a five storey wing at the Peter Lougheed Centre, which will house the Short Stay Unit on the first floor. We are also collaborating with members of the Day Hospital, Urgent Clinics, Psychiatric Assessment Clinics to see whether we can do things differently to ease the inevitable pressure on beds over the next several years without compromising care. I do appreciate the efforts made by all of the people involved in providing exemplary care, despite the frustrations of not being able to discharge patients who are no longer in active treatment but awaiting placement.

We have established Clinical Teaching Units at all sites in the past few years. To determine where we are at today, there will be a review of the inpatient units to determine if we are doing things right, if there is room for improvement, if we are meeting our teaching objectives, if we have the right resources, if we are providing opportunities for new graduates and if there are better models of prac-

tice for providing the highest level of continuum of care.

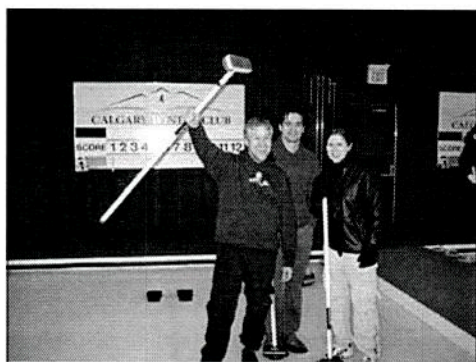
Getting back to our annual events, I would like to thank Ms. Mischelle van Thiel, Ms. Pauline Burgess, Ms. Janet Caldwell and Ms. Sheryl Trowsse for making our first Curling Bonspiel a successful event. I would also like to extend our thanks to Dr. Bev Adams for sponsoring us by putting her name on the line for any damages at the Calgary Winter Club if some of our members got unruly. Fortunately, we all had a great time and we were all well behaved. This event helped to raise around \$11,500 through everyone's generous donations. On behalf of the Department of Psychiatry, I would like to thank you for your contributions to the Residents Scholar Development Fund.



See pictures on page 6 & 7!

I would like to announce that our Fifth Annual Invitational Golf Tournament will be held at the Elbow Springs Golf Course on Monday, June 19, 2006, commencing at 12:30 p.m. The format of the tournament allows for every level of players, so that you can participate without feeling intimidated even if you have never played. I look forward to seeing you at this event.

David Miyauchi

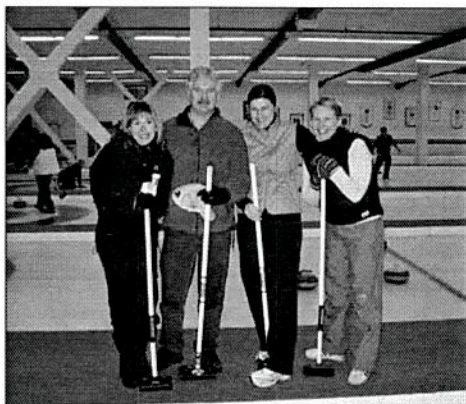


Darcy Muir, Tyler Pirlot, Zara Hande

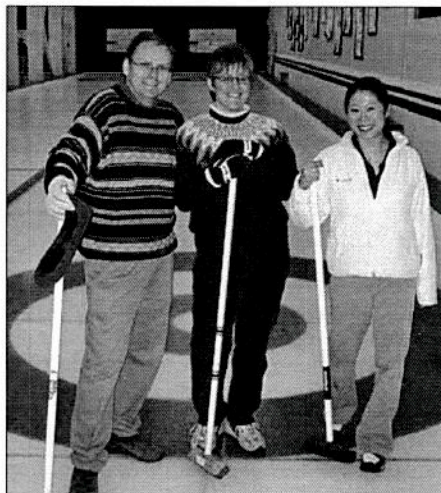
1st Annual Curling Bonspiel



January 16,
2006



Nancy Brager, John Reid, Ursula Zanussi,
Jana Powell-Smith



Mike Trew, Joan Besant, Helen Yeung



David Miyauchi, Robin Mason, Jeremy Quickfall,
Don Addington



Lisa Gagnon, Lauren Zanussi, Bev Adams,
David Crockford

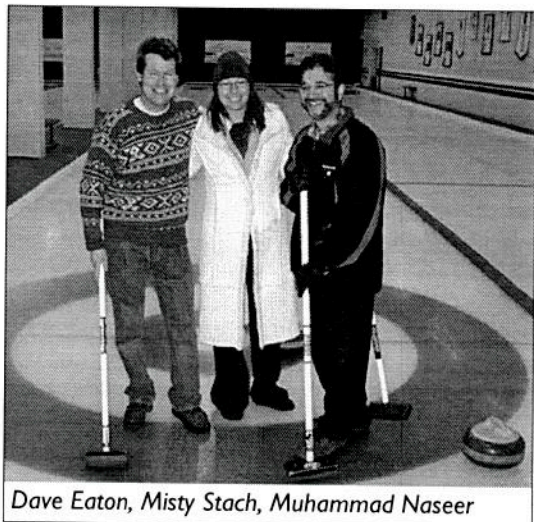


Joann McIlwrick, Shahid Hosain, Lori Hogg, Jordan
Cohen, Kent Sargeant, Roy Turner, John Tuttle



Seabird Crockford, Sara Binder, Reilly Smith,
Janet Caldwell

for the Residents Scholar Development Fund



Dave Eaton, Misty Stach, Muhammad Naseer



Calgary Winter Club



Pat Coll, Marg McKaig, Cristin Fitzgerald, Christine Chang



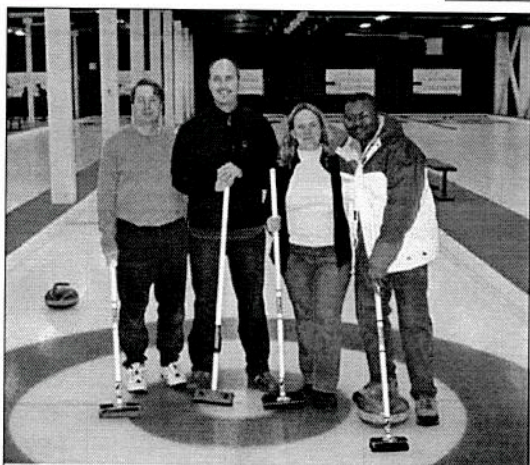
John Bradbury, Pamella Manning, Deji Oluwadairo, Sam Oluwadairo



Dave Gibbs, Paul Reinhardt, David Tano



Joan Besant, Rory Sellmer, Mike Trew, Helen Yeung



Tim Sgouromitis, Will White, Kathy Fitch, Yinka Marcus



Jimmy Vantanajal, Jessica Lyons, Marie Drescher, Salim Hamid



CLINICAL MEDICAL DIRECTOR NURSING UNIT 48, RGH

The Regional Clinical Department of Psychiatry, Calgary Health Region (CHR) is inviting applications for the position of Clinical Medical Director, Nursing Unit 48, Rockyview General Hospital. This position is responsible for the patient care, teaching, research, staff development and administrative duties undertaken by all physicians on this Geriatric Psychiatry unit.

Qualifications for this position include an MD or equivalent, certification in Psychiatry from the Royal College of Physicians and Surgeons of Canada or equivalent and eligibility for licensure in the Province of Alberta.

Please submit curriculum vitae and the names of three referees to:

Dr. Stuart Sanders, Program Medical Director
Geriatric Mental Health & Psychiatry Program
Colonel Belcher Hospital
G114, 1213 - 4 Street SW
Calgary, AB T2R 0X7
stuart.sanders@calgaryhealthregion.ca

CLINICAL MEDICAL DIRECTOR CARNAT CENTRE, PLC

The Regional Clinical Department of Psychiatry, Calgary Health Region (CHR) is inviting applications for the position of Clinical Medical Director, Carnat Centre, Peter Lougheed Centre. This position is responsible for the patient care, teaching, research, staff development and administrative duties undertaken by all physicians within the Carnat Centre, Department of Psychiatry at the Peter Lougheed Centre.

The Carnat Centre at the Peter Lougheed Centre is primarily charged with dealing with assessing, acute stabilization, active rehabilitation, relapse prevention and health promotion of adults with schizophrenia and/or other psychotic disorders.

Qualifications for this position include an MD or equivalent, certification in Psychiatry from the Royal College of Physicians and Surgeons of Canada or equivalent and eligibility for licensure in the Province of Alberta.

Please submit curriculum vitae and the names of three referees to:

Dr. Hugh Colohan
Program Medical Director, Specialized Programs
Claresholm Care Centre
Box 490, 139 - 43 Avenue W
Calgary, Alberta, Canada T0L 0T0
hugh.colohan@calgaryhealthregion.ca



PSYCHIATRISTS interested in **ETHICS** needed for Community Mental Health Clinical Ethics Team

Connie Mahoney, the Mental Health Ethics Coordinator, is looking for a psychiatrist to serve on a community mental health ethics service. Individual psychiatrists have been helping site-based Acute Care Ethics Teams, but we have lacked a Community Mental Health Ethics Team. Connie is establishing a Community Mental Health Clinical Ethics Team and is looking for a psychiatrist to work with the team. It would require participating in a couple of meetings each year, as well as a few specific consultations. Formal training in ethics is not required, since educational support for the whole process is available. Your time would be funded. If you are interested, please contact:

Connie Mahoney
connie.mahoney@calgaryhealthregion.ca
Tel. 875-9639
or Dr. Michael Trew, Program Medical Director
Primary Care
michael.trew@calgaryhealthregion.ca
Tel. 944-3369

CONSULTING PSYCHIATRISTS **CALGARY COUNSELLING CENTRE**

The Calgary Counselling Centre is a non profit organization that provides counselling to 42,000 clients each year. They have had consulting psychiatrists in the past and are looking for both an adult psychiatrist and a child psychiatrist to provide half day consultation services to them. The consultations would be organized in collaboration with family physicians, who would receive the consultation reports.

You can learn more about this by contacting:

Dr. Chris Wilkes
chris.wilkes@calgaryhealthregion.ca
or Dr. Mike Trew
michael.trew@calgaryhealthregion.ca

or you can contact the CEO, Robbie Babins Wagner
Tel. 691-5908
robbie.wagner@calgarycounselling.com

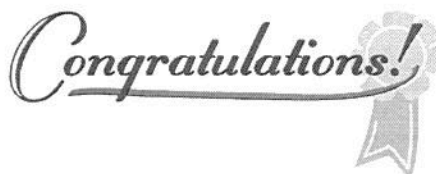
Welcome, Congratulations and Thanks

Welcome back and Congratulations to Dr. Bill Campbell who received an MA in the Philosophy and Ethics of Mental Health from the University of Warwick in the UK. He has also returned to clinical practice after a serious health problem.

Congratulations to Dr. Scott Patten for being promoted to the rank of Professor, and receiving the Faculty of Medicine's Watanabe Distinguished Achievement Award for overall excellence. This recognizes Dr. Patten's substantial contributions in research, education and service.

Dr. Ian Kroll was promoted to Associate Clinical Professor, Department of Psychiatry from Clinical Lecturer by the Faculty of Medicine Promotions Committee. It is an unusual step to miss out on the Assistant Professor level. The decision was made based on Dr. Kroll's related contributions in scholarship and service. For the last decade, he has addressed the issue of suicide and attempted suicide in gay and lesbian youth. As a resident he started a review of the topic. This led to presentations of his review and its implications at national and international meetings. In particular it led to a presentation to the Committee Directorate, Senate of Canada in reference to Bill C 38 (The Civil Marriage Act) and Bill C 33 1996 An Act to amend the Canadian Human Rights Act. His scientific review was submitted as a National Document, Library of Parliament of Canada May 2, 1996. Dr. Kroll has conceptualized his

approach as one of advocacy and population based intervention. The Department is pleased that his decade of effort has been recognized by the Faculty of Medicine with this



promotion. In the last year Dr. Kroll has shifted his attention to Palliative Care and has rejoined the Regional Clinical Department of Psychiatry to consult to Palliative Care Programs in the Community.

U of C medical students annually recognize excellence in teaching and mentorship with the Gold Star and Calgary Medical Students Association (CMSA) Letter of Excellence Awards. This year's recipient for the Class of 2007: Human Development - Family Issues CMSA Letter of Excellence Lecturer is Dr. Karl Tomm. Congratulations!

Andriyka Papish, a U of C Med student who will be joining our program in July, accepted the American Psychiatric Association (APA) and the Calgary Department of Psychiatry SIGN program grant to attend the APA's next Annual Meeting May 20-25, 2006 in Toronto. This is the first year that the APA is providing financial coverage for Canadian and American students interested in Psychiatry to attend their Annual Meeting, so congratulations Andriyka, you're a history-maker!

Due to the fact that the Foothills Hospital Medical Staff Association has made a profit from the Docs

Café at the Foothills, it has been able to make available two Resident Scholarships. These scholarships are to recognize outstanding leadership among residents. Psychiatry Resident Dr. Karin Kerfoot was one of the residents who was awarded this scholarship.

On a national level, Dr. Kerfoot has been selected by the Canadian Medical Association to receive the 2006 CMA Award for Young Leaders (resident). This award is presented to only one resident in Canada each year, so this is quite an achievement! The CMA Award for Young Leaders is intended to celebrate the efforts of young physician leaders of tomorrow for their efforts today. In recognizing these efforts, the CMA presents the award to one student, one resident and one early career physician (5 years post-residency) member who has demonstrated exemplary dedication, commitment and leadership in one of the following domains: political, clinical, education, research and/or community service. Relative to these domains, nominees must have exemplified creativity and initiative and are committed to making a difference; been active and effective at the local, provincial/territorial and/or national level and acted as a positive and effective role model for their peers and colleagues. In making this award, the CMA Board of Directors recognizes commitment to excellence in research, teaching and providing a high standard of patient care. Dr. Kerfoot was invited to travel to Charlottetown, PEI in August to receive the award. The CMA will

issue a news release to national media one month prior to its annual general meeting announcing all CMA award recipients.

Dr. Nady el-Guebaly informed us that Kate Diskin, who recently joined the Addictions Program, has been awarded the International Conference on Treatment of Addictive Behaviors New Investigator Award for outstanding research on the treatment of addictive behaviors. This is the top psychology addictions conference. Her dissertation research was on Effects of a single session of motivational intervention on problem gambling behavior funded by the Alberta Gaming Research Institute, and co-authored by Dr. David Hodgins. This is the second award Kate received for her promising research.

Dr. Rory Sellmer was the recipient of both residents awards at the annual Sebastian K. Littmann Research Day for Best Resident Research Project and Most Innovative Resident Research. Dr. Sellmer is working with Dr. Joann McIlwrick on the development of an "on call card" -

an evidence-based portable reference source which offers the promise of bringing evidence to clinical care in a context where traditional knowledge translation vehicles might not work.

THANK YOU

Congratulations to the following recipients of the highest award in the Calgary Health Region, the PeopleFirst Award, for their success as part of the Shared Care Team, which is regarded by the Region as a great example of an innovative approach to service delivery that is having a positive impact on client care:

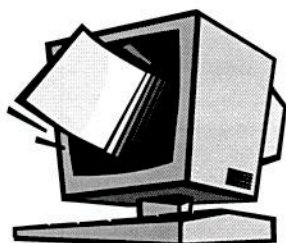
Ms. Tracy Bauer
Dr. Hussam Bawa
Dr. Margaret Churcher
Ms. Heather Coburn
Ms. Dawn Deering
Ms. Melanie Driedger
Dr. Leslie Ellestad

Dr. Jasen Elliott
Dr. Terry Fauvel
Ms. Nancy Ford
Dr. Bill Halliday
Ms. Sherry Harris
Dr. Clint Hirst
Ms. Tena Hoekstra
Dr. Mark Joyce
Dr. Jane McCrudden
Ms. Sheila Molyneaux
Dr. Margaret Oakander
Dr. Dennis Pusch
Dr. Paul Ragusa
Ms. Carol Rupcich
Dr. Wendy Tink
Dr. Michael Trew

Last, but certainly not least we would like to thank Dr. Stephen Boucher who is stepping down after more than seven years from his position as Clinical Medical Director at the Carnat Centre, PLC. Dr. Boucher recently took on the role of Clinical Medical Director and Staff Psychiatrist of the Operational Stress Injury Clinic with Carewest and the Calgary Health Region. He will continue to have a strong clinical involvement with the Centre to support the outpatient programming and rehabilitation activities.

MIND MATTERS ONLINE

Mind Matters is also available online.
Check it out at:
www.calgaryhealthregion.ca/clin/psych



Mind Matters

The Newsletter for the Regional Clinical Department of Psychiatry

is distributed quarterly to
all psychiatry medical staff and faculty,
psychiatry residents,
Program Directors and Program Medical Directors,
CHR Executive Medical Directors and VP's,
CHR CEO, CMO and CCO, Chair MAB,
and psychiatry support staff.

Submissions & Inquiries:
janny.postema@calgaryhealthregion.ca
Phone 944-1296
Fax 270-3451

Mind  Matters

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