June 2021

Thank you for considering Child and Adolescent Psychiatry subspecialty training at the University of Calgary!

In the fall of 2009, the Royal College of Physicians and Surgeons of Canada accepted Child and Adolescent Psychiatry as a fully recognized subspecialty of psychiatry. This year marks a departure from the traditional time-based training model and a move to Competence By Design for CAP training, however, general psychiatry remains in the old model. This will mean that your PGY-5 year will include elements of both before moving onto a pure CBD model in your PGY-6 year.

We have an excellent program that has consistently graduated Child and Adolescent psychiatrists of the highest calibre. Based on the current need for Child and Adolescent Psychiatrists and the capacity to train residents, the University of Calgary is recruiting three resident/sub-specialty trainees per year.

The University of Calgary is in a strong position to support its Child and Adolescent Psychiatry Residency Training Program with over 40 Child and Adolescent Psychiatrists on faculty. We have an excellent centralized intake system that accepts referrals into a variety of practice settings across the spectrum of need. There are excellent opportunities for research with solid administrative support for teaching and educational placements.

We pride ourselves on providing a variety of rotation options that balance meeting Royal College requirements while allowing trainees flexibility to explore their interests. Our goal is to help trainees to develop personally and professionally by offering a wide spectrum of training opportunities within a small, close-knit program. Rotation options include inpatient care at any of our four different units as well as ambulatory clinics and community sites, including with our community partners of Hull Services and Woods Homes. Eating disorders, child development, child welfare, forensic psychiatry, family therapy, neuropsychiatry, and school-based consultation are just a few examples of electives that are available. Many residents have also created their own electives in collaboration with the program, including addictions and rural mental health.

Wellness is a cornerstone of the program. Residents have protected academic half-days every Thursday and reduced mandatory call requirements during their sixth year. There is a book fund to be used to offset the cost of learning materials and help pay for conferences and other learning opportunities. Trainees are encouraged to maintain a healthy work-life balance and avail themselves to the many amazing restaurants, events, and natural wonders that this city and the surrounding area have to offer!
Cumming School of Medicine

We hope you will consider applying to our program. Please feel free to contact me if you require additional information.

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