



BRAINWORKS

The International Inflammatory
Brain Disease Outcome Study

Granulomatous Inflammatory Brain Disease (Neurosarcoidosis) Treatment Protocols

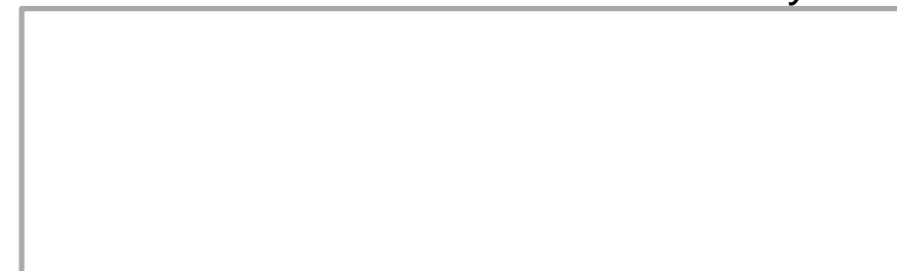
Last updated July 2022

BrainWorks IBrainD Protocol

Granulomatous inflammatory brain disease (neurosarcoidosis)

(Treat for 12 months)

Months 0 – 6:



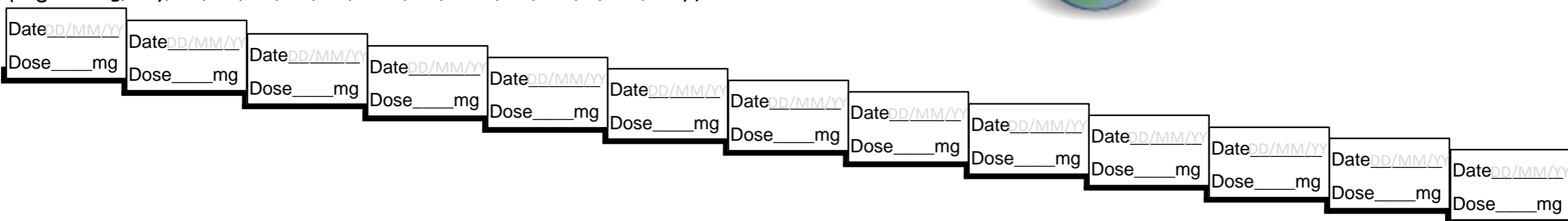
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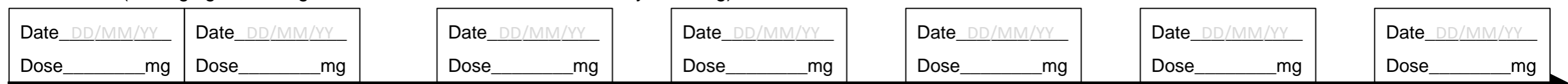
Prednisone daily

2mg/kg (max 60mg) tapering every 2 weeks

(e.g. 60 mg/day, 50, 40, 30, 25, 20, 17.5, 15, 12.5, 10, 7.5, 5, 2.5, stop)



Infliximab (7.5 mg/kg IV, at diagnosis and after 2 weeks, then monthly following)



Choose:

Mycophenolate mofetil (800-1200 mg/m² divided BID) Dose: _____mg

or

Mycophenolic acid (500-800 mg/m² divided BID) Dose: _____mg

Calcium (1000 mg/day PO)

Vitamin D (1000 IU/day PO)

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Granulomatous inflammatory brain disease (neurosarcoidosis)

(Treat for 12 months)

Months 7 – 12:



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Infliximab (7.5 mg/kg IV monthly)

Date <u>DD/MM/YY</u>
Dose _____mg

Date <u>DD/MM/YY</u>
Dose _____mg

Date <u>DD/MM/YY</u>
Dose _____mg

Date <u>DD/MM/YY</u>
Dose _____mg

Date <u>DD/MM/YY</u>
Dose _____mg

Date <u>DD/MM/YY</u>
Dose _____mg

Mycophenolate mofetil (800-1200 mg/m² divided BID) Dose: _____mg

or

Mycophenolic acid (500-800 mg/m² divided BID) Dose: _____mg

Calcium (1000 mg/day PO)

Vitamin D (1000 IU/day PO)
