



**BRAINWORKS**

The International Inflammatory  
Brain Disease Outcome Study

# **Transverse Myelitis Treatment Protocol**

Last updated June 2022

# BrainWorks IBrainD Protocol

## Transverse myelitis (Treat for 6 months)



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### IV Methylprednisolone pulses

30mg/kg (max 1g)

x \_\_\_\_\_ days (3-7)

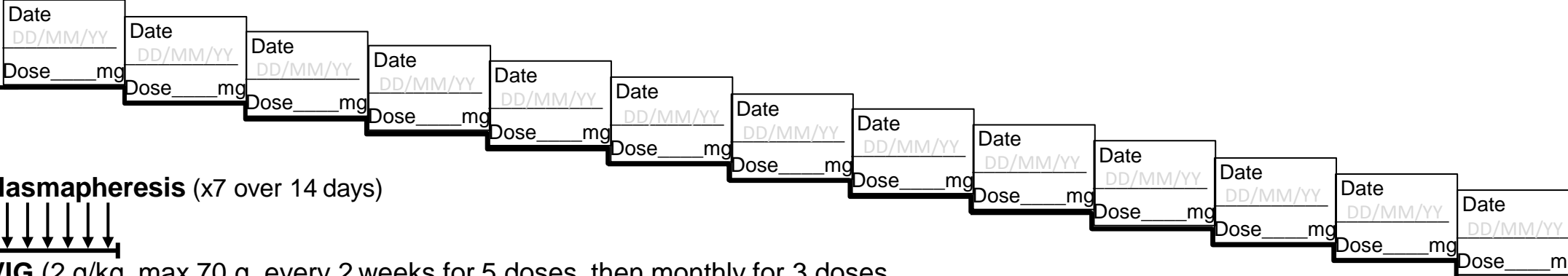
Start date DD/MM/YY

Dose \_\_\_\_\_ mg

### Prednisone PO daily

2 mg/kg (max 60 mg) tapering every 2 weeks

(e.g. 60 mg/day, 50, 40, 30, 25, 20, 17.5, 15, 12.5, 10, 7.5, 5, 2.5, stop)



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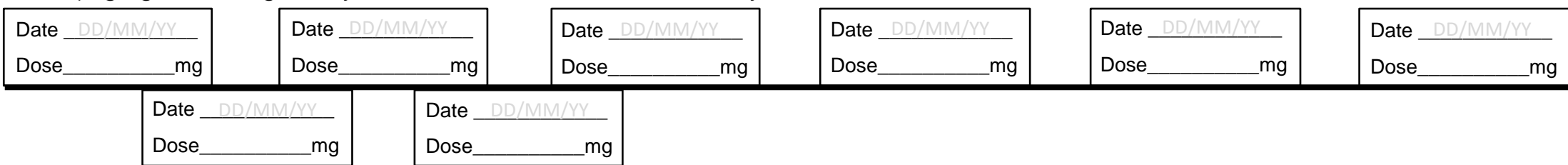
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### Plasmapheresis (x7 over 14 days)



### IVIG (2 g/kg, max 70 g, every 2 weeks for 5 doses, then monthly for 3 doses)



Date DD/MM/YY Dose \_\_\_\_\_ mg

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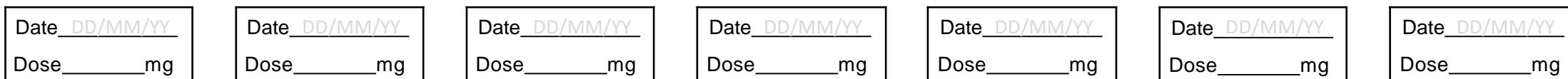
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### Cyclophosphamide (500-750 mg/m<sup>2</sup> monthly x 7 doses)



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Mycophenolate mofetil (800-1200 mg/m<sup>2</sup> divided BID) Dose: \_\_\_\_\_ mg

or

Mycophenolic acid (500-800 mg/m<sup>2</sup> divided BID) Dose: \_\_\_\_\_ mg

Calcium (1000 mg/day PO)

Vitamin D (1000 IU/day PO)

\*Including Anti-NMDAR encephalitis, PANDAS, Hashimoto encephalitis, etc.