



**BRAINWORKS**  
The International Inflammatory  
Brain Disease Outcome Study

# **Autoimmune Channelopathy Inflammatory Brain Disease Treatment Protocol**

Last updated December 2014

# BrainWorks IBrainD Protocol

Central nervous system autoimmune **channelopathies\***

Treat for 6 months

**Choose combination as clinically appropriate:**

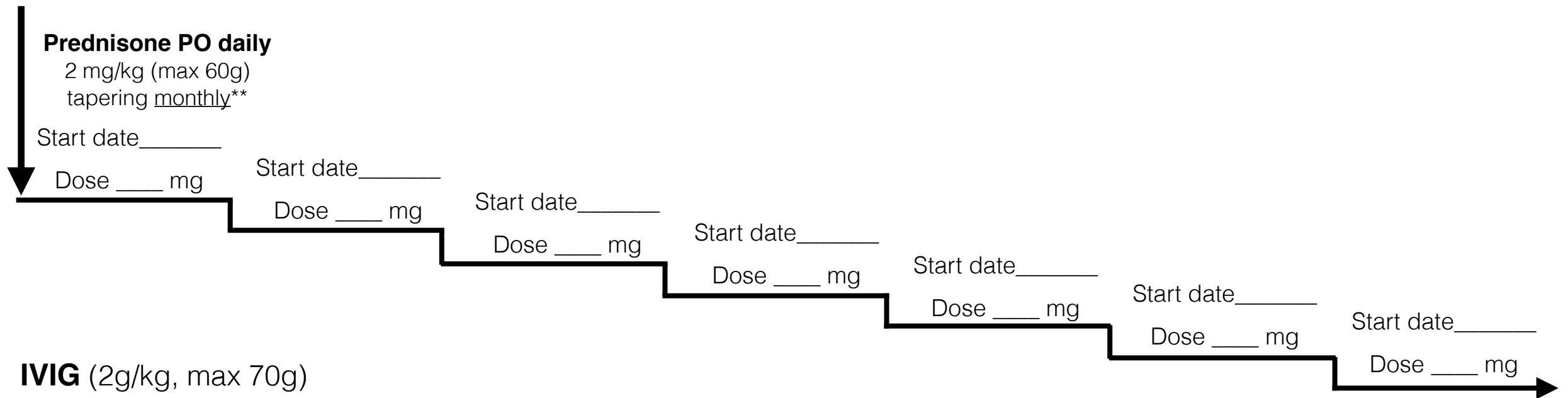
**Steroids**

**IV Methylprednisolone pulses**

30mg/kg (max 1g)

x \_\_\_\_\_ days (3-7)

Start date \_\_\_\_\_



**IVIG** (2g/kg, max 70g)

Date _____	Date _____	Date _____	Date _____	Date _____	Date _____	Date _____
Dose _____ mg	Dose _____ mg	Dose _____ mg	Dose _____ mg	Dose _____ mg	Dose _____ mg	Dose _____ mg

**Mycophenolate mofetil** (800-1200 mg/m<sup>2</sup> divided BID) Dose: \_\_\_\_\_ Stop date \_\_\_\_\_

*or*

**Mycophenolic acid** (500-800 mg/m<sup>2</sup> divided BID) Dose: \_\_\_\_\_ Stop date \_\_\_\_\_

**Calcium** (1000 mg/day PO)

**Vitamin D** (1000 IU/day PO)

\* Excluding NMDAR encephalitis but including VGKC-ab limbic encephalitis, AMPAR-ab encephalitis, neuromyelitis optica, and glycine receptor antibody-associated disorder

\*\* Example prednisone taper schedule: 60 mg/day, 50, 40, 30, 25, 20, 17.5, 15, 12.5, 10, 7.5, 5, 2.5, stop



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