



**BRAINWORKS**  
The International Inflammatory  
Brain Disease Outcome Study

# **Granulomatous Inflammatory Brain Disease Treatment Protocols**

Last updated December 2014

# BrainWorks IBrainD Protocol

**Granulomatous** inflammatory brain disease\*

0 - 6 months (Treat for 12 months)



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**Prednisone PO daily**

2 mg/kg (max 60g)  
tapering biweekly\*\*

Date _____	Date _____	Date _____	Date _____	Date _____	Date _____	Date _____	Date _____	Date _____	Date _____	Date _____	Date _____	Date _____	Date _____	Date _____
Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____

**Infliximab** (5-7.5 mg/kg I.V. at diagnosis and 2 weeks, then monthly following)

Date _____	Date _____	Date _____	Date _____	Date _____	Date _____	Date _____
Dose _____	Dose _____	Dose _____ mg	Dose _____ mg	Dose _____ mg	Dose _____ mg	Dose _____ mg

Choose:

**Mycophenolate mofetil** (800-1200 mg/m<sup>2</sup> divided BID) Dose: \_\_\_\_\_

or

**Mycophenolic acid** (500-800 mg/m<sup>2</sup> divided BID) Dose: \_\_\_\_\_

or

**Methotrexate** (10-15 mg PO/subcutaneously weekly) Dose: \_\_\_\_\_

**Calcium** (1000 mg/day PO)

**Vitamin D** (1000 IU/day PO)

**Folic Acid** (1 mg/day PO)

\* Including neurosarcoidosis and ANCA-associated vasculitis  
\*\* Example prednisone taper schedule: 60 mg/day, 50, 40, 30, 25, 20, 17.5, 15, 12.5, 10, 7.5, 5, 2.5, stop

# BrainWorks IBrainD Protocol

**Granulomatous** inflammatory brain disease\*

7 - 12 months (Treat for 12 months)



## BRAINWORKS

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**Infliximab** (5-7.5 mg/kg IV monthly)

Date \_\_\_\_\_  
Dose \_\_\_\_\_ mg

Date \_\_\_\_\_  
Dose \_\_\_\_\_ mg

Date \_\_\_\_\_  
Dose \_\_\_\_\_ mg

Date \_\_\_\_\_  
Dose \_\_\_\_\_ mg

Date \_\_\_\_\_  
Dose \_\_\_\_\_ mg

Date \_\_\_\_\_  
Dose \_\_\_\_\_ mg

**Mycophenolate mofetil** (800-1200 mg/m<sup>2</sup> divided BID) Dose: \_\_\_\_\_

*or*

**Mycophenolic acid** (500-800 mg/m<sup>2</sup> divided BID) Dose: \_\_\_\_\_

*or*

**Methotrexate** (10-15 mg PO/subcutaneously weekly) Dose: \_\_\_\_\_

**Calcium** (1000 mg/day PO)

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