



BRAINWORKS
The International Inflammatory
Brain Disease Outcome Study

Granulomatous Inflammatory Brain Disease Treatment Protocols

Last updated December 2014

BrainWorks IBrainD Protocol

Granulomatous inflammatory brain disease*

0 - 6 months (Treat for 12 months)



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Prednisone PO daily

2 mg/kg (max 60mg)

tapering biweekly**

Date_____	Date_____	Date_____	Date_____	Date_____	Date_____	Date_____	Date_____	Date_____	Date_____	Date_____	Date_____	Date_____	Date_____	Date_____
Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____	Dose _____

Infliximab (5-7.5 mg/kg I.V. at diagnosis and 2 weeks, then monthly following)

Date_____	Date_____	Date_____	Date_____	Date_____	Date_____	Date_____
Dose _____	Dose _____	Dose _____ mg	Dose _____ mg	Dose _____ mg	Dose _____ mg	Dose _____ mg

Choose:

☐ **Mycophenolate mofetil** (800-1200 mg/m² divided BID) Dose:_____

or

☐ **Mycophenolic acid** (500-800 mg/m² divided BID) Dose:_____

or

☐ **Methotrexate** (10-15 mg PO/subcutaneously weekly) Dose:_____

Calcium (1000 mg/day PO)

Vitamin D (1000 IU/day PO)

Folic Acid (1 mg/day PO)

* Including neurosarcoidosis and ANCA-associated vasculitis

** Example prednisone taper schedule: 60 mg/day, 50, 40, 30, 25, 20, 17.5, 15, 12.5, 10, 7.5, 5, 2.5, stop

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Granulomatous inflammatory brain disease*

7 - 12 months (Treat for 12 months)



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Infliximab (5-7.5 mg/kg IV monthly)

Date _____	Date _____	Date _____	Date _____	Date _____	Date _____
Dose _____ mg	Dose _____ mg	Dose _____ mg	Dose _____ mg	Dose _____ mg	Dose _____ mg

☐ **Mycophenolate mofetil** (800-1200 mg/m² divided BID) Dose: _____

or

☐ **Mycophenolic acid** (500-800 mg/m² divided BID) Dose: _____

or

☐ **Methotrexate** (10-15 mg PO/subcutaneously weekly) Dose: _____

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