



**BRAINWORKS**  
The International Inflammatory  
Brain Disease Outcome Study

# **Transverse Myelitis**

## Treatment Protocol

Last updated December 2014

# BrainWorks IBrainD Protocol

## Transverse myelitis (Treat for 6 months)



**BRAINWORKS**

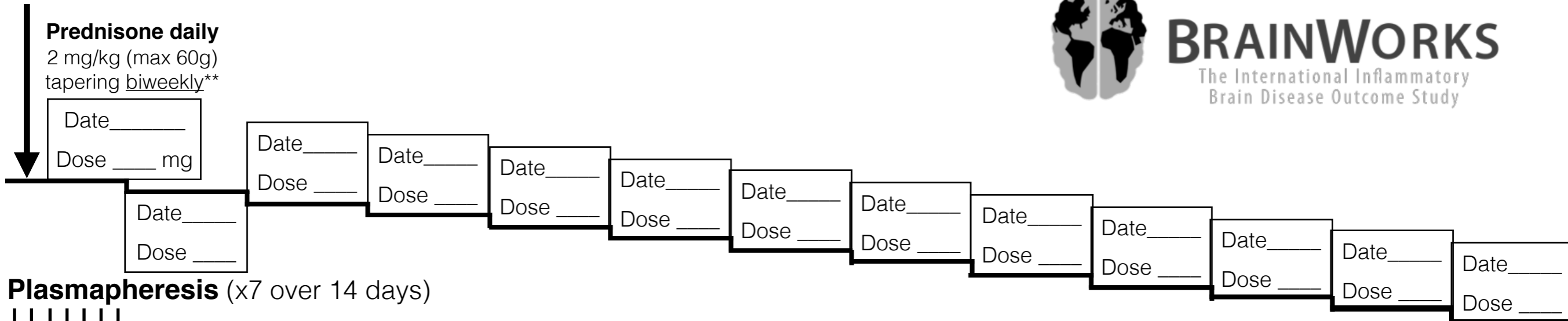
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### IV Methylprednisolone pulses

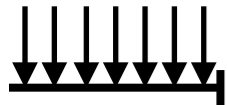
30mg/kg (max 1g)  
x \_\_\_\_\_ days (3-7)

### Prednisone daily

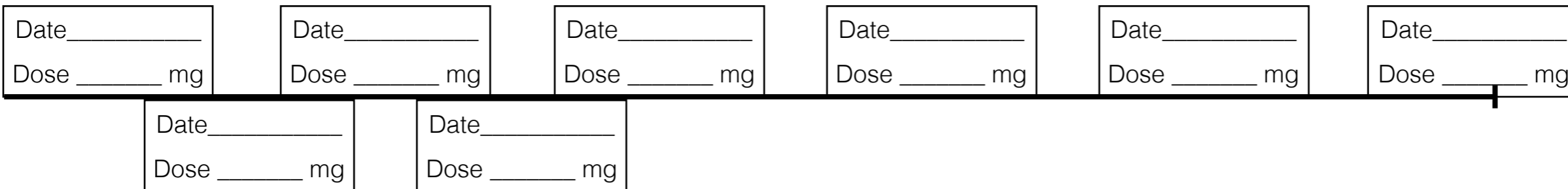
2 mg/kg (max 60g)  
tapering biweekly\*\*



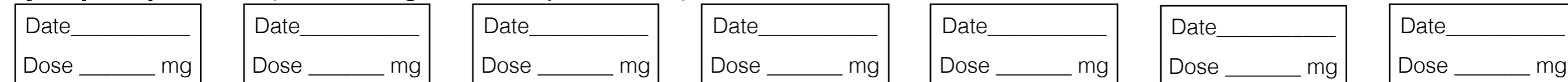
### Plasmapheresis (x7 over 14 days)



### IVIg (2g/kg, max 70g, bi-weekly for 5 doses, then monthly for 3 doses)



### Cyclophosphamide (500-750 mg/m<sup>2</sup> monthly x 7 doses)



**Mycophenolate mofetil** (800-1200 mg/m<sup>2</sup> divided BID) Dose: \_\_\_\_\_

or

**Mycophenolic acid** (500-800 mg/m<sup>2</sup> divided BID) Dose: \_\_\_\_\_

**Calcium** (1000 mg/day PO)

**Vitamin D** (1000 IU/day PO)

\*Including Anti-NMDAR encephalitis, PANDAS, Hashimoto encephalitis, etc.

\*\* Example prednisone biweekly taper schedule: 60 mg/day, 50, 40, 30, 25, 20, 17.5, 15, 12.5, 10, 7.5, 5, 2.5, stop