



BRAINWORKS
The International Inflammatory
Brain Disease Outcome Study

Transverse Myelitis

Treatment Protocol

Last updated December 2014

BrainWorks IBrainD Protocol

Transverse myelitis (Treat for 6 months)



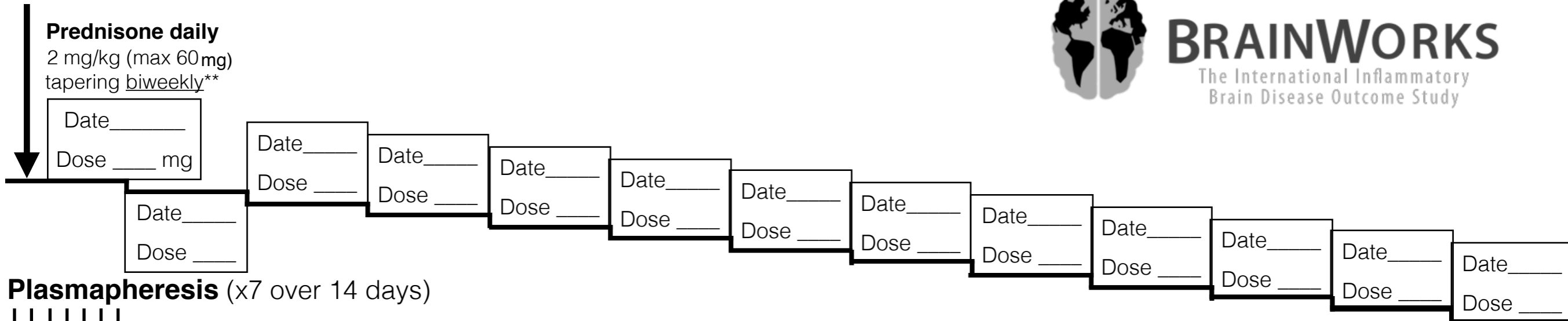
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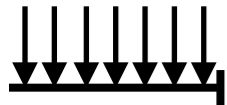
IV Methylprednisolone pulses

30mg/kg (max 1g)
x _____ days (3-7)

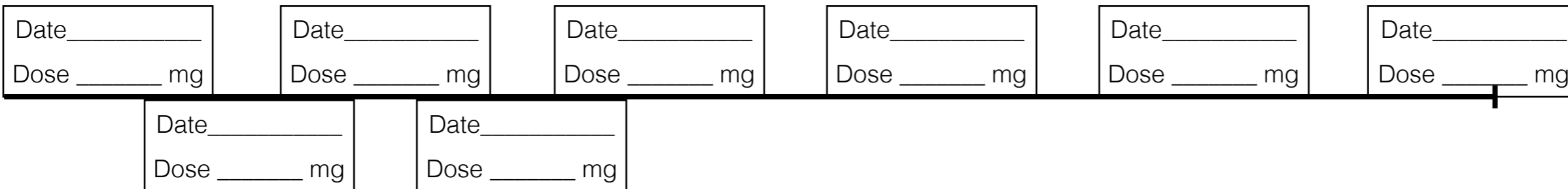
Prednisone daily
2 mg/kg (max 60mg)
tapering biweekly**



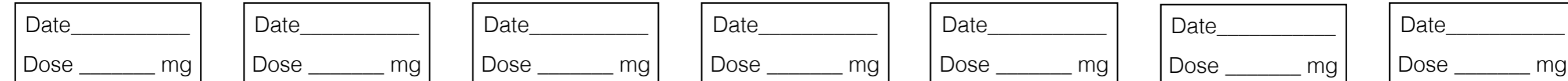
Plasmapheresis (x7 over 14 days)



IVIg (2g/kg, max 70g, bi-weekly for 5 doses, then monthly for 3 doses)



Cyclophosphamide (500-750 mg/m² monthly x 7 doses)



Mycophenolate mofetil (800-1200 mg/m² divided BID) Dose: _____

or

Mycophenolic acid (500-800 mg/m² divided BID) Dose: _____

Calcium (1000 mg/day PO)

Vitamin D (1000 IU/day PO)

*Including Anti-NMDAR encephalitis, PANDAS, Hashimoto encephalitis, etc.

** Example prednisone biweekly taper schedule: 60 mg/day, 50, 40, 30, 25, 20, 17.5, 15, 12.5, 10, 7.5, 5, 2.5, stop