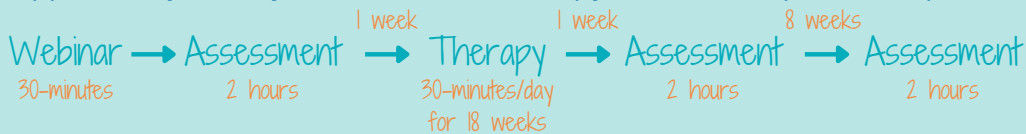


STUDY UPDATES JULY TO DECEMBER 2023

HEIGHTEN Study Overview

HEIGHTEN involves home-based upper limb therapy for babies and toddlers who have a less preferred hand/arm. Each child's caregiver delivers therapy, supported by weekly visits with their therapy team. Participants complete:



The study is investigating whether the therapy is feasible and effective for achieving hand function goals and for improving use of the less preferred hand/arm.



Progress

- Study enrolment closed as planned after 12-months of recruitment at two sites (Calgary and Edmonton AB).
- Enrolment met the target of 20 participants, with all assessments to be completed by March 2024.
- Study results will be shared with participants mid-2024.
- Each site continues to offer therapy based on HEIGHTEN.

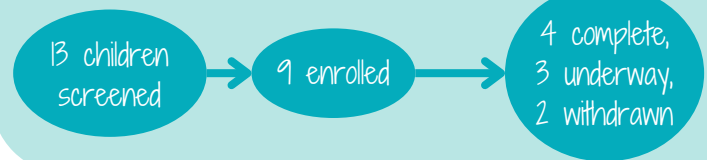
Calgary Updates

- May 2023: Study enrolment closed.



Edmonton Updates

- September 2023: Study enrolment closed.



What Parents are Saying

"I learned SO MUCH about how I can support my daughter in her ongoing therapy - how to tweak everyday activities to make them applicable to her therapy, and to develop her dexterity. ALSO: we saw great results!"

Are you interested in helping to improve HEIGHTEN?

- We'd love to hear your ideas!
- Your input will help make sure the program and resources (website, manual) are useful for future families and clinicians. Your time will be compensated.
- We are also updating photos & videos, and welcome contributions.
- Contact Alicia if you might be interested or have questions: alicia.hilderley@ahs.ca



Scan QR code or
[click here](#)
for study website