

Fall 2024 Study Updates

PHASE 1: SURVEY

The INTERPLAY survey closed in January 2024. Questions asked about barriers & facilitators to early intensive hand therapy for young children with cerebral palsy.

We received replies across Canada from:

- 15 Parents/caregivers
- 54 Occupational therapists (OT)
- 11 OT program managers/leaders



Click or scan the QR code to read more about how we identified strategies:



PHASE 2: STRATEGIES

Our research team identified 21 ways (strategies) to support facilitators and/or address barriers.

PHASE 3: INTERVIEWS

From June to September 2024, we conducted interviews to learn more about Phase 1 barriers & facilitators and Phase 2 strategies. We learned from:

- 9 Parents/Caregivers
- 10 Occupational therapists (OTs)
- 6 OT program managers/leaders

UPCOMING

- November 2024: We will complete Phase 4 to create a list of priority strategies.
- Throughout 2025: We will create the strategies and share them widely across Canada.







Phase One used a survey to identify barriers & facilitators to early hand therapy

PHASE ONE

Phase Two

used survey data to identify implementation evaluate Phase strategies. One and Phase Two findings











use a co-design session to refine and prioritize the implementation strategies











RESOURCES



What is an *implementation strategy*?

Implementation strategies are the actions taken to support uptake of evidence-based interventions, like early hand therapy. A list of example strategies can be found <u>here</u>.

These early hand therapy resources were created by teams that include INTERPLAY members.

- 1 Try out the new tool for creating early hand therapy programs from Holland Bloorview Kids Rehabilitation Hospital.
- 2 Check out an early intervention website designed for families and clinicians, hosted by the University of Calgary.





Make your own Baby-CIMT program with a curated list of activities



2



Click or scan





STAY CONNECTED

Interested in study updates? Curious about participating? Sign up for our contact list here.

THANK YOU!

The INTERPLAY study is possible because of your interest and participation, and the efforts of our national team of parents, occupational therapists, team leads, researchers, and physicians.







