









# COVID-19

## OR – PPE Doffing

Recommendations for operating room staff & physicians.  
Ideally followed & completed with a PPE Buddy.

1.	2 <sup>nd</sup> Pair of Gloves		<ul style="list-style-type: none"> <li>Remove outer gloves</li> <li>Discard into garbage</li> </ul>
2.	Gown		<ul style="list-style-type: none"> <li>Untie side tie and have someone else untie the two sets of back ties. Doff gown as per usual method</li> <li>Discard into linen hamper</li> </ul>
3.	Gloves		<ul style="list-style-type: none"> <li>Remove gloves as per usual method</li> <li>Discard into garbage</li> </ul>
4.	Hand Hygiene		<ul style="list-style-type: none"> <li>Use ABHR or soap and water</li> <li>If soap and water are used, must dry with paper towel</li> </ul>
5.	Eye Protection		<ul style="list-style-type: none"> <li>Face shield or goggles</li> <li>Handle only by headband or strap</li> <li>Carefully pull away from face</li> <li>Put reusable items in appropriate area for cleaning</li> <li>Put disposable items into garbage</li> </ul>
6.	Hand Hygiene		<ul style="list-style-type: none"> <li>If hands look and feel clean, use ABHR</li> <li>If hands are dirty or sticky, wash with soap and water; must dry with paper towel</li> </ul>
7.	N95 Respirator		<ul style="list-style-type: none"> <li>Bend forward slightly, touching only the straps, carefully remove the mask from your face</li> <li>Start with bottom strap; follow with top strap</li> <li>Discard mask in the garbage</li> </ul> <p><b>Note:</b> All styles of N95 respirators have the same basic steps for doffing</p>
8.	Hand Hygiene		<ul style="list-style-type: none"> <li>Clean hands with ABHR or soap and water</li> <li>If soap and water are used, you must dry with paper towel</li> </ul>

You **MUST** doff your bouffant head cover and retrieve all personal items (including pagers & cellphones) **AFTER** exiting a semi-restricted space.

For more information or annotation, contact: [ipcsurvstdadmin@ahs.ca](mailto:ipcsurvstdadmin@ahs.ca)