



Words of Wisdom by Werle!

Greetings!

It's early March and hopefully your New Year's resolutions are still intact!

My resolution was to exercise daily but I think that one failed on about January 4th. I do hope you and your families had a restful and pleasant holiday season.

So far, 2019 has been busy within the Section of Orthopaedics. Thank you to all members who attended the Strategic Planning Retreat at the Banff Centre on Jan. 26/27. The Next Institute did a great job of collating our plans into six themes: Unity, Patient-Centric, Non-Clinical Activity, Data, Department of Surgery, and OR Allocation/Senior Surgeon Policy/On Call. The Section is in the process of establishing working groups to address action items within these themes. Thank you to those that have stepped up to lead the working groups and for those members that are participating in these activities over the next few months.

The strategic planning process will culminate in a spring event with a fulsome plan to guide our clinical and academic activity within the Section for the next five years.

The Section is actively working on its budget for the 2019/20 Fiscal Year. Stay tuned for more information at upcoming Section meetings.

Finally, on behalf of the Section, I would like to wish all of our R5's the best of luck at their upcoming Royal College examinations in May. Show them what you know!

Education – Making the Grade!

- CaRMS match announced on February 26 and in July our new incoming residents (all from the University of Calgary) will be: Erin Davison, Christopher Flanagan, Bryan Heard, and Christopher Hewison
- Geoff Cragg Ski Day took place on February 28 (thanks to all that provided resident sponsorship!)
- Dr. Spencer Montgomery has been awarded the Helios UCMG Post Fellowship Award for 2019
- Dr. Jonathan Bourget-Murray has been invited to attend the 2019 McCollister Evarts Leadership Forum in June 2019
- Dr. Murray Wong has been accepted to the UofC Biomedical Engineering Graduate Program in 2019
- Annual Spencer McLean Classic Residents vs Faculty Hockey Game on April 18 at 8:30 pm – whom will you be cheering for?!



Dr. Carol Hutchison took part in the CSM MedShave 2019 which took place on Valentine's Day (she continues to look beautiful with her new hair-do!)

Research – Skeletal Mentions!

- Our thanks to all who submitted applications in the COREF 2018 Competition and we Congratulate all Awardees (as well as their co-applicants and supervisors): Fellows: Drs. Bansal, Halai, Parkar; Residents: Drs. Litowski, Montgomery, Wong, You, and the CORR Group!
- The December 2018 Research Portfolio Stats Workshop, lead by Dr. Soroceanu, was such a success we plan on offering it again this year!
- Presently recruiting a McCaig/Orthopaedics Research Associate to help shepherd projects (conception/collaboration/funding/and beyond)
- 12 strong proposals were received for our Faculty Seed Grants (Awardees to be announced in March) - thanks to all of our volunteer reviewers
- In the near future we will be accepting applications for new and renewal research assistant salary matching awards
- Resident Research Day will be taking place on Thursday April 25th in the Libin Theatre (podiums) and Hippocrates Atrium (ePosters)

Kudos Korner – Congratulations go to

- Fall 2018 Dr. Richard Buckley (along with Drs. Duffy, Dodd, LaMothe, Korley, Martin, Alhamzah, Bansal, You and Thomas) hosted a very large AO Operating Room personnel course which was very well received!
- Former resident Dr. Devin Lemmex let us know that he has recently accepted a position in Winnipeg and will be working along side his classmate Dr. Jarret Woodmass
- Dr. Aaron Bois chaired the 2019 Canadian Shoulder and Elbow Society Course which was recently held Calgary and it was a huge success!
- Dr. Elaine Joughin was a planning committee member for the 5th Annual MSK Pearl Course on "Sidelines Management of Athletic Injury" which took place in Red Deer in February
- Dr. Mike Monument for being featured in the Alberta Cancer Foundation's Leap Magazine Winter 2019 Edition (pgs 38-41)
- Some recent publications:

Ng R, Shabani-Rad MT: Results of Octaplex for reversal of warfarin anticoagulation in patients with hip fracture. Can J Surg. 2018 Oct 1;61(6):18017. (doi: 10.1503/cjs.018017)

Kendal J, Thomas K, Lo IKY, Bois A: Clinical outcomes and complications following surgical management of traumatic posterior sternoclavicular joint dislocations: A systematic review. JBJS Reviews: November 06, 2018 - Volume Latest Articles - Issue - p (doi: 10.2106/JBJS.RVW.17.00157)

Cinats D, Miller S, Abusara Z, Heard SM, Hutchison C, Schachar N, Timmermann S: Evolution of a novel tissue preservation protocol to optimize osteochondral transplantation outcomes. Cartilage. November 22, 2018 : (https://doi.org/10.1177/1947603518812557)

Saini R, Railton P, Boyd J, Sadrzadeh H, Powell JN: Concordance between laboratories in metal ion testing in patients with metal-on-metal hip implants. Can J Surg. 2018 Oct 1;61(6):15717. (doi: 10.1503/cjs.015717)

Das N, Schmidt T, Krawetz R, Dufour A: Proteoglycan 4: From mere lubricant to regulator of tissue homeostasis and inflammation. BioEssays. 2018 Nov. 28. (doi.org/10.1002/bies.201800166)

Samuel TL, White NJ: Antecedent anticoagulation in hip fractures perioperative management of patients on anticoagulants pre-injury. COA Bulletin 122 Winter 2018, pg 32-33

Bourget-Murray J, Ferri-de-Barros F: Reinventing the wheel in scoliosis surgery: Effective strategies for safely improving efficiency. Can J Surg. 2019;62(1):7-8