Amanda Denis

Research Assistant & Graduate Student

Amanda, a graduate from the University of Calgary with a Bachelor of Community Rehabilitation, embedded certificate in Mental Wellbeing and Resiliency with Distinction, joined the Radical Mental Health Doula Project in the spring of 2022. Unexpectedly, Amanda found herself on the path to becoming a qualitative researcher as a way to balance her full time studies, family responsibilities and the Covid-19 restrictions and never looked back. Amanda was accepted into the Cumming School of Medicine's graduate studies program with a specialization in Community Rehabilitation and will begin her studies in the Fall of 2023. Amanda is committed to working in partnership with people with lived experience and community based organizations to understand the barriers and the true essence of the mental health system.