

RMHD NEWSLETTER

IT HAS BEEN A WHILE SINCE YOU LAST HEARD FROM US, BUT REST ASSURED THAT WE HAVE BEEN MOVING THE RADICAL MENTAL HEALTH DOULA RESEARCH PROJECT FORWARD IN FULL STEAM.


**RADICAL
MENTAL
HEALTH
DOULAS**
SUPPORT. COMFORT.
EDUCATE. ADVOCATE.



THE FIRST COHORT OF RMHD'S ARE TRAINED!

At the end of April/early May, we trained the very first cohort of Radical Mental Health Doula! Over five days, we collaborated, engaged in heartfelt and open discussions, shared resources, and had some incredible guest speakers as part of the doula training. The three key focus areas in the Radical Mental Health Doula Training Program were: Scope of Practice, Skills & Knowledge, and Boundaries & Advocacy.

Over the next 6 months, this amazing group of doulas are working with 2 clients each as part of our pilot program. We look forward to sharing with you our learnings from the training and pilot program through a lunch and learn that we will be organizing for the fall.

RMHD CONFERENCE PRESENTATIONS

Our team presented at many conferences and symposiums, including:

- o The Pacific Rim conference in Honolulu
- o The Gairdner Symposium on Advancing health and health care through citizen engagement” where we won 1st prize for Poster Presentation
- o The CRDS Student Association First Annual Disability and Research Conference
- o The University of Calgary Bachelor of Health Sciences Symposium
- o O’Brien Institute for Public Health Interdisciplinary Student Research Showcase

OTHER RMHD PROJECT HIGHLIGHTS

- o Our paper on Feminist Participatory Action Research is currently under review by Critical Studies: An Interdisciplinary and International Journal
- o Our submission for Mitacs Accelerate project grant was accepted and starting in the Fall, we will work closely together with the Thumbs Up Foundation (TUF) to leverage shared knowledge in community-based and peer-led mental health supports
- o Dr. Fang completed Innovate Calgary’s e2i (evolve to innovate) program on the team’s behalf to help scale up the social impacts of our research
- o We continue our partnership with Zamplo and use this connected health platform as part of the pilot project to explore how person-centered data can be used to support people on their mental health journey

As the Research team, we want to thank you for your continued support in the project. If you have any questions, comments, or inquiries please email us at rmhd@ucalgary.ca

Best wishes,

The RMHD research team