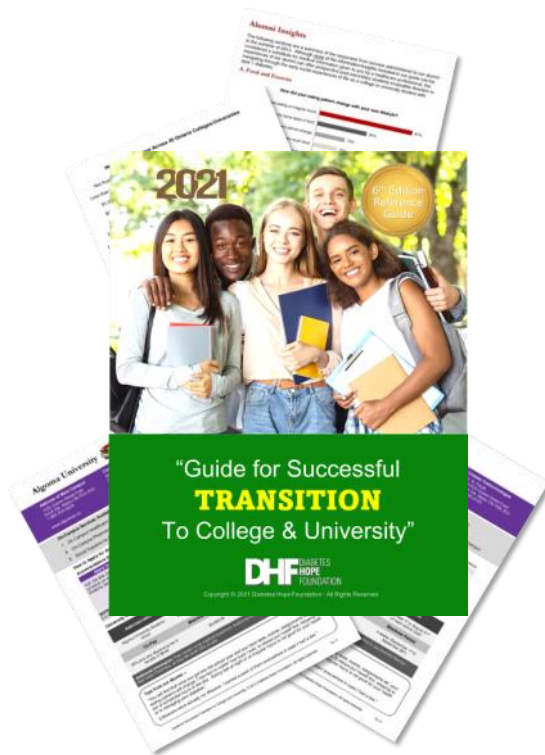


"Canadian Guide for Successful Transition to College and University"



Offering college and university students vital information regarding their rights and accessibility options at post-secondary institutions across Canada, the guide will help students with diabetes identify the schools with the best healthcare programs and insurance coverage as they become more aware of their rights as a person with insulin dependent diabetes.

Now in it's 6th Edition, the guide is a valuable resource for students in their final year of high school when they begin their post-secondary planning and prepare for their transition to a more self directed adult diabetes care regimen.



"Transition in the Kitchen"



This supplementary recipe guide to accompany our "Guide for Successful Transition to College and Universities" provides youth in transition with easy, healthy recipes and tips for managing their diet and diabetes while living on campus.

Restrictive dietary needs associated diabetes, celiac disease, lactose tolerance, gluten free and vegan requirements etc., are featured as well as favorite shopping lists for college/university students, and healthy recipes for study snacks, breakfast, lunch, dinner and dessert. The guide also includes tips from our Alumni and has been professionally developed and edited and is a supplement to our updated transition guide.

