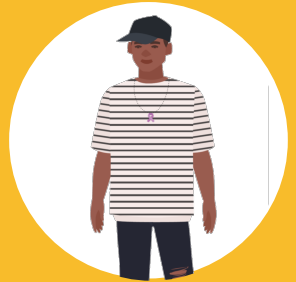


**ARE YOU
READY?**

Teens Talk Transition

Don't wait until you're 18! Start preparing early.



Free

3 week online workshop to help **youth** (ages 14-19) learn to manage their health condition in a supportive, fun environment with their peers.

**FOR MORE
INFORMATION OR TO
REGISTER:**

Contact Deb Thul
403-955-7252

PARENTS

There is also a program for
parents/caregivers

WHEN: 3 consecutive Saturdays starting October 17, 2020

TIME: 11:00 – Noon

WHERE: **zoom**

TRANSITION WORKSHOP FOR PARENTS – Same day from 9:30-10:30