



Can taking a prebiotic fibre supplement result in:

- Longer honeymoon?
- Better “time in range”?
 - A healthier gut?
- Reduced inflammation?

You can be part of this study if:

- You have been diagnosed with type 1 diabetes
- 7 to 45 years of age

This study involves:

- Questionnaires
- Taking a fibre supplement for 6 months
- Blood, urine and stool samples at baseline, 3 months, and 6 months

If you are interested in joining this study or would like more information, please contact:

Research Coordinator at **403-955-7758** or
shannon.pyke@albertahealthservices.ca



Or visit our website!



This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (Ethics ID # REB21-0852)