

## ATTIRE – MEDICAL STUDENTS

### Purpose of this Document:

Outline to medical student appropriate dress attire.

1. Students are expected to adhere to relevant policies regarding dress code and use of personal protective equipment in any clinical or laboratory settings that have protocols due to potential physical and/or infectious risks. Examples include the anatomy lab, operating room, etc.
2. Students must wear their name badges at all times in clinical settings. The white coat is usually expected.
3. It is expected that the dress and grooming of student physicians will be in accordance with the expectations of their patients and the clinical setting. Students are asked to remember that the expectations of patients may be quite different from the current dictates of “fashion”.

### In general:

- a. Long hair and loose clothing should be controlled to prevent contact with the patient, equipment or supplies.
- b. Alberta Health Services hand hygiene policy prohibits artificial nails, nail enhancement and chipped nail polish in patient care settings. Rings should be limited to plain bands.
- c. Recommended attire in the clinical setting generally includes: collared shirts, slacks, skirts, blouses, sweaters and dresses (“business casual”). Style should be “conservative”, avoiding extremes of necklines and hemlines.
- d. Inappropriate attire in the clinical setting generally includes: jeans, exercise clothing, shorts, sweat pants, leggings, halter or tank tops, and t-shirts. Undergarments should not be visible.
- e. Closed shoes may be required in certain settings when there is risk of exposure to body fluids or sharps.
- f. Dangling jewelry is not recommended. Facial piercings should typically be removed.
- g. Tattoos with potentially offensive graphics or wording may be covered with clothing or bandage.

A student will be excluded from educational or clinical activities if the student does not meet dress and/or personal protective equipment guidelines required for student or patient safety.

Individual preceptors may also refuse students the opportunity to see patients if the student’s attire or grooming is inappropriate. Students may consult with preceptors to determine in advance each preceptor’s expectations regarding personal presentation.

*Approved:* UME Management  
August 15, 2014

Reviewed (No Changes): June 2015