# Clinical Presentation (Preclerkship; Year 1 & 2)

## **Definition of a Clinical Presentation**

### A clinical presentation must:

- Represent a common or important way in which a patient, group of patients, community or population actually presents to the physician and which a graduate would be expected to handle.
- Be important and substantive enough to warrant interdisciplinary input and cover a broad content area so that Faculty objectives can be met. Less substantive clinical presentations are probably best included under a broader category. For example, "epistaxis" is probably best included under bleeding tendency/bruising.

# Course I: (Gastroenterology & Blood)

Anemia/Pallor/Fatigue Bleeding Tendency/Bruising Elevated Hematocrit/Polycythemia Painful Limb Painful Swollen Limb Venous Thrombosis and Hypercoagulable State Abnormalities of White Blood Cells Lymphadenopathy: Generalized Splenomegaly Fever in the Immunocompromised Host Fever and Chills Weight Loss Difficulty Swallowing/Dysphagia Abdominal Pain Acute Abdominal Pain Chronic Abdominal Pain Hematemesis Blood in Stool Abdominal Distension/Mass/Visceromegaly/Ascites Jaundice/Abnormal Liver Enzymes Change in Bowel Habit

## Course II: (Musculoskeletal/Skin/Rheumatology)

Painful Limb Painful Swollen Limb Venous Thrombosis and Hypercoagulable State Intermittent Claudication Hair and Nail Complaints Skin Tumours, Benign and Malignant Skin Blisters Skin Rash (Dermatitis) Joint Pain, Mono-Articular (Acute, Chronic) Joint Pain, Polyarticular (Acute, Chronic) Joint Pain, Polyarticular (Acute, Chronic) Regional Pain, Non-Articular (Hand, Wrist, Elbow, Shoulder, Spine, Hips, Knee, Foot Skin Lesions and Systemic Disease Skin/Immunologic Diseases Primary and Secondary Lesions (Structure & Function of Skin) Fractures and Dislocations

### Course III: (Cardiovascular/Respiratory)

Chest Discomfort Loss of Consciousness/Syncope/Presyncope Palpitation (Abnormal ECG) Shock (Hypotension) Murmur Systolic Murmur **Diastolic Murmur** Painful Limb Painful Swollen Limb Venous Thrombosis and Hypercoagulable State Intermittent Claudication Cough and Dyspnea Cough and/or Dyspnea with Normal Chest X-Ray Cough and/or Dyspnea with Diffuse Chest X-Ray Abnormality Cough and/or Dyspnea with Pleural Abnormality Cough and/or Dyspnea with Local Chest X-Ray Abnormalities Cough, Dyspnea and Fever Hypoxia, Hypoxemia, Cyanosis Abnormal Serum Hydrogen Ion Concentration Metabolic Acidosis Metabolic Alkalosis **Respiratory Acidosis Respiratory Alkalosis** Hemoptysis Laboured/ Noisy Breathing in a Young Child

#### Course IV: (Renal & Endocrine)

Renal Failure, Acute Urinary Retention/Obstruction Generalized Edema Abnormal Serum Sodium Concentration Hyponatremia Hypernatremia Polyuria Hypertension Pregnancy Associated Hypertension Malignant Hypertension Hypertension in the Elderly Hypertension in the Pediatric Age Group Abnormal Serum Potassium Concentration Hypokalemia Hyperkalemia Abnormal Serum Hydrogen Ion Concentration Metabolic Acidosis Metabolic Alkalosis **Respiratory Acidosis Respiratory Alkalosis** Dysuria Hematuria Hematuria, Extrarenal Hematuria, Intrarenal, Extraglomerular Hematuria, Glomerular Proteinuria Renal Failure, Chronic Scrotal Mass (Testicular Pain) Adrenal Mass Tall Stature, Short Stature Neck Mass Hyperthyroidism Hypothyroidism Abnormalities of Blood Cholesterol/Lipids **Abnormal Sexual Maturation Breast Abnormalities** Gynaecomastia **Breast Discharge** Hirsutism and Virilization Hyperglycemia, Diabetes Abnormal Serum Calcium Concentration Hypercalcemia Hypocalcemia Menstrual Cycle Abnormalities Normal Cycle Hyperkalemia (Fatigue, Hyperpigmentation) Weight Gain/Obesity

### Course V: (Neurosciences & Aging)

Muscle Weakness (paralysis, paresis) Numbness and Tingling Head and Spinal Injuries Speech and Language Disturbances Hemiplegia/Hemisensory Loss ± Aphasia **Involuntary Movements** Gait Disturbance (Ataxia) **Dizziness and Vertigo** Childhood Strabismus and Amblyopia Diplopia Diplopia **Pupil Abnormalities** Speech and Language Disturbances Dysphonia (Hoarseness) Coma (Impaired Consciousness) Seizures Seizures in Adult Acute Confusion (Delirium) Dementia, Memory Disturbances (Other Cognitive Changes) Pain Headache The Aging and the Elderly The Well Patient The Well Patient (The Elderly Patient) Dementia, Memory Disturbances Failure to Thrive Failure to Thrive (The Elderly Patient) Elder Abuse Falls **Urinary Incontinence** Dying Patient Ear Pain Hearing Loss, and Tinnitus Vision Loss **Chronic Visual Loss** Acute Vision Loss Eye Redness Red Eye Eye Injuries

# Course VI: (Childrens & Women's Health)

Pregnancy Associated Hypertension Menstrual Cvcle Abnormalities Normal Cycle Excessive/Irregular Blood Loss from Genital Tract Pregnancy Pregnancy, Antepartum Care (1<sup>st</sup> and 3<sup>rd</sup> Trimester Bleeding) Pregnancy, Intrapartum Care (Normal and Abnormal) Pregnancy, Postpartum Care Pregnancy, Obstetrical Emergencies Pregnancy, Unwanted (Contraception) Prolapse/Pelvic Relaxation Pelvic Pain Infertility Female Infertility Male Infertility **Pelvic Mass** Vaginal Discharge/Vulvar Itch/STDs/Sexually Transmitted Diseases **Breast Mass/Pain** Menopause/Amenorrhea/Oligomenorrhea The Infant, Child and Adolescent The Well Patient The Well Patient (Newborn Assessment, Normal, Includes Nutrition, Immunization and Milestones) Depressed Newborn (Intrauterine Growth Restriction, Pre-Maturity, Low Birth Weight) Cvanotic Newborn **Neonatal Jaundice** Infant with Multiple Malformations Sudden Infant Death Syndrome III-Appearing Neonate/Crying-Fussing Infant Problem Child Abnormal Behaviour and Development (Infant) Abnormal Development **Abnormal Behaviour** Abnormal Behaviour (Adolescent) Acutely III Infant or Child Poisoning Failure to Thrive Failure to Thrive (Infant) Seizures (Pediatric) Hypertension (Pediatric Age Group) Weight Loss (Eating Disorders) Childhood Communicable Diseases Child with Orthopedic Problems Mouth Problems (Pediatric)

Vomiting/Nausea (Pediatric)

Increased Risk of a Genetic Disorder

# Course VII: (Psychiatry)

The Sexually Concerned Patient Substance Abuse and Drug Addiction Substance Abuse (Performance Drugs) Substance Abuse/Drug Addiction (Adolescent) Suicidal Behaviour Suicidal Behaviour (Adult) Suicidal Behaviour (Adolescent) Panic and Anxiety (Anxiety Disorders) Psychotic Patient Mood Disorders Personality Disorders Insomnia, Sleep and Circadian Rhythm Disorders Weight Loss (Eating Disorders) The Family Family Violence Community Issues Interpersonal Stress and Conflict/Adjustment to Life Changes

# Integrative Course

Poisoning Multisystem Trauma/Burns Work-Related Medical Assessments

### Population Health

The Well Patient