

Empty?:	The window has numbers that count down the dose – "0" means it is empty. Throw it away.

Place mouthpiece between your teeth and close your lips.

Check the expiry date on the back of the device. Expired?:

Reminders: Keep the device dry.

Note:

Do not breathe into the device.

Take once daily - same time every day.

Do not block air vents with your fingers.

Cleaning: Wipe mouthpiece with a dry tissue or cloth.

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please consult your doctor or appropriate healthcare professional.

Illustrations developed by the Community Pediatric Asthma Service, www.ucalgary.ca/icancontrolasthma

For more information on inhaled medications and device demos, visit our website at: www.ucalgary.ca/asthma



Supporting current **Respiratory Guidelines**



