

DRY POWDER INHALER

TURBUHALER



1 REMOVE COVER



2 TURN ONE WAY



3 TURN BACK



4 BREATHE OUT



5 DEEP BREATH IN & HOLD



6 RINSE & SPIT



7 REPLACE COVER

IMPORTANT INFORMATION

Note: Place mouthpiece between your teeth and close your lips.

Empty?: The window on the device starts to show red when there are 20 doses left. When red reaches bottom, it is empty. Throw it away.
The window on some devices also shows a "0" when it is empty. Throw it away.

Expired?: Remove the cap to check the expiry date on the device.

Reminders: Keep the Turbuhaler dry.
Do not breathe into the device.
Replace the cap after use.

Cleaning: Wipe mouthpiece with a dry tissue or cloth.

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please consult your doctor or appropriate healthcare professional.

Illustrations developed by the Community Pediatric Asthma Service, www.ucalgary.ca/icancontrolasthma

For more information on inhaled medications and device demos, visit our website at:
www.ucalgary.ca/asthma

