



COPD Medications

	I Take :	My Dose	What it Does	Side Effects ⁺	Comments
Reliever as needed	Airomir® Bricanyl® Salbutamol Ventolin®		<ul style="list-style-type: none"> Relaxes muscles in the airways Works within minutes when needed Used before activity to prevent attacks 	<ul style="list-style-type: none"> tremor(hands shake) fast heart rate nervousness headache weakness/dizziness sweating 	Keep with you at all times for use <ul style="list-style-type: none"> During lung attacks/flare-ups Episodes of shortness of breath Episodes of difficulty breathing Use spacer with all MDIs*
Long acting Bronchodilator	Tudorza® Seebri® Spiriva® Incruse®		<ul style="list-style-type: none"> Relaxes muscles in the airways 	<ul style="list-style-type: none"> dry mouth/throat constipation trouble urinating headache 	<ul style="list-style-type: none"> Avoid getting the powder in your eyes Avoid getting Respimat mist in your eyes If trouble urinating, stop medication and see your Doctor
	Serevent® Onbrez® Oxeze®		<ul style="list-style-type: none"> Relaxes muscles in the airways 	<ul style="list-style-type: none"> headache tremor(hands shake) fast heart rate muscle cramps 	<ul style="list-style-type: none"> Varied onset
	Anoro® Duaklir® Inspiroto® Ultibro®		<ul style="list-style-type: none"> Relaxes muscles in the airways 	<ul style="list-style-type: none"> dry mouth/throat trouble urinating headache tremor (hands shake) fast heart rate muscle cramps 	<ul style="list-style-type: none"> 2 medications in one device Once daily usage Avoid getting the powder/Mist in your eyes

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Combination preventer	Advair® Breo® Symbicort®		<ul style="list-style-type: none"> Regular use decreases inflammation (swelling) of the airways Relaxes muscles in the airways Meant only for people who experience frequent flare-ups 	<ul style="list-style-type: none"> hoarse voice sore throat oral thrush headache tremor (hands shake) fast heart rate muscle cramps dry mouth/throat trouble urinating 	<ul style="list-style-type: none"> Rinse, gargle, and spit after each use Take regularly to control inflammation and relax muscles in airway Carries a slight increased risk of pneumonia Use spacer with all MDIs*
preventer + bronchodilator	Trelegy®		<ul style="list-style-type: none"> Regular use decreases inflammation (swelling) of the airways Relaxes muscles in the airways Long acting once/day medication (24hrs) 	<ul style="list-style-type: none"> hoarse voice sore throat oral thrush headache tremor (hands shake) fast heart rate muscle cramps 	<ul style="list-style-type: none"> Rinse, gargle, and spit after each use Avoid getting medication into eyes Take regularly to control inflammation and relax muscles in airway Carries a slight increased risk of pneumonia If trouble urinating, stop use and see your Doctor
Short-acting bronchodilator	Atrovent® Combivent®		<ul style="list-style-type: none"> Relaxes muscles in the airways Starts working within 30 minutes Lasts 6 hours 	<ul style="list-style-type: none"> dry mouth, bad taste tremor (hands shake) headache blurred vision stuffy nose trouble urinating 	<ul style="list-style-type: none"> Rinse mouth with water if bothered by dryness or bad taste in mouth Avoid getting medication into eyes If trouble urinating, stop use and see your Doctor Use spacer with all MDIs* Combivent contains Atrovent <i>and</i> Ventolin
Potent Anti-inflammatory	Prednisone		<ul style="list-style-type: none"> Rapidly decreases inflammation of the airways Usually taken for 5-10 days 	<ul style="list-style-type: none"> <i>short term use:</i> increased appetite, weight gain, mood change, easy bruising <i>long term use:</i> increase blood pressure, round face, osteoporosis 	<ul style="list-style-type: none"> Used short term for severe worsening of breathing Take once a day with morning meals If taken longer than 2 weeks, dose may be “tapered” (decrease the amount slowly rather than stop suddenly)

*This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment.
If you have specific questions, please consult your doctor or appropriate healthcare professional.*

www.ucalgary.ca/asthma

*MDI + Meter Dosed Inhaler

+Included are most common side effects, may not be complete list.