
Research E-news: Asthma Sleep App Study; Plus, New Focus Groups



Interested in taking part in research studies and clinical trials? Want info on results of recent studies? Learn more from our research partners.



KDH RESEARCH &
COMMUNICATION

Questions?
paths@kdhrc.com

TEENS & PARENTS

IMPROVE YOUR SLEEP AND
HELP ASTHMA RESEARCH

SEEKING PAID RESEARCH PARTICIPANTS
TO TEST A NEW SLEEP APP



Scan the QR code or follow the link below to
learn more:

https://bit.ly/PATHS_Screener



Seeking Participants to Test a New Sleep App for Teens with Asthma
Improve your sleep and support asthma research. [Learn more](#)

Sponsored by KDH Research & Communication

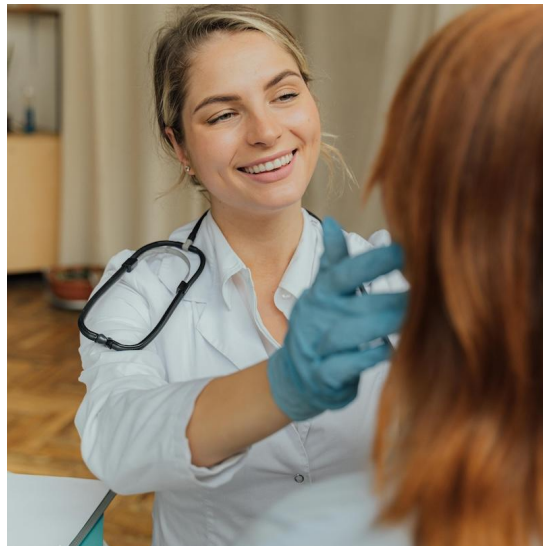
Seeking Caregivers of Teens with Asthma: Interview Opportunity

Are you the caregiver of an adolescent or teen with asthma? We are offering a **paid interview opportunity** (60-90 minutes) for caregivers of adolescents and teens (ages 12-18) with asthma who have had one or more severe asthma attacks (hospital/ER visit, treatment with oral or IV steroids) in the past 1.5 years. To qualify, you must live in the United States. You will be on camera during the interview. For more info, email research@allergyasthmanetwork.org and respond with "Caregiver of Teen with Asthma Interview" in the subject line.



Primary Care Practitioners: Take Part In an Asthma Focus Group

Are you a primary care practitioner who cares for people with asthma in the United States? We are offering an opportunity for you to provide feedback about an asthma guidelines app for use by doctors, nurses and physician assistants. This is a 1-hour **paid focus group**. If you are interested, email research@allergyasthmanetwork.org and respond with "Asthma PCP Focus Group" in the subject line.



Study Findings: Understanding Patient Perspectives in Asthma Care

Allergy & Asthma Network collaborated with Sanofi on a newly published study to better understand patient perspectives in the treatment and management of asthma. The study was co-authored by patients and emphasized why it's important for studies to gather input from people living with the disease, identify key unmet needs, and engage patients when developing new therapies. [Learn more](#)



CHRONIC RHINOSINUSITIS WITH NASAL POLYPS

Seeking People with Chronic Nasal Polyps for a Virtual Patient Advisory Group

Do you live with chronic nasal polyps? We are forming a virtual patient advisory group to address the unmet educational needs of people living with chronic rhinosinusitis with nasal polyps. This is a 6-month study and **participants will be paid** for their time. To qualify, you must live in the United States and meet with the advisory group on Zoom with the video camera turned on. Email research@allergyasthmanetwork.org if you're interested.



PUBLIC HEALTH

Food and Drug Recalls Research

Complete a 10-min questionnaire looking at food and medication recall notifications to be entered to win a \$20 giftcard.

Allergy & Asthma Network **Tufts University** School of Medicine

Must be a U.S. resident and over 18 years of age to participate in this research study.



Volunteers Needed for Food and Drug Recall Notification Survey

Researchers at Tufts University need your help to improve how the public learns about recalled food and medications. The focus of the survey is to gather insights on how people currently receive recall information and how we can design better, faster digital safety alerts to protect public health.

Responses are anonymous, take about 10 minutes, and participants will have a **chance to win a \$20 gift card**. You must be a U.S. resident and 18 years of age or older to participate in this research study. [Take the survey](#)

Research Pipeline

[Clinical remission over 2 years with benralizumab in severe eosinophilic asthma](#)

[Treating chronic hand eczema with upadacitinib: insights from clinical trials and real-world experience](#)

SKIN CONDITIONS

Volunteers Needed for Chronic Spontaneous Urticaria (CSU) Clinical Trial

Help advance CSU (also called chronic hives) research. The focus of this study is to evaluate the effectiveness of a new investigational drug, EVO756, in adults with moderate to severe CSU. The researchers also want to find out how safely the drug interacts with the body.

[Learn More](#)

Sponsored by Evommune

Have you been diagnosed with chronic hives?

If so you may be eligible to participate in a new clinical study



New Webinar Aug. 26: 'Understanding and Managing Contact Dermatitis'

What's the latest on treatments for [contact dermatitis](#)? New medications continue to emerge. Join board-certified allergist and pediatric eczema expert Ama Alexis, MD, for a webinar designed for clinicians in allergy and dermatology care. It includes evidence-based approaches to improve patient communication, adherence and treatment plans. [Register now](#)



Podcast Spotlight: Perspectives on Symptom Burden in Indolent Systemic Mastocytosis

Do people living with indolent systemic [mastocytosis](#) (ISM) and their advanced practice providers (APPs) agree on how bad the symptoms are and how well the disease is controlled? A May 2025 study suggests they don't always concur. In the latest "Journal Club" podcast, co-hosts Dr. Payel Gupta and Kortney focus on how ISM patients and providers can gain a shared understanding – and why it's important. [Listen now!](#)



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