









How can you prepare for wildfire smoke this season?

With the wildfire season already at our door, here are two helpful tools to minimize your risk.

- 1. Wildfire smoke can be an asthma trigger. How do you prepare for smoke coming to your area? (CBC News)
- Fire Season Tips to decrease your risk, (<u>Asthma</u> Canada)
- 3. Wildfires: <u>Health Risks and How to Keep Children</u>
 <u>Safe</u>, (<u>Stanford Medicine Children</u>'s <u>Health</u>)

Community Pediatric Asthma Service

Alberta Health Services,
South Calgary Health Centre
#3356, 31 Sunpark Plaza, SE
Calgary, AB T2X 3T2

Phone: 403-943-9139 Fax: 403-776-3806





