

# DRY POWDER INHALER

## DISKUS (6+ YEARS)



1  
CLOSED



2  
PUSH OPEN



3  
SLIDE & CLICK



4  
BREATHE OUT



5  
DEEP BREATH IN & HOLD



6  
RINSE & SPIT



7  
PUSH TO CLOSE

## IMPORTANT INFORMATION

**Note:** Place mouthpiece between your teeth and close your lips (like sucking a straw).

**Empty?:** The window has numbers that count down the dose – “0” means it is empty.

**Expired?:** Check the expiry date on the back of the device.

**Reminders:** Keep the Diskus dry.

Do not breathe into the device.

Close after use.

**Cleaning:** Wipe mouthpiece with a dry tissue or cloth.

Ask your pharmacy how to safely throw away medicines and asthma devices

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please consult your doctor or appropriate healthcare professional.

Developed by the Community Pediatric Asthma Service, Calgary and area.

**For more information on asthma medications and device demos, visit our website at:**  
**[www.ucalgary.ca/icancontrolasthma](http://www.ucalgary.ca/icancontrolasthma)**

