

# DRY POWDER INHALER

## DISKUS (6+ YEARS)



CLOSED



PUSH OPEN



SLIDE & CLICK



BREATHE OUT



DEEP BREATH IN & HOLD



RINSE & SPIT



PUSH TO CLOSE

## IMPORTANT INFORMATION

**Note:** Place mouthpiece between your teeth and close your lips (like sucking a straw).

**Empty?:** The window has numbers that count down the dose – “0” means it is empty. Throw it away.

**Expired?:** Check the expiry date on the back of the device.

**Reminders:** Keep the Diskus dry.  
Do not breathe into the device.  
Close after use.

**Cleaning:** Wipe mouthpiece with a dry tissue or cloth.

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please consult your doctor or appropriate healthcare professional.

Developed by the Community Pediatric Asthma Service, Calgary and area.

**For more information on asthma medications and device demos, visit our website at:**  
**[www.ucalgary.ca/icancontrolasthma](http://www.ucalgary.ca/icancontrolasthma)**

