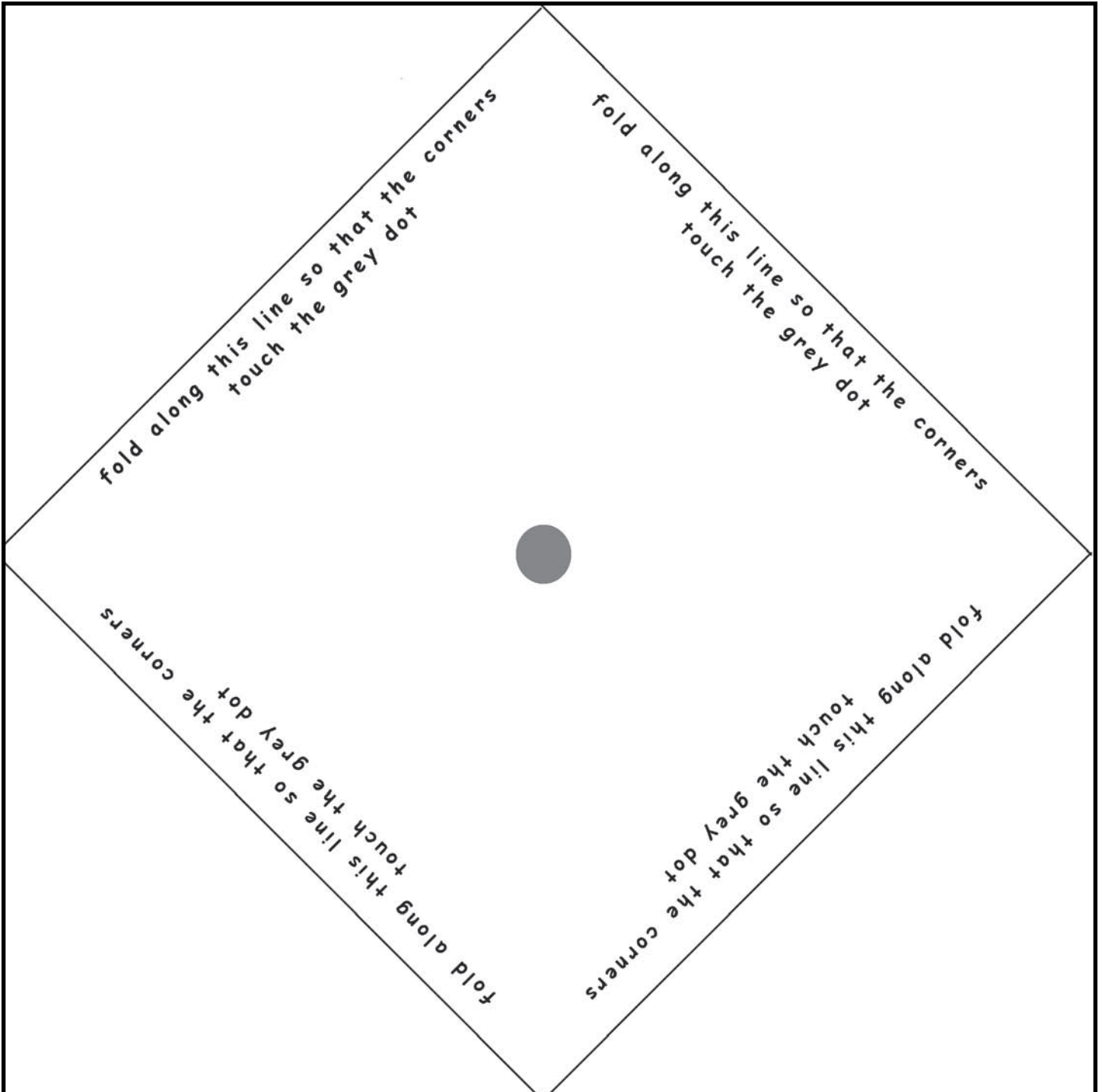


ROARING ADVENTURES OF PUFF FUN BOOK

SIDE ONE

Here is a fun game for you to play. All you need to do is carefully cut out the big square and follow the instructions. Your instructor will help you with this.



ROARING ADVENTURES OF PUFF FUN BOOK

SIDE TWO

If you have already cut out the square and folded the other side of the page, you are ready to start folding here. Your instructor will help you. This is going to be so much fun! I bet you can hardly wait. Have fun.

RED

1 I rinse my mouth out after using my preventer puffer

TRUE

YELLOW

2 I prepare for exercise by warming up slowly

TRUE

GREEN

1 Most children with asthma can't have fun

FALSE

ORANGE

3 I inhale my peak flow meter.

FALSE

FALSE

3 I use my "reliever" puffer when I have signs of asthma.

TRUE

4 If I am aware of my triggers, I do not have to avoid them.

FALSE

4 I use my "preventer" puffer to keep my airways open and healthy

TRUE

fold along this line so that the corners touch the black dot

fold along this line so that the corners touch the black dot

fold along this line so that the corners touch the black dot

fold along this line so that the corners touch the black dot