

PROFESSIONALISM AND MEDICAL ETHICS

Self-paced online modules, face to face small group workshop
and post-workshop mentoring

› Workshop – Monday, February 3, 2020

Health Sciences Centre, 3330 Hospital Drive NW, Calgary, AB

REGISTER ONLINE
cumming.ucalgary.ca/cme

PAPERLESS CONFERENCE
Access to handouts will be available
prior to conference

Check the website for any program updates
cumming.ucalgary.ca/cme/courses

ACCOMMODATION

Registrants must make their own
accommodation arrangements. Hotel(s)
close to the University/course venue
include:

Hotel Alma
169 University Gate NW
Calgary, AB T2N 1N4
Phone 403.220.2588
Toll Free 1.877.498.3203
Email stay@hotelalma.ca
hotelalma.ca

To obtain a University rate at Hotel
Alma, please indicate the promotion
code UOFC.

COURSE OVERVIEW

Physicians are committed to the health and well-being of individual patients, themselves and society through ethical practice, high personal standards of behaviour, accountability to the profession and society, physician-led regulation, and maintenance of personal health and professional wellness. This course is designed to help you recognize and safely navigate everyday ethical and professional challenges, identify and prevent conflicts and potential adverse events.

COURSE OBJECTIVES

At the end of this course, learners will be equipped to:

- demonstrate values and expectations of professionalism for medical practice in Alberta
- identify high risk situations for potential issues with professionalism
- recognize the early warning signs indicating ethical dilemmas and boundary challenges
- engage in reflective practice to maintain ethical and professional practice
- access available resources for support of professionalism and wellness

WHO SHOULD ATTEND

Physicians who have the need or desire to improve their understanding of and complying with professionalism expectations

CREDITS

ONLINE MODULES

Mainpro+ Self-Learning – 1.5 credits | MOC Section 3 Self-Assessment – 1.5 hours

WORKSHOP

Mainpro+ Group Learning – 6.0 credits | MOC Section 1 – 6.0 hours

POST-WORKSHOP MENTORING

Mainpro+ Assessment – 6.0 credits | MOC Section 3 Self-Assessment – 6.0 hours

COURSE FORMAT

This course includes self-learning online modules as well as face to face workshop followed by post-workshop mentoring.

The online modules are available for you to self-register and complete at any time. Please carefully read the how-to instruction.

The one-day workshop will be offered at various times a year at University of Calgary Foothills Campus. Upcoming workshop dates will be released in the course webpage.

You may choose to register for the online modules only.

Completion of the online modules is required prior to attending the workshop.

COURSE PROGRAM – PRELIMINARY

ONLINE MODULES

- CPSA Perspective
- Professionalism Overview
- Physician Wellness and Professionalism
- Communications and Professionalism

WORKSHOP

0730-0800	Light Breakfast and Check-in
0800-0815	Opening Remarks
0815-1015	Greg's Story
1015-1030	Nutrition Break
1030-1230	CONCURRENT SESSIONS Physician Wellness / Communication Skills
1230-1330	Lunch
1330-1530	CONCURRENT SESSIONS Communication Skills / Physician Wellness
1530	Closing Remarks (including introducing the post-workshop mentoring)

POST-WORKSHOP MENTORING

Each workshop participant will be paired with a mentor for a six-month period. The mentor and mentee are required to have one-hour online, video meeting per month. During the meetings, the mentor and mentee will start with identifying the goals of the mentoring, selecting and reflecting on relevant readings, discussing challenging cases and strategies within practice context.

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

LEARNING OBJECTIVES

ONLINE MODULES

CPSA Perspective

- define professionalism in medicine
- recognize the role of CPSA in professionalism
- identify some tools and resources to manage professionalism issues and challenges a practicing physician may face
- consider why professionalism should matter to a practicing physician

Professionalism Overview

- recognize that professionalism is a key competency for a practicing physician
- cite resources for standards of practices in Alberta and Canada and become familiar with those standards

Physician Wellness and Professionalism

- discuss how physicians are at risk of being unwell because of their work
- recognize that work-related syndromes such as burnout have personal and professional consequences for physicians
- understand that physician wellness is fundamental to professionalism

Communications and Professionalism

- identify some of the research tying clinician communication to patient health outcomes
- recognize communication skills from three evidence-based medical communication skills guides
- make use of deliberate practice and SMART goals to practice and improve communication skills in clinical settings

WORKSHOP

Participants will be equipped to:

- utilize concepts of professionalism within the clinical context
- engage in effective teamwork with patients and their families, as well as healthcare team members
- improve communication skills in clinical settings
- make changes to address personal wellness

SESSION OBJECTIVES

Greg's Story

- include patients as a respected member of the healthcare team
- practice strategies to improve collaborative practice to ensure continuity of patient care
- reflect on the patient perspective within the healthcare journey

Communication Skills

- develop improved communication skills through simulated patient encounters
- incorporate communication skills into your personal practice to improve patient care

Physician Wellness

- practice exercises to enhance physician wellness
- discuss strategies to make changes at both system and personal levels to enhance physician wellness

POST-WORKSHOP MENTORING

With the mentors' help, the mentees will be able to:

- identify short-term and long-term personal goals in understanding and complying with professionalism expectations
- discover, reflect and identify areas for improvement in their own clinical experiences with challenging cases
- practice skills that can help sustain professionalism competency within clinical practice

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PLANNING COMMITTEE

Sarah Weeks MD FRCPC Course Chair

Clinical Associate Professor, Department of Cardiac Sciences and Medicine, Libin Cardiovascular Institute of Alberta; Director of Specialist and Inter-Professional Education, Continuing Medical Education and Professional Development, Cumming School of Medicine, University of Calgary

Heather Armson MD MCE CCFP FCFP

Professor, Department of Family Medicine; Assistant Dean of Personalized Learning, Office of Continuing Medical Education and Professional Development, Cumming School of Medicine, University of Calgary

Jeremy Beach MBBS CCST

Assistant Registrar, Physician Health Monitoring Program, College of Physicians and Surgeons of Alberta

Annamarie Fuchs MN PMP ICD.D

Healthcare Consultant, Project Management Professional, Corporate Director

Deirdre Jenkins MD FRCPC

Clinical Associate Professor, Department of Medicine, University of Calgary

Jane Lemaire MD FRCPC

Clinical Professor, Department of Medicine; Director of Wellness, Office of Professionalism, Equity and Diversity, Cumming School of Medicine, University of Calgary; Physician Lead, Well Doc Alberta

Ian Mitchell MB ChB FRCPC

Professor Emeritus, Department of Paediatrics, Cumming School of Medicine, University of Calgary

Terri Staniland MD CCFP FCFP

Senior Medical Advisor, Continuing Competence, College of Physicians and Surgeons of Alberta

Chloe Burnett MSc MEd CME Representative

Education Consultant, Continuing Medical Education and Professional Development, Cumming School of Medicine, University of Calgary

FACULTY

Mathieu Blanchard MD CCFP

Clinical Assistant Professor, Department of Medicine, Cumming School of Medicine, University of Calgary

Ward Flemons MD FRCPC

Professor, Cumming School of Medicine, University of Calgary; Quality and Safety Education Lead, W21C; Medical Director, Health System Improvement, Health Quality Council of Alberta

Todd Hill PhD R Psych

Senior Instructor & Director of Behavioural Medicine, Department of Family Medicine, Cumming School of Medicine, University of Calgary

Farah Jivraj MD CCFP

Clinical Lecturer, Assistant UCLIC Clerkship Director, Department of Family Medicine, Cumming School of Medicine, University of Calgary

Cynthia Landy MD CCFP

Clinical Associate Professor, Department of Medicine, Cumming School of Medicine, University of Calgary

Jane Lemaire MD FRCPC

Clinical Professor, Department of Medicine; Director of Wellness, Office of Professionalism, Equity and Diversity, Cumming School of Medicine, University of Calgary; Physician Lead, Well Doc Alberta

Laura Lu MD CCFP

Clinical Lecturer, Department of Medicine, Cumming School of Medicine, University of Calgary

Kathleen Moncrieff MD CCFP

Clinical Lecturer, Department of Family Medicine, Cumming School of Medicine, University of Calgary

Cathlin Mutch MD CCFP

Clinical Lecturer, Department of Medicine, Cumming School of Medicine, University of Calgary

Nureen Sumar MD CCFP

Clinical Lecturer, Department of Medicine, Cumming School of Medicine, University of Calgary

Laura Wood MD CCFP

Clinical Lecturer, Department of Family Medicine, Cumming School of Medicine, University of Calgary

DISCLOSURE OF POTENTIAL FINANCIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure will be done verbally and using a slide prior to the speaker's presentation.

ACCREDITATION

The University of Calgary – Office of Continuing Medical Education and Professional Development is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

STUDY CREDITS

CFPC

MAINPRO+ SELF-LEARNING

(Online Modules)

This one-credit-per-hour Self-Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 1.5 Mainpro+ credits.

MAINPRO+ GROUP LEARNING

(Workshop)

This one-credit-per-hour Group Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 6.0 Mainpro+ credits.

MAINPRO+ ASSESSMENT

(Post-workshop Mentoring)

This one-credit-per-hour Assessment program meets the certification criteria of The College of Family Physicians of Canada and has been certified by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 6.0 Mainpro+ credits.

RCPSC ELIGIBLE CREDITS

Accredited Royal College MOC Section 1 and Section 3 credits are eligible for certified Mainpro+ credits, up to a maximum of 50 credits per five-year cycle; any additional credits are eligible as non-certified Mainpro+ credits. MOC Section 3 accredited activities can be claimed at 3 credits per hour up to the cycle maximum.

CFPC members can claim Royal College MOC Section 3 credits in the assessment category.

RCPSC

MOC SECTION 3 SELF-ASSESSMENT PROGRAM

(Online Modules)

This activity is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by University of Calgary Office of Continuing Medical Education and Professional Development. You may claim a maximum of 1.5 hours (credits are automatically calculated).

MOC SECTION 1

(Workshop)

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by University of Calgary Office of Continuing Medical Education and Professional Development. You may claim a maximum of 6.0 hours (credits are automatically calculated).

MOC SECTION 3 SELF-ASSESSMENT PROGRAM

(Post-workshop Mentoring)

This activity is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by University of Calgary Office of Continuing Medical Education and Professional Development. You may claim a maximum of 6.0 hours (credits are automatically calculated).

ADDITIONAL PROGRAM INFORMATION

WORKSHOP

DRESS

Dress is business casual. Sweaters or items of clothing that can be layered are recommended since temperature in the venue may fluctuate.

MEALS

In general, each course offers a light breakfast, nutrition break(s) and lunch. We are sensitive to dietary requirements (for example, gluten free, peanut allergies) and do our best to offer a variety of options; however we are unable to guarantee that all dietary needs can be accommodated.

SCENT FREE

To ensure the comfort of everyone attending this event, please do not wear scented products.

CONFIRMATION OF REGISTRATION

Confirmation will be sent by email to registrants.

COURSE CANCELLATION POLICY

The Office of Continuing Medical Education and Professional Development reserves the right to cancel the course if there are insufficient registrations.

REFUND POLICY

A registration refund will be made upon written request if made at least two weeks before the start of the program; however \$50 will be retained for administrative costs. No refunds will be available for cancellations made within two weeks of the start of the program and thereafter.

REIMBURSEMENT OF REGISTRATION FEES

Physicians may be eligible for reimbursement of registration fees and expenses to attend CME courses from a fund administered by the Alberta Medical Association. For more information regarding this, please call the AMA at 780.482.2626 or 1.800.272.9680.

REGISTER

Self-register for the free online modules. Create an ECME e-Learning Profile or login to an existing profile at <https://ecme.ucalgary.ca>. Once logged in, go to 'e-Learning Courses' from the main menu. Find 'Professionalism and Medical Ethics (Online Modules)' in the course listing. Upon submitting your registration, you will be redirected to start the course.

Currently only invited registration is available to the workshop followed by post-workshop mentoring. Registration fee is CAD \$5,000.

WORKSHOP REGISTRATION DEADLINE

Registration deadline is 2 p.m. MST / MDT Thursday, January 30, 2020.

FOR FURTHER INFORMATION

Office of Continuing Medical Education and Professional Development, Cumming School of Medicine, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6

ABOUT COURSE CONTENT

Chloe Burnett, Education Consultant
Phone 403.220.8458
Email hcwu@ucalgary.ca

ABOUT GENERAL PROGRAM INFORMATION

Niamh Lyons, Education Coordinator
Phone 403.220.3379
Email niamh.lyons@ucalgary.ca

ABOUT REGISTRATION

Phone 403.220.7032
Email cmereg@ucalgary.ca

SPONSORSHIP

This program has received an educational grant or in-kind support from College of Physicians and Surgeons of Alberta.