Pulmonary Considerations

- **CAUTION:** AGMPs
- Metered Dose Inhalers (no nebs) for asthma / COPD
- Titrate to SpO2 92-96%, specific targets may apply:
  - Pregnancy keep >95%
  - CO2 retainer keep 88-92%

Dexamethasone 6mg po or IV daily, up to 10 days (stop at discharge)

- Monitor for:
  - Delirium
  - Diabetes (BG >10 → Basal Bolus Insulin Therapy (BBIT))
  - Strongyloides risk → if high call ID

High suspicion community acquired pneumonia?

- **Yes**
  - Ceftriaxone 1g IV q24h + Azithromycin 500mg po q24h x 3 days → reassess

Local or widespread influenza activity?

- **Yes**
  - Oseltamivir 75mg po BID x 5 days
  - Swab neg → Stop Tamiflu

Differential Diagnosis of Deterioration

- **COVID**
  - Progression to ARDS
  - Comorbidity exacerbation
  - COPD
  - Asthma exacerbation
  - Congestive heart failure
  - Others
    - Delirium
    - Stroke
    - Hospital acquired infection
    - Acute PE
    - Myocardial ischemia
    - Pleural effusion
    - Aspiration
    - Pneumothorax
    - Volume overload

VTE Prophylaxis & Investigation

- LMWH prophylaxis (tinzaparin) for all patients unless active bleeding or platelets <30

Symptom Management

- **Fever**
  - Confusion
  - Anxiety
  - Headache

- **Palliative care consult for severe or refractory symptoms**

Non-COVID Comorbidities

- **Complete Med Reconciliation**
- **Manage within scope of practice**
- **Involve consult services and other health care providers as needed (phone advice if possible)**

Discharge Planning

- Begins at admission
  - Non-COVID: 
    - Functional status – cognitive / physical / nutrition vs. baseline
    - Home living situation
    - Need for isolation
    - Remove lines / catheters
  - COVID: 
    - Home medications
    - Ride home
    - Follow-up plans

COVID Information for AHS Staff and Health Professionals

- Spectrum App
- 4C Mortality Score
- Movement is Good Medicine

Trials? PAGER: 01815

End of life care

- NPO, IV access
- Consult ICU

Work-up for Deterioration

- CXR (portable)
- CBC
- Creatinine
- Electrolytes
- INR
- Troponin T
- Blood cultures

Also consider:

- ABG
- ECG
- BNP
- Specialty Consult

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Specialty Consult

- All COVID + patients are eligible for clinical trials. Get verbal consent to be contacted and document this in SCM admission note.

Trials?

- PAGER: 01815

Additional Resources from DoM