



Help your patient go from referral to treatment in just days.

Immediate Access to Medical Expertise

The Homewood Clinics offer evidence-based, physician-supported outpatient treatment for individuals struggling with PTSD and trauma related disorders, depression, anxiety, addiction, and co-occurring conditions. From individual assessments and hourly therapy to group-based intensive outpatient treatment and aftercare programs, The Homewood Clinics offer the appropriate care, tailored to the needs of each patient.

Fast Access ➤ **Comprehensive Assessment** ➤ **Customized Treatment Program** ➤ **Supported Aftercare**

We make it easy for you to get your patients in for an immediate assessment with subsequent fast access to outpatient treatment. We're also committed to keeping you engaged in the circle of care with ongoing progress and outcome reporting.

Clients at The Homewood Clinics benefit from a multidisciplinary team of counsellors, psychologists, social workers and occupational therapists as well as psychiatrists and addiction medicine physicians.

We apply the latest evidence-based treatment care for conditions including:

- Post-Traumatic Stress and other trauma related disorders
- Alcohol and drug addiction/abuse
- Mood and anxiety disorders
- Co-occurring disorders



The Homewood Clinics

Vancouver • Calgary • Edmonton • Mississauga

Tailored treatment and recovery plans unique to your patient

With 135-years of experience, Homewood Health is Canada's leader in the delivery of mental health, trauma and addiction services. We offer immediate access to private, evidence-based clinical treatment and aftercare that leads to an effective and sustained recovery.

Specialized Programs

PTSD and Trauma Treatment

The national network of Homewood Clinics offers immediate access to customized outpatient treatment for Post-Traumatic Stress Disorder (PTSD) and other trauma related conditions. Our clinics deliver the only group-based, intensive outpatient programs dedicated to trauma treatment and recovery in Canada. Our full trauma treatment program focuses on stabilization, integration, aftercare and post-traumatic growth.

Family Support

The family programs available at The Homewood Clinics are designed to help your patient's family members understand and support those in treatment for addiction or trauma. Through educational and group therapy sessions, families learn how to care for themselves while supporting those on the road to recovery.

Aftercare

All of our intensive outpatient programs include 52-weeks of aftercare, which provides post-treatment support groups for effective transition and return to community and work.

For all other patients, our Aftercare program is available on a fee-for-service basis.



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Immediate access to medical and psychiatric professionals



Physician Services

Each Homewood Clinic has a psychiatrist or an addiction-medicine physician who is available to consult with you to facilitate continuity of care and to ensure that you, the referring practitioner, have been involved in the treatment, discharge and aftercare plan for your patient.

At The Homewood Clinics, your patients have immediate access to medical and psychiatric professionals who provide diagnostic clarity and support for treatment and return to work planning. Our physicians also evaluate, prescribe and monitor medications including those for ambulatory withdrawal management.

Available medical services included in intensive outpatient programs include:

- Diagnostic assessment
- Medication review
- Medication evaluation and prescribing
- Consultation with attending physician
- Consultation with clinic team on diagnosis and treatment planning
- Patient file review to support treatment planning
- Ambulatory withdrawal management



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Get your patients back to work and back to life



Our Clinics

Individualized treatment

focused on sustainable recovery and return to work

Multidisciplinary team of counsellors, psychologists, social workers and occupational therapists as well as a psychiatrist and addiction medicine physicians

Group programs and individual sessions available depending on treatment need

Physician services including medication review, evaluation and prescribing available

Intensive outpatient group programs run from 4 to 12 weeks

Specialized depression and anxiety care, and trauma-informed care

Evidence-based, best practice models including: cognitive behavioural therapy; dialectical behavioural therapy; motivational interviewing; structured relapse prevention; and more based on specific patient diagnosis

A year of aftercare is included with all full programs with a specific Trauma aftercare stream

Family programs are available to help support patients in their recovery

Structured reporting to referral sources after client approval



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Circle of Care

As the referring practitioner, you will be engaged with our clinicians who will consult with you to facilitate and ensure holistic care for your patient.

The Homewood Clinics manage consent, where appropriate, via secure, collaborative information sharing with a patient's primary care practitioner. We strictly adhere to all provincial personal health information and privacy guidelines.



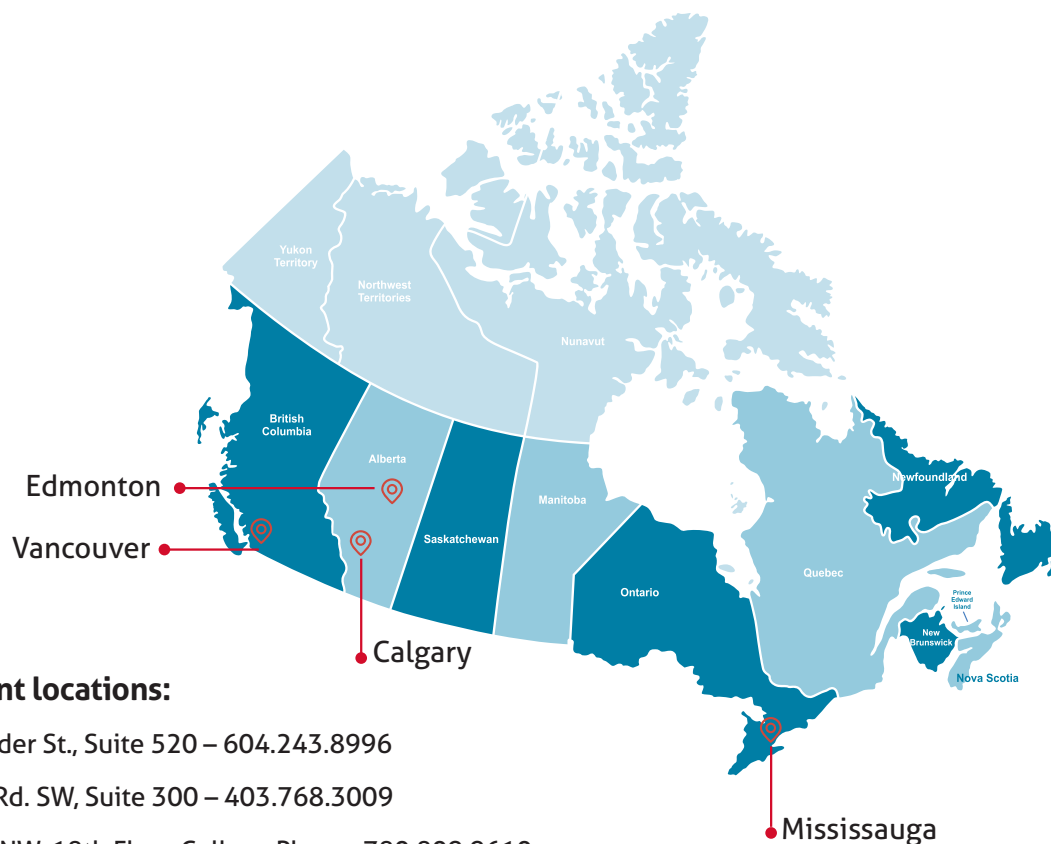
I look forward to coming to the program every day. I don't think I'd be clean and sober right now without it."

– Clinic patient



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Close to home treatment locations:

Vancouver - 1050 West Pender St., Suite 520 – 604.243.8996

Calgary - 10655 Southport Rd. SW, Suite 300 – 403.768.3009

Edmonton - 8215 112th St. NW, 18th Floor College Plaza – 780.809.9610

Mississauga - 77 City Centre Drive, Suite 604 – 289.806.3003

1.866.399.1378

You can refer *or* patients can self-refer

Referral forms can be found at: www.HomewoodHealth.com/refer

Email us at: clinics@homewoodhealth.com

In all parts of the country, wait lists for publicly funded programs are months-long and in some cases, extend beyond a year. All of The Homewood Clinic programs are private, and available to your patients today.

Most patients choose to pay in full before treatment begins and others opt for Homewood's convenient payment plan. Some patients decide to work with Mediacard, a medical services credit card company, to fund their treatment.

If a patient has coverage through an Extended Health Plan, they may be able to claim some of their treatment cost under that plan. Some plans and most Health Spending Accounts allow them to claim these types of expenses. They may also be able to claim these costs when they file their income tax. We suggest they check with their benefits or tax professional to verify their eligibility.