



JFSC

Enriching Lives, Strengthening Communities

JFSC enriches lives and strengthens communities by providing inclusive and accessible programs and services for individuals and families across their life spans, based on the values of compassion, social justice and improving the world.

Through our outreach model we visit clients in their homes, in the community or at our offices.

We are the proud recipient of the 2021 Alberta Minister's Senior Service Award in the Nonprofit Category for 'Outstanding Commitment to Alberta Seniors'

Contact Us

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JFSC is a non-denominational, accredited, non-profit social service agency dedicated to enriching lives and strengthening communities since 1961.



2022

Our Guiding Principles

- We treat each individual with **dignity and respect**.
- We are **inclusive and accessible** to people of all faiths and cultures.
- We value **participation and collaboration** to achieve the best results.
- We are **accountable** to our clients and stakeholders.
- We **empower** individuals and families by promoting self-sufficiency.
- We **respond** to new ideas and emerging needs.



Compassion



Social Justice



Improving the World



JFSC

www.jfsc.org

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Programs and Services

For more detailed information,
www.jfsc.org



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Basic Needs Supports

Our goal is to foster independence and encourage self-sufficiency while preserving dignity. We provide advocacy and assist with basic needs, food security and housing support.

Seniors Mental Health and Addictions Response Team

Depression, anxiety and other mental health issues can present in older adults as a result of the cumulative effects of loss, grief and sorrow. Our Team works with older adults struggling with mental health and/or addictions.



Caregiver Support Program

Caregiver roles are rewarding but can also pose challenges and have significant impacts on family and relationship dynamics. Our programs for caregivers of seniors include education, group support and individual counselling to assist with resource navigation, coping strategies and caregiver self-care.

Memory Care Program

Our Memory Care volunteers come to your home for one-on-one activity support, while providing the opportunity for caregiver respite. Trained through the Alzheimer Society of Calgary's Best Friends Approach™, volunteers build relationships and offer individually catered activities for cognitive, physical, social and emotional support.



Supporting Seniors and Older Adults

Our goal is to enhance the quality of life for seniors, connect clients with programs and services to promote healthy aging, community inclusion and independence. We address the unique needs of seniors with the goal of successful aging in place and we meet clients in their homes, in the community or at our offices.

Services include advocacy, emotional support, support filling out government forms, financial coaching, education, health promotion, memory care, caregiver support, basic needs supports and assistance connecting to community resources.

Mental Health Supports 403-287-3511 (Intake Line)

Our Mental Health Support Line is a accessible resource for people struggling with their mental health. We provide confidential, barrier-free, short-term therapy with a registered psychologist with up to three complimentary sessions and the option of continuing therapy on a sliding fee scale.



Family Enrichment Program

Recognizing that strong families build strong communities, we use an outreach approach aimed at strengthening and promoting healthy family environments. Services include education, positive parenting programs, youth mental health support, financial coaching, resettlement support, job coaching and assisting families in accessing community resources.

Volunteer Program

Our diverse volunteers are individuals who want meaningful experiences within their communities. We have an ongoing need for volunteers of all ages and we provide specialized training.

PCN/Acute Care Pilot Project

JFSC is part of a four-agency collaboration working collaboratively with PCNs and AHS acute care discharge staff. We coordinate a plan with our clients to support their return to independent living in the community.

Private Home Support Services

Private in-home services are available for short and long-term support with physical and/or emotional limitations that impact daily living. Supervised by an LPN and trained in personal caregiving and/or as Personal Health Care Aides, our staff offers services in multiple languages.

