

60 YEARS OF HOPE



*Jack is 72 years old.
Over the past two years
he accessed Emergency
16 times and was admitted
11 times to hospital.*

Living independently in a basement suite, Jack identified no family or close connections. He is diabetic, has mobility issues, has high blood pressure and ongoing dental issues. A community doctor's office referred Jack to us when they witnessed him coming around regularly after being discharged from hospital. He was not a patient of the clinic.

Donna from JFSC went to meet Jack, completed an assessment and began building a service plan with him. She found Jack's doctor, made an appointment and took him. His doctor disclosed that Jack's daughter used to bring him to appointments, however Jack admitted that they had a falling out two years prior, thought she had moved and did not know how to reach her. Jack gave consent, Donna reached out to the daughter and was able to reconnect them.

Donna began the work to get Jack back on his feet. She referred him to supported living and within three months he was in a new apartment. She made a referral to a denture clinic and he soon had a new set of dentures, paid for by a subsidy through a local drug store. Jack accessed the Kerby Centre's Day Program where he reconnected with an old friend and they now meet up weekly to play crib.



*Now that Jack's health is stable,
he describes his last couple of years
as a slippery slope into madness.*



Now that Jack's health is stable, he describes his last couple of years as a slippery slope into madness. He has not been back to the hospital in seven months, his diabetes is stable and he is accessing Meals on Wheels. His feet are still an issue however he is waiting on a specialist referral. Jack accessed a dietician through a community kitchen and a more nutritious diet is reducing foot pain. He is still working on stabilizing his blood pressure through medications from his doctor. He is being monitored regularly by his physician, daughter, friend and Donna.

Jack initially rated his life as a 2 out of 10 and today it is solid 7.8. He and Donna recently visited the doctor's office who referred him to JFSC to let them know how he was doing. He told Donna that 'he just wanted them to know because they helped save his life'.

Please contact us for more information on our programs and services, or go to our website www.jfsc.org

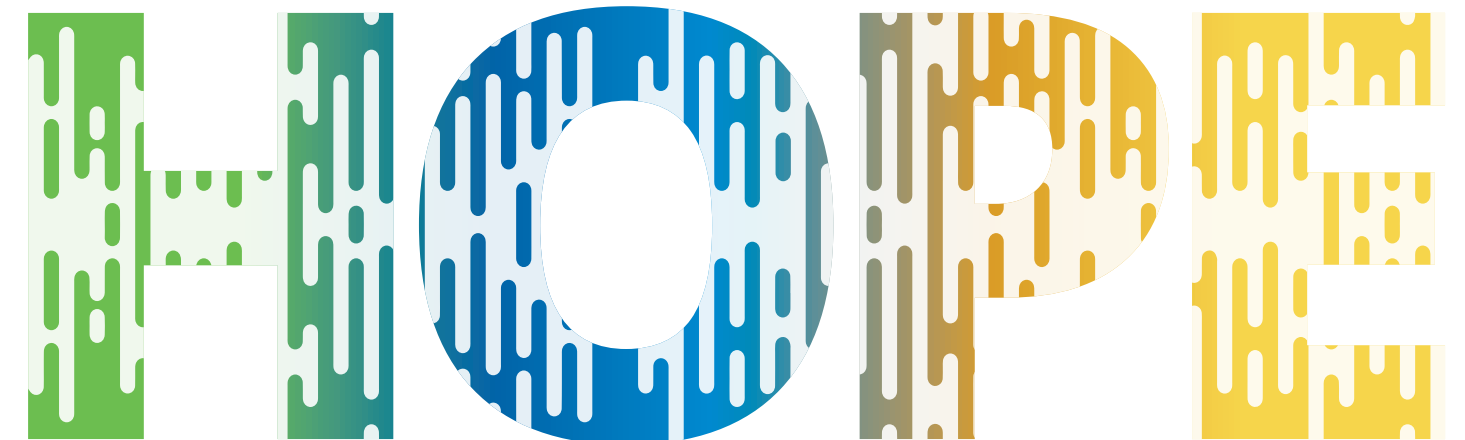


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JFSC is a non-denominational, accredited, non-profit social service agency dedicated to enriching lives and strengthening communities since 1961. We provide inclusive and accessible programs and services for individuals and families across their life spans, based on the values of compassion, social justice and improving the world.



2021/22 IMPACTS



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If the pandemic has taught us anything, it is that life can throw us off balance in the blink of an eye.

Throughout our journey this past year, we worked to keep clients, volunteers and staff safe from not only COVID, but feelings of despair, hopelessness and isolation.

We have experienced challenges and hardships, but we have also witnessed remarkable perseverance, community support, and an impressive commitment that has helped us flourish through this very trying time.



2021 Minister's Senior Service Award in the Nonprofit Organization category

"This Award recognizes Albertans who have exemplified leadership and compassion in serving seniors and their communities."

The Award was presented by Minister Tyler Shandro.



"2021 Helpers" Award, Igniting Neighbours For Kind Communities (Safta's Kitchen Program)

"Calgary Seniors' Resource Society is honoured to award JFSC the "Helpers" award which is the organization that 'provides a helping hand to those most at need' for their Safta's Kitchen project. This award is part of our Igniting Neighbours for Kind Communities Collective Impact Initiative."

Jessica White, Igniting Neighbours Lead



Sold out, the 6th Annual Martin, Staniloff & Thal Charity Golf Classic is the most successful to date



"Knowledgeable and personable moderator, speaker with an interesting, relevant and compelling story. Gives meaning to the support offered by JFSC."

- Webinar participant



JFSC collaborated with Storytelling Alberta to capture Lili Glicman's Passover memories



"Great overall look at anxiety and its origins using relevant up to date research. The concept of attunement was really helpful and I learned a lot."

- Workshop participant



CHW Calgary Centre and Mimi Breitman Toy Drives brought holiday gifts for children in need



JFSC is a proud participating charity in Birdies for Kids presented by AltaLink. Birdies for Kids is a non profit program under the Shaw Charity Classic Foundation. Under this program, JFSC receives 100% of every donation plus a match of up to 50%, stretching your support even further.

In this year's satisfaction survey, clients reported that:

99%
feel they are treated with dignity and respect

98%
feel valued by staff

98%
feel concerns are addressed in a timely manner

96%
feel services meet their needs

97%
would recommend JFSC to friends and family



Life can throw us a 'curveball' at times, but we have managed with the help of friends, family and organizations like yours to get to a better place. It makes me believe that the world is a great place.



Jack M, client

70,010
Hours of Home Support Services

101
Support Workers

4,281
Home Visits

3,653
Volunteer Hours

103
Active Volunteers

1,652
Clients Served

413
Clients Received After Care Support

1,033
Counselling Sessions

1,346
Food Hampers



It was so helpful to hear what other people at different stages of caregiving are dealing with. It helped me feel that I am not alone.



Nancy F., workshop participant