

## Step 1: Have the Conversation

Use the:

- *Covid -19 Conversation Script for Outpatient Care*

## Step 2: Document the Conversation

Use the:

- *ACP/GCD Tracking Record* to capture key conversation elements
- *GCD Order Form* if a GCD is ordered.

## Step 3: Communicate key ACP/GCD information

Use the:

- *Green Sleeve* - it contains the patient's GCD order, ACPGCD Tracking Record, and Personal Directive.

The Green Sleeve is given to the patient with the completed documents inside.

## Step 4: Educate you patient about their Green Sleeve

Use the:

- *Educate Your Patient's when providing them a Green Sleeve* sheet.

It explains what you need to ensure your patient knows about their Green Sleeve.

Text in **Red** indicates that the document is included in our exhibition pdf's.



## **Covid 19:**

# **How Do I Talk About Advance Care Planning and Goals of Care? Help is Available!**

**The Covid 19 pandemic has increased the importance and urgency of having Advance Care Planning and Goals of Care conversations with patients.**

**The Calgary Zone Advance Care Planning Goals of Care Team are able to support Calgary Zone Health Care workers and are offering:**

- Coaching around Advance Care Planning (ACP) conversations in the context of Covid 19.
- Coaching around Goals of Care conversations in the context of Covid 19.
- Personal Directive facilitation
- GCD information
- ACPGCD documentation and the Green Sleeve – where to look for the answers you may need about your patient's wishes/values for medical care.
- Tailored resources and scripted language you can use in your practice.

**Please note: We are unable to provide medical advice specific to patients.**

## **Contact Us:**

Contact an ACPGCD Education Consultant either by phone or e-mail.  
Available during regular business hours.

[CalgaryConversations.Matter@ahs.ca](mailto:CalgaryConversations.Matter@ahs.ca)

Alexandra Kushliak: 587-581-6448

Jennifer Zelmer: 587-284-4009

**We will respond to you as quickly as we can.**



Alberta Health  
Services

[www.conversationsmatter.ca](http://www.conversationsmatter.ca)

Calgary Zone  
Advance Care Planning  
Goals of Care Designations

## Advance Care Planning Goals of Care Education

*Choose the ACP/GCD Education that fits your needs!  
We have new courses and ZOOM sessions.*

**NEW!!**

### Course:

***Keep Your Patients and Yourself Safe:  
Goals of Care & Advance Care Planning***

### Details:

Offered via ZOOM  
3hr course (9am – noon)

### Topics:

This course covers Advance Care Planning and Goals of Care concepts in detail. Includes:

**Advance Care Planning** – for you and your patients.  
**Personal Directives** – what they are/how to write one.  
**GCDs**: interpretation and common challenges.  
**Green Sleeves** – documents and processes

### Who Is This Course For?

Everyone!  
Appropriate for all disciplines.

### How Do I Register?

For all course dates:

**AHS Employees**: register via MLL  
**Non-AHS Employees**: Register via Eventbrite  
(Search “Goals of Care”)

### Course:

***Advance Care Planning & Goals of Care During  
Covid19: Conversation Tools for Your Practice***

### Details:

Offered via ZOOM  
90min course (10:30am – noon)

### Topics:

This course focuses on using a scripted tool to guide conversations with vulnerable patients about their healthcare wishes related to Covid19. Includes a *very brief* overview of Advance Care Planning and Goals of Care concepts.

### Who Is This Course For?

For healthcare providers who are involved in having discussions with patients about Covid19 healthcare decision making.  
(Physicians, Nursing, Allied health professionals)

### How Do I Register?

For all course dates:

**AHS Employees**: register via MLL  
**Non-AHS Employees**: e-mail  
[CalgaryConversations.matter@ahs.ca](mailto:CalgaryConversations.matter@ahs.ca)

Questions?

Email us at [CalgaryConversations.Matter@ahs.ca](mailto:CalgaryConversations.Matter@ahs.ca)