

Practice Readiness Assessment (PRA) Orientation for International Medical Graduate (IMG) Candidates

Course Objectives

Upon completion of the group series, IMG candidates will be equipped to:

- Relate the competencies of CanMEDS roles in the context of caring for patients in Alberta
- Employ strategies in response to common challenges in IMG practice and integration into Canadian healthcare system
- Initiate an action plan for continuing learning in practice

Schedule

Friday May 10, 2024

12:50 – 13:00 Opening Remarks

13:00 – 15:00 Cultural diversity and Sensitivity

15:00 – 15:30 BREAK

15:30 – 17:30 Shared Decision Making with Patients

Saturday May 11, 2024

08:00 - 10:00 Case-Based Overview of Psychiatric Services in Alberta

10:00 – 10:30 BREAK

10:30 - 12:30 Pain Management

12:30 – 12:40 Closing Remarks

Accreditation

Mainpro+ Group Learning

one-credit-per-hour – 8.0 hours

MOC Section 1 – 8.0 hours

Send questions or concerns to Kiyana Madani,
Education Coordinator, Office of CME&PD at
kiyana.madani@ucalgary.ca

Learning Objectives of the Topics

Shared decision making with patients

- Apply Advance Care Planning in the conversation with patients about their own wishes for the health care that they would receive should they not be able to communicate these wishes themselves
- Be comfortable in discussing Goals of Care (GOC) with patients and their families and ensuring these are in place to facilitate decision making should a patient's condition deteriorate

Cultural diversity and sensitivity in clinical practice

- Adopt an open and respectful attitude to cultural diversity and understand the impact this has on patient care
- Develop the skills needed to facilitate effective communication and interactions across multiple cultures as a medical professional

Pain Management

- Assess a patient with a pain presentation
- Educate the patient about how to understand pain processes, behavioural strategies to assist with pain control and how to use medications effectively and safely
- Identify priorities of patient management, taking advantage of team-based approach of care

Case-based Overview of Psychiatric Services in Alberta

- Recognize the impact of mental health across the care continuum
- Explain physicians' roles in shared mental health care, emphasizing the importance of patient-centered care, consideration of collaboration with teams and harm reduction
- Describe the assessment approach with screening tools in assessing a patient with mental and/or behavioural health concerns, within the Canadian patient



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