



# CanREACH

**A SMALL INVESTMENT OF YOUR TIME  
COULD CHANGE A CHILD'S LIFETIME**

A Continued Medical Education (CME)  
Mini-Fellowship training program licensed and  
developed by The REACH institute

## **PATIENT-CENTERED MENTAL HEALTH IN PEDIATRIC PRIMARY CARE (PPP) PROGRAM**

The **PATIENT-CENTERED MENTAL HEALTH IN PEDIATRIC PRIMARY CARE PROGRAM**, adapted for Canadian Primary Care Providers, consists of:

- 1. THREE DAY WORKSHOP** - a dynamic and interactive 3 day (15 hour) course that uses a combination of intensive face-to-face teachings and hands-on practice
- 2. SIX MONTHS BI-WEEKLY CALLS** - ongoing case-based program using distance learning methods

### **PARTICIPANTS LEARN TO**

- Identify and differentiate among paediatric mental health concerns
  - Childhood depression, ADHD, bipolar disorder, anxiety, aggression and psychosis
- Effectively manage psychopharmacology
  - Selecting, initiating and tapering medication, monitoring change, and identifying and minimizing side effects
- Create and implement treatment plans
  - Mobilizing existing resources and natural and professional supports

### **WORKSHOP OUTLINE**

#### **FRIDAY (8:30 am - 4:30 pm)**

Common Grounds and Gaps  
Psychopharmacology Overview  
Assessment including Tools to Use  
Assessment/Treatment Anxiety  
Understanding FDA Boxed Warning

#### **SATURDAY (8:30 am - 4:30 pm)**

Assessment/Treatment Depression  
Bipolar Disorder  
Assessment/Treatment ADHD

#### **SUNDAY (8:30 am - 12:30 pm)**

Assessment/Treatment Aggression  
Psychosis  
Adverse Effects/Monitoring Atypicals  
Billing and Next Steps

### **UPCOMING SESSIONS**

#### **CALGARY**

**October 2019 - April 2020**  
Workshop: October 18 - 20

**April 2020 - October 2020**  
Workshop: April 17 - 19

**October 2020 - April 2021**  
Workshop: October 16 - 18

**April 2021 - October 2021**  
Workshop: April 16 - 18

#### **EDMONTON**

**September 2019 - February 2020**  
Workshop: September 20 - 22

**December 2019 - June 2020**  
Workshop: December 6 - 8

**March 2020 - September 2020**  
Workshop: March 6 - 8

**June 2020 - December 2020**  
Workshop: June 5 - 7

**December 2020 - June 2021**  
Workshop: December 4 - 6

**June 2021 - December 2021**  
Workshop: June 4 - 6

This event is an Accredited Group Learning Activity (Section 1) and an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Calgary Office of Continuing Medical Education and Professional Development. This Group Learning program has been certified by the College of Family Physicians of Canada for up to 83.25 Mainpro+ credits.

### **REGISTRATION FEE**

**\$800**

### **LEARN MORE AT**

[www.hmhc.ca/canreach.html](http://www.hmhc.ca/canreach.html)

For Edmonton sessions,  
please contact:  
Ph: 780-938-4638  
[Canreach.Edmonton@ahs.ca](mailto:Canreach.Edmonton@ahs.ca)

For Calgary sessions,  
please contact:  
Ph: 403-955-1104  
[CanREACH@ahs.ca](mailto:CanREACH@ahs.ca)